



EXIT INFORMATION GUIDE

**Exit Service Listings
From Maine to Florida!**

eBook Edition



Tom Gilligan

MAINE TO FLORIDA
I-95
EXIT
INFORMATION
GUIDE

Exit Services From Maine to Florida

6th Edition

By Tom Gilligan

**Published by
STARSYSTEMS**

MAINE TO FLORIDA
I-95
EXIT
INFORMATION
GUIDE

This book is dedicated to Marissa.

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MAINE TO FLORIDA
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Introduction

Introduction

Anyone who has traveled by car from New England to Florida no doubt has used Interstate Route 95 for the majority of their trip. Those who have know that at times it seems like the journey will never end. With tourbooks, triptiks and maps in hand we would pack up the car and head south to Florida passing the time reading billboards, counting cars and wondering if the next exit would be the best place to stop, fill up the gas tank and grab a bite to eat.

After a few trips we began noting exits with a good mix of motels, restaurants, and gas stops. It didn't take long before we realized the value of knowing what's up ahead and, with every trip we continued to develop our own personal travel guide.

In 1994, with the kind help of Northeast Outdoors magazine we offered our original I-95 Exit Guide to readers and asked their opinions and suggestions. With continued research, trips to verify data, revisions and additions... our guide developed into the most complete publication of its kind available today!

This edition of the Exit Information Guide lists travel information on I-95 from it's beginning in Houlton, Maine to its terminus in Miami, Florida. As far as the basics, listings include food (by restaurant name), lodging (by name), and gasoline (by brand). For the camper, facilities located no farther than 10 miles from an exit are listed (by name and with directions to the facility). Shopping, particularly discount and factory outlet shopping has become a preferred travel break and many new malls and centers are locating adjacent to I-95 exits. Our listings include shopping areas in the immediate vicinity of an exit. Hospitals and other medical facilities are noted as a matter of convenience. Rest Areas and Welcome Centers are listed along with the services available there. Attractions such as theme parks, zoos, sports facilities, and historic sites are included as well.

In order to keep things in perspective and eliminate guesswork when answering the single most asked travel question, "When will we get there?" all exits are referenced by mile marker or distance from a key location, such as a state line. Because the weather is always a critical travel factor we have included NOAA Weather Radio frequencies for those with scanners or weather radios. Tuning in to traffic reports, or just your favorite music is easy because all the major AM and FM radio stations along the way are listed. Both NOAA and entertainment radio are not on some back page but located throughout the guide and immediately available.

The same detailed exit information is also included for several important I-95 alternate routes (Maine's I-295, Virginia's I-295, and Florida's I-295 and I-4). Each route is keyed into the I-95 listings and located in the "Alternate Route" section of the guide.

Each state's laws regarding seat belt use, trailer and fifth-wheel towing and radar detector use are listed conveniently under the large state icons. When we have found particular difficulty in negotiating an exit, missing a turn or getting into a driving predicament, you will find it noted. All in all, I think we have put together lots of helpful information in a format that lends itself quite well to traveling the Interstate. Those who have used our guide really find it handy. As one reader put it "it's like having a friend along how knows where everything is!"

Introduction

As you know exit information is constantly changing and no guide can be totally accurate. We are constantly updating our database with new information and we verify and update our data frequently.

I love giving travel advice. Those of you who also do know how gratifying it can be. So, if in some small way this guide helps to make your trip a little safer, easier and more enjoyable, then it's been well worth the effort. Drive courteously, keep your eyes on the road, your hands on the wheel and have a great vacation! (and say "Hi" to Pedro for me!)

P.S. Be sure to visit our web site: www.i95exitguide.com

How To Use This Guide

How To Use This Guide

How This Guide Is Organized

The information in this book is divided into two main sections - **Individual State Listings** and **Alternate Routes**. The Individual State Listings offer information state by state in the order of travel southbound from Maine to Florida. The Alternate Route section also lists information north to south and in order of these alternate routes along Interstate 95.

Individual State Listings

The beginning of each state section is identified by a large state graphic and a brief description of that state's exit number designation system. In addition, **RoadRules** outline important travel information such as overnight parking, RV travel restrictions, seat belt laws and radar detector use.

The Exit Line

The exit line is shown in **bold print**. Every exit is referenced by it's mile marker (in parenthesis). Some states use exit numbers that correspond to their mile markers, therefore mile marker information in these instances is not necessary. The exit line also lists intersecting routes and destinations accessible from that exit. Signing along I-95 prior to an exit usually shows this information as well. *(Important notes regarding an exit are shown within parenthesis and in italic print)*

Food

This section lists chain and independently owned fast food, diners, restaurants and snack bars located generally within 1/2 mile from an exit. All entries are in alphabetical order. When exits are in remote areas, services shown may be further than 1/2 mile.

Lodging

This section lists chain and independently owned hotels, motels, motor lodges and suite hotels located generally within 1/2 mile from an exit. All entries are in alphabetical order. When exits are in remote areas, services shown may be further than 1/2 mile.

Gas

This section lists chain and independently owned gas stations located generally within 1/2 mile from an exit. All entries are in alphabetical order. When exits are in remote areas, services shown may be further than 1/2 mile. Stations with a superscript^R denote availability of diesel fuel.

Shopping

This section lists shopping centers and malls, factory outlet centers, strip centers and other commercial areas. Grocery and other essential shopping are also included. Listing show these establishments when they are located within 1 mile from an exit. When exits are in remote areas, services shown may be further than 1 mile.

How To Use This Guide

Camping

Both public and privately owned camping areas and RV parks located within 10 miles of an exit are listed here in alphabetical order. In addition, directions to the facility from the exit are also included.

Medical

Hospitals, Medical Centers, and Clinics are listed under Medical. Listings here do not necessarily indicate that the facility is adjacent to the exit, only available from the exit. Hospital exits along I-95 are usually well marked. White-on-Blue "H" signs are also displayed along the route to the facility.

Other

This section lists other travel and tourist related services and attractions. Airports, Theme Parks, Sports Facilities, Museums, Schools, Law Enforcement, AAA Offices are just a few of the categories. Listings here do not necessarily indicate that the facility is adjacent to the exit, only available from the exit.

Notes

Notes regarding how to find additional travel and tourist related information or services are described here.

Rest Areas and Welcome Centers

Rest Areas and Welcome Centers are shown next to Rest Area icons and referenced by mile marker location (in parenthesis). *Information regarding accessibility to travelers is shown in italics.* Facilities such as rest rooms, picnic areas and public telephones, are outlined as well as food and gas at the larger service areas.

NOAA Weather Radio

Travelers with NOAA Weather Radio capability will find city and frequency information located next to NOAA icons throughout the guide.

AM/FM Radio Stations

FM and AM radio stations are conveniently listed throughout the guide in easily identified blocks titled by city. Listed by frequency in ascending order, are FM and AM radio stations. Next to each is the type of music or entertainment format they broadcast.

Every attempt has been made to provide the most current information available. The bulk of the information in this Guide is the result of gathering data while traveling this route. Although information in this guide is periodically updated, we are not responsible for it's degree of accuracy. If you have any comments or suggestions in helping us produce a more helpful Guide, or if you find any inaccuracies, please let us know. We truly appreciate our readers' comments. Drop us a line at: STARSYSTEMS, 447 Old Henniker Road, Hopkinton, New Hampshire 03229

State Listings - Maine



I-95 Maine

Exit numbers for Maine's portion of Interstate 95 are based on the mile marker system. Exit numbers denote the distance, in miles from the beginning at the Maine/New Hampshire border.

Maine RoadRules

Overnight Parking Allowed Only When Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Seat Belts Required 19 and Under

Child Restraints Required Under 5 or 41 lbs.

Radar Detectors Permitted

State Listings – Maine

Interstate 95 Begins Here

Exit 305 - US 2, Houlton

Other: to Houlton Airport

Exit 302 - US 1, Houlton, Presque Isle

Food: Asian Palace, Burger King, Kentucky Fried Chicken, McDonald's, Pizza Hut, Restaurant (at Irving), Subway (at Citgo)

Lodging: Ivey's Motel, Shiretown Motor Inn

Gas: Citgo^D, Exxon^D, Irving^D

Camping: My Brother's Place (2 miles north on US 1)

Shopping: Andy's IGA Foodliner, RiteAid, Sears, Shop & Save Supermarket, VIP Auto, Wal-Mart

Medical: to Hospital

Other: to Maine Welcome Center

Houlton Area Radio Stations							
WTMS	96.1	FM	Light Hits	WHOU	100.1	FM	Variety
WDHP	96.9	FM	Top 40	WOZI	101.7	FM	Country
WCXU	97.7	FM	Adult Pop	WMEM	106.1	FM	Classical

Exit 291 - US 2, Smyrna Hills

Food: Brookside Restaurant

Lodging: Brookside Motel

Exit 286 - to ME 11, Eagle Lake, Ashland

Food: Crossroads Diner

Lodging: Oakfield Inn

Gas: Irving^D, Mobil^D

Exit 276 - ME 159, Island Falls

Food: Bishop's Market, Mini-Mart (at Citgo and Mobil)

Gas: Citgo, Mobil^D

Camping: Birch Point Campgrounds (4miles north on US 2)

Other: to Baxter State Park

Exit 264 - to ME 11, ME 158, Sherman Mills, Patten

Food: Mini-Mart (at Irving) Restaurant (at Mobil)

Lodging: Katahdin Valley Motel

Gas: Irving^D, Mobil^D

Other: to Baxter State Park

Exit 259 - Benedicta (reaccess southbound only)



Rest Area (245) accessible to northbound motorists only
Scenic View, Picnic Area

State Listings – Maine

Exit 244 - ME 157, Medway, Millinocket

Food: Mini-Mart (at Irving)
Lodging: Gateway Inn
Gas: Irving^D
Camping: Pine Grove Camping (1 mile west on ME 157, then 4 miles north on ME 11)
Katahdin Shadows Campground (1.5 miles west on ME 157)
Medical: to Hospital
Other: to Baxter State Park



Rest Area (237)

Public Rest Rooms, Picnic Area, Barbecue Grills, Public Telephone

Exit 227 - to US 2, ME 6, ME 116, Lincoln, Mattawamkeag

Exit 217 - ME 6, ME 155, Howland, LaGrange

Food: I-95 Diner, Mini-Mart (at Irving)
Gas: Irving^D
Camping: Lakeside Camping Area (7miles north on ME 155)

Howland Area Radio Stations							
WSYY	94.9	FM	Adult Pop	WTOX	1450	AM	Talk Radio
WHMX	99.3	FM	Adult Pop				

Exit 199 - ME 16, LaGrange, Milo (this is a northbound exit only, with reentry southbound only)

Exit 197 - ME 43, Old Town, Hudson

Exit 193 - Stillwater Avenue, Old Town

Food: Burger King, China Garden, Dairy Queen, Governor's Restaurant, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Citgo, Irving and Texaco), Subway, Taco Bell
Lodging: Best Western
Gas: Citgo^D, Irving^D, Mobil, Texaco^D
Shopping: IGA Foodliner, VIP Auto

Exit 191 - Orono, Kelly Road

Exit 187 - Hogan Road, Bangor, Veazie, Hogan

Food: 99 Restaurant, Applebee's, Arby's, Bangor Mall Food Court, Bugaboo Creek, Burger King, Denny's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Citgo and Exxon), Olive Garden, Papa Gino's, Pizza Hut, Pizzeria Uno, Red Lobster, Subway, TCBY, Wendy's
Lodging: Bangor Motor Inn, Comfort Inn, Country Hospitality Inn, Hampton Inn
Gas: Citgo^D, Exxon^D, Irving, Citgo^D
Shopping: Bangor Mall, Bed & Bath, Best Buy, Borders Books, Filene's, Home Depot, JC Penny, Jo-Ann Fabrics, K-Mart, QuikLube, Pet Quarters, Sam's Club, Sears, Shaw's Supermarket, Shop 'n Save Supermarket, Staples, Toys 'R Us, VIP Auto, Wal-Mart
Medical: Eastern Maine Medical Center

State Listings – Maine

Other: to University of Maine, Eastern Maine Vocational-Technical Institute

Exit 186 – to Stillwater Avenue, Bangor

Other: Many of the services available for exit 187 are also accessible from this exit.

Exit 185 - ME 15, Broadway, Bangor

Food: 7-11, China Light, Dairy Queen, Friendly's, The Governor's Restaurant, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Exxon, Irving and Mobil) Pizza Hut, Subway
 Gas: Exxon, Irving, Mobil
 Shopping: Firestone, RiteAid, Shop 'n Save Supermarket, TJ Maxx
 Medical: to Bangor Hospital
 Other: to Husson College

Exit 184 - ME 222, Union Street, Bangor Airport

Food: Burger King, Dunkin Donuts, McDonald's, Papa Gino's, Wendy's
 Lodging: Sheraton Inn
 Gas: Citgo, Exxon, Mobil^P
 Camping: Paul Bunyan Campground (2.5 miles west on ME 222)
 Pleasant Hill Campground (5 miles west on ME 222)
 Shopping: Radio Shack, Shop 'n Save Supermarket, Staples
 Other: to AAA Office, Bangor International Airport

Exit 183 – US 2, ME 2, Hammond Street, Bangor

Food: Subway
 Gas: Exxon, Gulf

Exit 182b - US 2, ME 100, Hammond Street, Bangor Airport

Food: Dunkin Donuts, McDonald's, Mini Mart (at Irving and Mobil), Napoli Pizza, Subway
 Lodging: Days Inn, Econolodge, Fairfield Inn, Holiday Inn, Howard Johnson, Motel 6, Ramada Inn, Super 8 Motel
 Gas: Exxon, Irving^P, Gulf, Mobil^P
 Camping: Wheeler Stream Camping Area (4 miles west on US 2)
 Other: to University of Maine at Bangor, Bangor International Airport

Exit 182a - Junction I-395, to US 1A, to US 2, ME 100, to ME 9, Bangor, Brewer (this exit is to a limited access highway)

Other: to Bangor Civic Center

Bangor Area Radio Stations						
WHCF	88.5	FM	Religious	WWMJ	95.7	FM Oldies
WERU	89.9	FM	Variety	WYOU	97.1	FM Country
WMEH	90.9	FM	Classical	WKIT	100.3	FM Rock
WPBC	92.9	FM	Light Hits	WQCB	106.5	FM Country
WKSQ	94.5	FM	Adult Pop			

State Listings – Maine

Exit 180 - Coldbrook Road, Hampden

Food: Mini-Mart (at Citgo)
Lodging: Best Western Whitehouse Inn
Gas: Citgo^D



Rest Area (176) accessible to southbound motorists only

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephone



Rest Area (176) accessible to northbound motorists only

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 174 - ME 69, Carmel, Winterport

Food: Mini-Mart (at Citgo)
Gas: Citgo^D
Camping: Shady Acres RV & Campground (2 miles west on ME 69)

Exit 167 - ME 69, ME 143, Etna, Dixmont

Exit 161 - US 2, ME 7, East Newport, Plymouth

Camping: Christie's Campground (1mi. north on ME 7, 3/4mi. west on US 2)
Tent Village Travel Trailer Park (1miles north on ME 7, then ½ mile west on US Route 2)

Exit 159 – Ridge Road, to US 2, ME 7, Plymouth, Newport

Exit 157 – Ox Bow Road, to ME 7, ME 11, ME 100, Newport, Dexter

Food: Burger King, China Way, Dunkin Donuts, McDonald's, Mini-Mart (at Exxon, Irving and Mobil), Restaurant (at Irving), Sawyer's Dairy Bar, Subway
Lodging: Lovley's Motel
Gas: Citgo, Exxon, Irving^D, Mobil^D
Shopping: Ames, Aubuchon Hardware, Big A Auto Parts, Radio Shack, Rite-Aid, Shop 'n Save Supermarket, Wal-Mart
Medical: to Hospital

Exit 150 - Summerset Avenue, Pittsfield, Hartland

Food: Subway
Lodging: Ponderosa Motor Lodge
Gas: Mobil
Camping: Ringwood Campground (1 mile east on Summerset Avenue, then 2 miles north on ME 152)
Shopping: Family Dollar, Rite Aid, Shop 'n Save Supermarket
Medical: to Hospital



Rest Area (141) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Barbecue Grills, Public Telephones

State Listings – Maine

Exit 138 - Hinkley Road, Baker Street, Clinton, Burnham

Food: Mini-Mart (at Citgo)
Gas: Citgo^D

Exit 133 – Main Street, US 201, Fairfield, Skowhegan, Quebec, Canada

Note: Services are available east in Fairfield

Exit 132 – Center Road, Western Avenue, ME 139, Fairfield, Benton

Food: Mini-Mart (at Citgo and Texaco), Subway (at Citgo)
Gas: Citgo^D, Texaco

Exit 130 - ME 104, Main Street, Waterville

Food: Arby's, Friendly's, Governor's, Restaurant, McDonald's, Mini-Mart (at Mobil), Ruby Tuesday, Wendy's
Lodging: Best Western, Comfort Inn, Holiday Inn, Howard Johnson
Gas: Citgo, Mobil
Shopping: Fashion Bug, Home Depot, JC Penny, K-Mart, Radio Shack, Sears, Shop 'n Save Supermarket, Staples, VIP Auto
Medical: to Hospital

Waterville Area Radio Stations							
WMEW	91.3	FM	Classical	WWFX	104.7	FM	Top 40
WTVL	98.5	FM	Light Hits	WTOS	105.1	FM	Rock
WQSS	102.5	FM	Adult Pop	WHQO	107.9	FM	Oldies

Exit 127 - ME 11, ME 137, Kennedy Memorial Drive, Waterville, Oakland

Food: Applebee's, Burger King, McDonald's, Mini-Mart (at Citgo, Coastal, Exxon, and Irving), Pizza Hut, Subway, Weathervane Seafood
Lodging: Budget Host Inn, EconoLodge, Hampton Inn
Gas: Citgo, Coastal^D, Exxon^D, Irving^D
Shopping: Aubuchon Hardware, Rite-Aid, Shaw's Supermarket, Wal-Mart
Medical: to Hospital

Exit 120 - Lyons Road, Sidney



Rest Area (117) accessible to southbound motorists only
Public Rest Rooms, Picnic Area, Barbecue Grills, Public Telephones

Exit 113 – ME 3, Augusta (this exit is to a limited access highway)

Exit 112 - ME 8, ME 11, ME 27, Civic Center Drive, Augusta, Belgrade

Food: 99 Restaurant, Mini-Mart (at Citgo and Irving), Olive Garden, Panera Bread, Sally's Steak House (at Comfort Inn) Taco Bell, Wendy's
Lodging: Comfort Inn, Holiday Inn Civic Center, Howard Johnson
Gas: Citgo, Getty, Irving^D
Shopping: Barnes & Noble Books, Home Depot, Linens 'n Things, Michael's Crafts, Old Navy, Pet Quarters, Sam's Club, Staples, Wal-Mart
Medical: to Hospital

State Listings – Maine

Other: to Augusta Civic Center, Information Center, University of Maine at Augusta, Maine Veterans Memorial Cemetery.

Augusta Area Radio Stations							
WMME	92.3	FM	Top 40	WKCG	101.3	FM	Country
WWMR	96.3	FM	Adult Pop	WABK	104.3	FM	Adult Pop

Exit 109 - US 202, ME 100, ME 17, ME 11, Western Avenue, Augusta, Winthrop

Food: Applebee's, Arby's, Bonanza Steakhouse, Burger King, Dairy Queen, Damon's, Dairy Queen, Domino's Pizza, Dunkin Donuts, Friendly's, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Mini-Mart (at Getty, Gulf, Irving and Texaco), Pizza Hut, Senator's Oyster Bar & Grill (at Best Western), Subway, Wendy's

Lodging: America's Best Inn, Best Western, Econolodge, Motel 6, Super 8

Gas: Citgo[®], Exxon, Getty, Irving[®], Texaco, Shell

Shopping: Capitol Shopping Center, K-Mart, Midas Muffler, Sam Goody, Service Merchandise, Shaw's Supermarket, Shop 'n Save Supermarket, Sears, SuperLube, TJ Maxx, VIP Auto

Other: to Augusta State Airport, AAA Office, Maine State Museum, Children's Discovery Museum, Capitol Park

Note: Additional services are available both east and west in Augusta

Exit 103 – West Gardiner, Junction I-295 (this exit is to a limited access highway)

Note: Southbound travelers should use this exit to access services listed for exit 102

Exit 102 – Lewiston Road, Gardiner, ME 9, ME 126

Other: Park and Ride

Toll Plaza (99) – both directions



Service Plaza (98) accessible to northbound motorists only Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, TCBY

Gas: Mobil[®]

Shopping: Gift Shop

Other: ATM

Exit 86 – Middle Road, ME 9



Service Plaza (85) accessible to southbound motorists only Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, TCBY

Gas: Mobil[®]

Shopping: Gift Shop

Other: ATM

State Listings – Maine

Exit 80 – Alfred Plourde Parkway, to ME 196, Lewiston

Food: Cathay Hut Chinese Restaurant, D'Angelo's, Dunkin Donuts, Fanny's Diner, Governor's Restaurant, Kentucky Fried Chicken, McDonalds, Mini-Mart (at Sunoco and Texaco), Taco Bell, Wendy's
Lodging: Motel 6, Ramada Inn, Super 8
Gas: Getty, Mobil^P, Sunoco, Texaco
Shopping: Rite Aid, Shaw's Supermarket
Medical: to Hospital

Exit 75 – Washington Street, Auburn, US 202, ME 100

Food: Amato's, Blimpie Subs, Knucklehead Buffet, Mini-Mart (at Irving), Taco Bell
Lodging: Auburn Inn, Fireside Inn & Suites, Sleepy Time Motel
Gas: Irving^D
Medical: to Hospital

Toll Plaza (67) – both directions

Exit 63 – West Gray Road, US 202, ME 115, ME 4, Gray

Food: Dunkin Donuts, McDonald's, Mini-Mart (at Gulf and Texaco), Subway
Gas: Exxon, Gulf, Mobil, Shell
Shopping: Rite Aid, Thriftway Supermarket, TruValue Hardware



Service Plaza (59) – accessible to northbound motorists only Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, TCBY
Gas: Mobil^P
Shopping: Gift Shop
Other: ATM



Service Plaza (58) – accessible to southbound motorists only Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, TCBY
Gas: Mobil^P
Shopping: Gift Shop
Other: ATM

Exit 53 – to Gray Road, ME 26, ME 100

Food: Dunkin Donuts, Patti's Restaurant
Gas: Irving
Shopping: Movie Gallery, Shop n' Save Supermarket, Supercuts, West Falmouth Crossing
Other: to Hospital

Exit 52 – I-95/I-295 Connector (this exit is to a limited access highway)

Other: to Falmouth, US 1



NOAA Weather Radio
Portland 162.550 mhz

State Listings – Maine

Portland Area Radio Stations							
WMEA	90.1	FM	Classical	WYNZ	100.9	FM	Oldies
WMGX	93.1	FM	Rock	WPOR	101.9	FM	Country
WYJY	94.3	FM	Light Hits	WBLM	102.9	FM	Rock
WHOM	94.9	FM	Light Hits	WZPK	103.7	FM	Top 40
WHYR	95.9	FM	Top 40	WPKM	106.3	FM	Classical
WWGT	97.9	FM	Top 40	WGAN	560	AM	Talk

Exit 48 - ME 25, to Brighton Avenue, Riverside Street, Westbrook, Portland

- Food: Applebee's, Burger King, Dairy Queen, Denny's, Dunkin Donuts, Friendly's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Mobil and Texaco), Pizza Hut, Subway, Valle's Steak House, Wendy's
- Lodging: Holiday Inn, Howard Johnson, The Inn at Portland, Motel 6, Ramada Limited, Super 8, Travelodge
- Gas: BJ's, Citgo, Exxon, Mobil^D, Shell, Texaco
- Shopping: BJ's, CVS Drugs, Firestone, Home Depot, Jo-Ann Fabrics, Midas Muffler, Shaw's Supermarket, Shop 'n Save Supermarket, VIP Auto
- Medical: to Hospital
- Other: to Bridgeton Lakes Region, Mt. Pleasant, Portland Civic Center, Portland Museum of Art, Portland Observatory, Shawnee Peak, Southworth Planetarium, University of Southern Maine, Victoria Mansion, Wadsworth Longfellow House

Exit 47 – Westbrook Arterial, Rand Road

Exit 46 – Jetport Road, to Congress Street, ME 22

- Other: to AAA, Portland International Jetport

Exit 45 – South Portland, to US 1, Maine Mall Road, Payne Road

- Food: Burger King, Bugaboo Creek Steakhouse, Chili's Grill & Bar, Eastside Mario's, Friendly's, Great Wall Buffet, International House of Pancakes, LoneStar Steakhouse, Longhorn Steakhouse, Macaroni Grill, McDonald's, Mini-Mart (at Citgo, Mobil and Texaco), Old Country Buffet, Olive Garden, On The Border, Panera Bread, Pizza Hut, Pizzeria Uno, Ruby Tuesday, Tim Horton's Restaurant, Weathervane Seafood, Wendy's
- Lodging: AmeriSuites, Coastline Inn, Comfort Inn, Days Inn, Fairfield Inn, Hampton Inn, Hilton Garden Inn, Marriott Inn, Residence Inn, Sheraton Tara
- Gas: Citgo, Mobil, Shell^D, Texaco
- Camping: Wassamki Springs (1 mile south on Payne Road, then 2.5 miles north on ME 114, then right on Saco Road 1/2 mile)
- Shopping: Bed & Bath, Best Buy, Borders Books, Burlington Coat Factory, Circuit City, Craftmania, Filene's, JC Penny, Kids 'R Us, Macy's, Maine Mall, Marshall's, MVP Sports, Nevada Bob's, Office Max, PetCo, Sam's Club, Sears, Shaw's Supermarket, Shop 'n Save Supermarket, Sports Authority, Staples, TJ Maxx, Toys 'R Us, Wal-Mart
- Other: to Portland International Jetport, Southern Maine Technical College
- Note: The area accessible from this exit is a major commercial business district. Numerous services are located off this exit.

State Listings – Maine

Exit 44 - Junction I-295, South Portland, Downtown Portland (this exit is to a limited access highway)

- Other: Via I-295: to Portland Civic Center, Portland Museum of Art, Portland Observatory, Southworth Planetarium, University of Southern Maine, Victoria Mansion, Wadsworth Longfellow House
- Note: Northbound: I-295 north rejoins I-95 at Exit 103
Southbound: I-295 south rejoins I-95 here

Exit 42 - Scarborough Downs, to US 1, Scarborough, Old Orchard Beach

- Other: to Park & Ride, Scarborough Downs Race Track

Exit 36 - Junction I-195, Saco, Old Orchard Beach (this exit is to a limited access highway)

- Camping: Bayley's Pine Point Camping Resort (1.5 miles east on I-195, then 5 miles north on US 1, then 2 miles east on ME 9)
Hid'n Pines Camping (2 miles east on I-195, then 2 miles east on ME 5, then ½ mile north on ME 98)
KOA Saco/Portland South (2 miles east on I-195, then 1.5 miles north on US 1)
Ne're Beach Trailer Park (2 miles east on I-195, then 1.5 miles east on ME 5)
Old Orchard Beach Campground (2 miles east on I-195, then east on ME 5)
Paradise Resort Campground (2 miles east on I-195, then 2 miles east on ME 5, then ¼ mile north on Adelaide Street)
Pinehirst Tent /Trailer Resort (2 miles east on I-195, then ¼ miles east on ME 5)
Powder Horn Camping (1.5 miles east on I-195, then 2.5 miles north on US 1, then 1.5 miles east on 98)
Virginia Tent & Trailer Park (2 miles east on I-195, Then ½ mile east on ME 5, then ½ mile south on Temple Avenue)
Wagon Wheel Campground (2 miles east on I-195, then ¼ mile east on ME 5, then ¼ mile south on Saco Road)
Wild Acres Tent & Trailer (2 miles east on I-195, then ¾ mile east on ME 5)
Willey's (1.5 miles east on I-195, then 1.5 miles north on US 1)
- Other: Park & Ride
- Note: The area accessible from this exit is a major commercial business district. Numerous services are located off this exit (use I-195 to US 1 North or South) as well as direct access to Old Orchard Beach

Exit 35 – To Be Built

Exit 32 – Alfred Street, ME 111, Biddeford, Alfred

- Food: Applebee's, Chili's, Longhorn Steakhouse, Mini-Mart (at Irving), Olive Garden, Panera Bread, Ruby Tuesday, Subway, TGI Friday's, Wendy's
- Gas: Irving^D, Sunoco
- Camping: Shamrock RV Park (6 miles east on West Street)
- Shopping: Biddeford Crossing, Best Buy, Fashion Bug, Home Depot, Kohl's, Linens 'N Things, Lowe's, Old Navy, Osco Drug, PetSmart, Shaw's Supermarket, Staples, Target, Wal-Mart
- Medical: to Hospital
- Other: to Ferry Beach State Park, Park & Ride, University of New England

State Listings – Maine



Service Area (25) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, Popeye's Famous Fried Chicken, TCBY Yogurt
Gas: Mobil^P



Service Area (25) accessible to southbound motorists only

Public Rest Rooms, Picnic Area, Public Telephones

Food: Burger King, TCBY Yogurt
Gas: Mobil^P
Other: Access to US Route 1 north and south is available from this service area.

Exit 25 – Alfred Road, Fletcher Street, ME 35, Kennebunk, Kennebunk Beach, Kennebunkport (be alert for multiple ramps)

Lodging: Turnpike Motel
Camping: Kennebunkport Camping (5 miles east on ME 35, then 2 miles east on ME 9, then ¼ mile north on Old Cape Road)
Mousam River Campground (3 miles west on Alfred Road)
Yankeeland Campground (3 miles west on Alfred Road)

Exit 19 – Sanford Road, ME 109, ME 9, Wells, Sanford, Kennebunk

Camping: Beach Acres Campground (2 miles south on US 1)
Gregoire's Campground (1/4 mile west on ME 109)
Ocean Overlook Campground (1.5 miles east on ME 109, then 1.5 miles south on US 1)
Ocean View Campground (1.5 miles east on ME 109, then 100 ft. north on US 1, then ¼ mile east on Lower Landing Road)
Riverside Campground (2 miles east on ME 109, then 2 miles north on US 1)
Sea Breeze Camping (2 miles east on ME 109, then 2 miles north on US 1)
Sea-Vu Campground (1.5 miles east on ME 109, then ½ mile north on US 1)
Stadig Campground (1.5 miles east on ME 109, then 2 miles north on US 1, ¼ miles on US 1 Bypass)
Wells Beach Resort Campground (1.5 miles east on ME 109, then 1.5 miles south on US 1)
Yogi Bear's Jellystone Park (5.5 miles northwest on ME 109)
Other: Park & Ride, Auto Museum, to Sanford Recreation Region, to Wells Beach, Moody Beach and other shore points

Toll Booths (8) – Both directions

Exit 7 - to ME 91, to US 1, The Yorks, Ogunquit (Maine Turnpike begins/ends here)

Food: Foodee's Pizza, Greenleaves Chinese Restaurant, Mini-Mart (at Irving, Mobil and Texaco), Norma's Restaurant, Ruby's, Subway, Wildcat Pizza
Gas: Irving^D, Mobil, Texaco
Camping: Camp Eaton (1/4 mile south on US 1, then 3 miles north on US 1A)
Dixon's Campground (5 miles north on US 1)
Libby's Oceanside (1/4 mile south on US 1, then 3 miles north on US 1A)
York Beach Camper Park (3 miles north on US 1, then 1 mile south on US 1A)

State Listings – Maine

Shopping: Family Dollar, Shop 'n Save Supermarket, Stonewall Kitchen, TruValue Hardware
Medical: to Hospital
Other: to York Beach, Ogunquit Beach and other shore points

Truck Weigh Station (4) – Northbound only

Truck Weigh Station (3) – Southbound only



Maine Welcome Center (3) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 2 - US 1, ME 236

Food: Burger King, Dairy Queen, McDonald's, Subway, Taco Bell, Weathervane Seafood
Lodging: Coachman Motel, Days Inn, Super 8
Gas: Citgo^D, Getty, Mobil^P, Sunoco
Shopping: Factory Stores of America, Outlet Mall Shopping district, Tanger Factory Outlets
Other: to Tourist Information Center
Note: The area accessible from this exit is a major commercial business district specializing in Factory Outlet shopping. Numerous shopping and food services are located off this exit.

Exit 1 - ME 103, Dennett Road, Kittery, Eliot (reenter southbound only from this exit)

Lodging: Days Inn
Gas: Citgo^D
Other: to Kittery Historical and Naval Museum

State Listings – New Hampshire



I-95 New Hampshire

Exit Numbers for New Hampshire's portion of I-95 are based on the consecutive number system beginning at it's southern terminus at the Massachusetts/New Hampshire border.

New Hampshire RoadRules

Overnight Parking Allowed Were Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Child Restraints Required Under 12

Radar Detectors Permitted

State Listings – New Hampshire

Note: New Hampshire has no sales tax. As a result of the I-95 corridor and the area's proximity to both Maine and Massachusetts, the Portsmouth area has become a regional shopping draw. Note individual exit information regarding locations of shopping areas.

Exit 7 (16) - Market Street, Portsmouth, Newington

Lodging: Courtyard Inn
Other: to Historic Portsmouth, Strawberry Banke, Albacore Submarine Museum, Prescott Park, Portsmouth Naval Shipyard.
Note: Exit services (food, gas, and shopping) can be found by traveling west on Market Street approximately 1 mile.

Exit 6 (16) - Woodbury Avenue, Portsmouth (this is a northbound exit only, motorists must exit to the left)

Food: Bickford's Family Restaurant, The Brookside (at Meadowbrook Inn), Domino's Pizza, Howard Johnson, Ollie's (at Holiday Inn), Mini-Mart (at Mobil and Texaco)
Lodging: Anchorage Inn, Best Inn, Best Western, Hampton Inn, Holiday Inn, Howard Johnson, Meadowbrook Inn
Gas: Exxon, Gulf, Mobil^D, Shell^D, Texaco
Shopping: NH State Liquor Store
Medical: to Portsmouth Hospital
Note: Exit services listed for this exit are available to southbound traffic via Exit 5, then 1st exit.

Portsmouth Area Radio Stations							
WUNH	91.3	FM	Rock	WOKQ	97.5	FM	Country
WCDQ	92.1	FM	Rock	WHEB	100.3	FM	Rock
WCQL	95.3	FM	Oldies	WGIR	101.1	FM	Rock
WZID	95.7	FM	Adult Pop	WERZ	107.1	FM	Top 40
WKOS	96.7	FM	Adult Pop	WGIR	610	AM	News/Talk

Exit 5 (14) - US 1 Bypass, Dover (this exit is to a limited access highway)

Note: Exit services listed for exit 6 are also available to southbound traffic via Exit 5, then 1st exit.

Exit 4 (14) - US 4, NH 16, to New Hampshire Lakes Region, to White Mountains, Spaulding Turnpike (this is a northbound exit only)

Other: to University of New Hampshire (Durham)
Note: Exit services (food, gas, and shopping) can be found by traveling west on the Spaulding Turnpike (US 4, NH 16) approximately 2 miles to Newington (Gosling Road Exit).

Exit 3 (12) – Greenland Road, NH 33, Greenland, Portsmouth

Food: Buckhorn Family Restaurant (at TravelPort), McDonald's, Mini-Mart (at Sunoco)
Gas: Sunoco^D, TravelPort^D
Medical: to Hospital
Other: Park & Ride, Pease Golf Club
Note: NH Route 101 from this exit west to Exeter has been redesignated NH Route 51

State Listings – New Hampshire

Toll Plazas (6) – both directions

Exit 2 (6) – Exeter-Hampton Expressway, NH 51, NH 101, Exeter, Hampton Beach (exit to a limited access highway)

- Other: to Hampton Beach, Rye Beach, Seabrook, Whale Watching, Deep Sea Fishing.
- Note: Hampton Beach is a major tourist destination. Exit services (food, lodging, gas, shopping, attractions) can be found by traveling east on NH Route 51 approximately 5 miles.

State Liquor Store (3) - both directions

Exit 1 (1) - NH 107, Seabrook, Kingston

- Food: Applebee's, Burger King, D'Angelos, Kentucky Fried Chicken, Dunkin Donuts, Master MacGrath's, McDonald's, Nicolas Fish and Chicken, Papa Gino's, Pizza Hut, The Right Sub, Subway, Taco Bell, Wendy's
- Lodging: Best Western, Hampshire Inn
- Gas: Citgo, Getty^D, Gulf, Sunoco
- Camping: Adams (1/4 mile east on NH 107, then 2 miles south on US 1, then 2.5 miles east on NH 286)
Shel-Al Camping Area (1/4 mile east on NH 107, then 7 miles north on US 1)
Tidewater Campground (1/4 mile east on NH 107, then 4 miles north on US 1)
Wakeda Campground (1/4 mile east on NH 107, then 2.5 miles north on US 1, then 3.8 miles west on NH 88)
- Shopping: Home Depot, Lowe's, Market Basket, Sam's Wholesale Club, Staples, Walmart, Shopping center
- Other: to Seabrook Greyhound Track, Seabrook Information Center
- Note: Additional services (food, lodging, gas, shopping, attractions) can be found by traveling east on NH Route 107 to US Route 1 (north and south)



New Hampshire Welcome Center (1) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Public Telephones, Liquor Store



I-95 Massachusetts

Exit Numbers for the Massachusetts portion of I-95 are based on the consecutive number system beginning at its southern terminus at the Rhode Island/Massachusetts border.

Massachusetts RoadRules

Overnight Parking locally Controlled
Riding in Travel Trailers Not Permitted
Riding in Fifth Wheels Not Permitted
Riding in Truck Campers Permitted
Seat Belts Required 12 and Under
Child Restraints Required Under 5
Radar Detectors Permitted

State Listings - Massachusetts



Massachusetts Welcome Center (90) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Public Telephones

Exit 60 (89) - MA 286, Salisbury, Salisbury Beach, Seabrook

Food: East Coast Diner, Mini-Mart (at Mobil)
Lodging: East Coast Motor Inn
Gas: Mobil^P
Camping: Black Bear Campground (Left at light)
Other: to Salisbury Beach, Hampton Beach

Exit 59 (88) - Junction I-495 (this is a southbound exit only to a limited access highway)

Exit 58A/B (78) - MA 110, to I-495, Salisbury, Amesbury

Food: Burger King, Dominos, Dunkin Donuts, Friendly's, McDonald's, Mini-Mart (at Sunoco), Papa Ginos, Simon's Roast Beef and Subs, Sylvan Street Grill, Winner's Circle
Lodging: Fairfield Inn
Gas: Irving, Mobil, Sunoco^D,
Camping: Rusnik Campground (3 miles east on MA 110, then 1 mile north on US 1)
Salisbury Beach Campground (3 miles east on MA 110, then 2 miles east on MA 1A)
Shopping: Shopping Center, Stop and Shop Grocery
Other: Cinema 95, to Salisbury Beach

Exit 57 (85) - MA 113, West Newbury, Newburyport

Food: Dunkin Donuts, Friendly's, McDonald's, Mini-Mart (at Mobil), Papa Gino's, Wendy's, White Hen Pantry
Gas: Mobil, Shell, Sunoco
Shopping: Brook's Drugs, K-Mart, Market Basket Supermarket, Marshall's, Midas Muffler, Radio Shack, Shaw's Supermarket, Walgreen's
Medical: to Hospital
Other: to Plum Island State Park, Parker River National Wildlife Refuge, Seal Island

Exit 56 (78) - Scotland Road, Newbury, West Newbury

Other: to State Police

Exit 55 (77) - Central Street, Byfield, Newbury

Food: Village Diner
Gas: Prime^D
Other: to North Boston Convention & Visitor Bureau

Exit 54A/B (76) - MA 133, Rowley, Georgetown

Food: McDonald's

Weigh Station (72) - (both directions)

Exit 53A/B (74) - MA 97, Topsfield, Georgetown

Exit 52 (73) - Boxford Road, Topsfield Road, Topsfield, Georgetown, Boxford

State Listings - Massachusetts

Exit 51 (72) - Endicott Road, Topsfield, Middleton

Food: McDonald's

Exit 50 (71) - US 1, Topsfield

Food: Mini-Mart (at Exxon and Mobil)

Lodging: Sheraton Tara Hotel and Resort

Gas: Exxon, Mobil

Shopping: CVS Drug, Staples, Stop 'n Shop Supermarket

Other: to Topsfield Fairgrounds

Exit 49 (70) - MA 62, Danvers, Middleton (this is a northbound exit only, and is difficult to reenter)

Food: Subway

Shopping: CVS Drugs, Stop 'n Shop Supermarket

Medical: to Hospital

Other: to Beverly, Gloucester, and Northshore beaches

Note: Additional services are available west on MA 62 to US Route 1.

Exit 48 (69) - Centre Street, Danvers (this is a southbound exit only and is difficult to reenter)

Food: Thackeray's

Lodging: Comfort Inn, Extended Stay America, Motel 6

Shopping: Home Depot

Exit 47A (68) - MA 114, Peabody, Middleton (this is a northbound exit only, with reentry northbound only)

Food: Chili's Grill & Bar Dunkin Donuts, Friendly's, McDonald's, Mini-Mart (at Exxon and Sunoco), Papa Gino's, TGI Friday's

Lodging: Motel 6, Residence Inn, TownePlace Suites

Gas: Exxon^D, Mobil, Shell, Sunoco

Shopping: Big Lots, Circuit City, Costco, Home Depot, Lowe's, Wal-Mart

Other: to Historic Salem, Salem Maritime National Historic Site, Pickering Wharf.

Note: The area accessible from this exit is a major regional commercial business district. Numerous services are available on MA Route 114 East and West as well as US Route 1 North and South.

Exit 46 (67) - US 1 South, Boston (this is a southbound exit only to a limited access highway)

Food: Burger King, Dunkin Donuts, Honey Dew Donuts, Mini-Mart (at Best, Gulf and Texaco), TGI Friday's

Lodging: Residence Inn

Gas: Best, Gulf^D, Shell, Texaco

Note: The area accessible from this exit is a major regional commercial business district. Numerous services are available on US Route 1 North and South.

Exit 45 (66) - MA 128 North, Gloucester (this exit is to a limited access highway)

State Listings - Massachusetts

Exit 44 (65) - US 1, MA 129, Danvers, Boston, Everett (this exit is difficult to reenter northbound)

Food: Bickford's Family Restaurant, Bennigan's Irish American Grill & Tavern, Bertucci's Pizza, New England Oyster House, Wendy's
 Lodging: Hampton Inn, Homewood Suites, SpringHill Suites
 Gas: Gulf^D, Mobil, Shell, Texaco
 Medical: to Hospital
 Other: State Police
 Note: The area accessible from this exit is a major commercial business district. Numerous services are available on US 1 North and South

Exit 43 (63) - Walnut Street, Lynnfield Center, Saugus

Lodging: Sheraton Inn

Exit 42 (62) - Salem Street, Montrose Avenue, Wakefield

Food: Montrose Restaurant
 Lodging: Sheraton Inn
 Gas: Mobil, Prime, Sunoco

Exit 41 (60) - Main Street, Lynnfield Center, Wakefield

Gas: Shell

Lynn Area Radio Stations					
WFNX	101.7	FM	Rock	WBOQ	104.9 FM Classical

Exit 40 (59) - MA 129, Wakefield Center, North Reading

Food: Honey Dew Donuts
 Gas: Exxon, Gulf

Exit 39 (58) - North Avenue, Reading, Wakefield

Food: Chili's, Mini-Mart (at Texaco)
 Lodging: Best Western
 Gas: Citgo, Exxon, Shell^D, Texaco^D
 Shopping: Home Depot, Staples
 Medical: to Hospital

Exit 38 (57) - MA 28, Stoneham, Reading

Food: 99 Restaurant, Bickford's, Boston Market, Burger King, Denny's, Dunkin Donuts, Friendly's, Harrow's, Kentucky Fried Chicken, McDonald's, Papa Gino's Pizza, Subway
 Gas: Exxon, Getty, Mobil, Texaco
 Shopping: Bed & Bath, CVS Drugs, GNC, Marshall's, Shaw's Supermarket
 Medical: to Hospital
 Other: to Stoneham Zoo

Exit 37A/B (56) - Junction I-93, Boston (this exit is to a limited access highway)

State Listings - Massachusetts

Exit 36 (55) - Washington Street, Winchester, Reading

Food: 99 Restaurant, Bertucci's, D'Angelo's Subs, Dunkin Donuts, J.C. Hillary's Restaurant, McDonald's, On The Border, Panera Bread, Papa Gino's, Pizza Hut, Pizzeria Uno, TGI Friday's

Lodging: Comfort Inn, Courtyard, Crowne Plaza Hotel, Fairfield Inn, Hampton Inn, Howard Johnson, Red Roof Inn

Gas: Citgo, Getty

Shopping: AutoZone, CompUSA, CVS Drugs, K-Mart, Kohl's, Lowe's, Market Basket Supermarket, Petco, Pier One Imports, Staples, TJ Maxx, Woburn Mall

Exit 35 (54) - MA 38, Woburn, Wilmington

Food: Applebee's, Dunkin Donuts

Lodging: Radisson, Sierra Suites

Gas: Mobil

Shopping: Purity Supreme Supermarket, Stop 'n Shop Supermarket, shopping center

Medical: to Hospital

Exit 34 (53) - Winn Street, Woburn, Burlington

Food: Domino's Pizza

Exit 33 (52) - US 3 South, MA 3A North, Winchester, Burlington

Food: Chuck E. Cheese's Pizza, Outback Steakhouse

Lodging: Marriott, Summerfield Suites

Gas: Citgo, Hess

Shopping: CVS Drugs, Marshall's, Michael's Crafts

Medical: to Hospital

Other: to AAA Office

Exit 32B (51) - Middlesex Turnpike, Arlington, Burlington (this exit is to a limited access highway)

Food: Boston Market, Burger King, Burlington Mall Food Court, Chili's Grill & Bar, D'Angelo's, McDonald's, Pizzeria Uno, Regina Pizza, Taco Bell, TCBY, Victoria Station

Lodging: Howard Johnson, Sheraton, Windham Garden Hotel

Gas: Mobil, Shell

Shopping: Barnes & Noble, Burlington Mall, Circuit City, Lord & Taylor, Macy's, Midas Muffler, Middlesex Mall, Sears, Tweeter Etc., shopping district

Medical: to Hospital

Other: Cinema

Note: The area accessible from this exit is a major commercial business district. Numerous services are available in and around the Burlington Mall

Exit 32A (51) - US 3 North, Lowell, Nashua, New Hampshire (this exit is to a limited access highway)

Exit 31 (48) - MA 4, MA, 225, Bedford, Lexington

Food: Bertucci's Pizza, Denny's, Friendly's, McDonald's

Lodging: Best Western, Holiday Inn Express, Travelodge

Gas: Mobil, Shell

State Listings - Massachusetts

Exit 30 (47) - MA 2A, Concord, East Lexington

Lodging: Sheraton Inn
Gas: Shell
Medical: to Hospital
Other: to Minuteman National Historic Park



Lexington Travel Plaza (46) - accessible to northbound motorists only Public Rest Rooms

Food: Honeydew Donuts, McDonald's, TCBY
Gas: Mobil^P
Other: Gift Shop

Exit 29 (46) - MA 2, Arlington, Cambridge, Acton, Fitchburg (this exit is to a limited access highway)

Other: to Walden Pond State Reservation, home of Ralph Waldo Emerson.

Exit 28A/B (45) - Trapelo Road, Belmont, Lincoln

Food: Burger King, Dunkin Donuts, Friendly's, McDonald's, Papa Gino's
Gas: Exxon, Mobil, Shell
Shopping: Osco Drugs, Star Supermarket
Other: to DeCordova Museum

Exit 27A/B (44) - Totten Pond Road, Waltham, Wyman Street, Winter Street

Food: Beni-Gusko Japanese Steakhouse, Bertucci's Pizza, D'angelo's
Lodging: Best Western, Courtyard, DoubleTree, Holiday Inn Express, Homestead Suites Hotel, Summerfield Suites, Westin Hotel
Gas: Shell
Shopping: Costco, Home Depot

Exit 26 (43) - US 20, Waltham, Wayland, Marlboro, Weston (this exit is difficult to reenter)

Gas: Mobil, Sunoco^D
Medical: to Waltham Hospital

Exit 25 (42) - Junction I-90, Massachusetts Turnpike (Toll) (this exit is to a limited access highway)

Exit 24 (41) - MA 30, MA 28, Newton, Waltham

Lodging: Fairfield Inn, Marriott
Gas: Mobil
Medical: to Hospital
Other: to Pine Brook Country Club



**NOAA Weather Radio
Boston 162.474 mhz**

Exit 23 (40) - Recreation Road

State Listings - Massachusetts

Exit 22 (39) - Grove Street, M.B.T.A. Station

Lodging: Days Inn, Holiday Inn
Other: M.B.T.A. Station



Newton Travel Plaza (38) accessible to southbound motorists only Public Rest Rooms

Food: McDonald's
Gas: Mobil^P
Other: Gift Shop

Exit 21 (38) - MA 16, Newton, Wellesley, Washington Street

Gas: Mobil, Sunoco
Medical: to Hospital
Other: to Leo Martin Memorial Golf Course, Woodland Golf Club, Brae Burn Country Club

Exit 20 (36) - MA 9, Boston, Worcester, Brookline (this exit is to a limited access highway)

Other: to AAA Office, Babson College, Charles River Country Club, Wellesley Country Club
Note: Additional services are available east on MA 9

Exit 19A/B (35) - Highland Avenue, Newton Highlands, Needham

Food: Bickford's, Capitol Grill, D'Angelo's, Dunkin Donuts, McDonald's
Lodging: Sheraton Needham
Gas: Gulf, Hess, Highland Gas^D, Shell

Exit 18 (34) - Great Plain Avenue, West Roxbury

Medical: to Beth Israel Deaconess Hospital
Other: to Needham Golf Club, St. Sebastian School

Exit 17 (33) - MA 135, Needham, Wellesley, Dedham Avenue

Medical: to Beth Israel Deaconess Hospital
Other: Northeastern University Dedham Campus

Exit 16 (31) - MA 109, Dedham, Westwood, High Street

Gas: Mobil^P
Other: to Dedham Country and Polo Club

Exit 15 (29) - US 1, to MA 1A, Dedham

Food: Bickford's, Bugaboo Creek Steakhouse, Burger King, Chili's, Dunkin Donuts, Krispy Kreme Donuts, McDonalds, Panera Bread, Papa Gino's, TGI Friday's, Thackeray's
Lodging: Budget Inn, Comfort Inn, Fairfield Inn, Holiday Inn, Residence Inn
Gas: Shell^D, Sunoco^P
Shopping: Best Buy, BJ's, Costco, Midas Muffler, Office Max, PepBoys, Star Supermarket
Medical: to Medical Center
Other: to Norfolk Golf Club

State Listings - Massachusetts

Note: Additional services are available east beyond the 2nd light and west in Westwood and Norwood

Exit 14 (28) - East Street, Canton Street

Lodging: Dedham Place Hilton



Rest Area (27) – southbound exit only
Picnic Tables, Public Rest Rooms, Public Telephones

Exit 13 (26) - Railroad Station, University Avenue

Exit 12 (26) - Junction I-93 North, Braintree, Boston (this exit is to a limited access highway)

Note: Exercise caution at this exit. Be aware of lane changes in order to remain on I-95.

Exit 11A/B (23) - Neponset Street, Canton, Norwood

Lodging: Ramada Inn, Sheraton

Gas: Citgo, Gulf^D, Sunoco

Medical: to Caritas Norwood Hospital

Other: to Norwood Memorial Airport, Blue Hill Country Club, Brook Meadow Country Club

Exit 10 (20) - Coney Street, Sharon, Walpole (this is a southbound exit only, with reentry northbound only)

Food: 99 Restaurant, Bertucci's Pizza, Dunkin Donuts, Friendly's, International House of Pancakes, McDonald's, Mini-Mart (at Exxon and Mobil), Papa Gino's, Taco Bell

Lodging: Best Western

Gas: BP, Exxon, Mobil, Shell^D

Shopping: CVS Drugs, Jo-Ann Crafts, Kohl's, Office Max, Old Navy, Stop 'n Shop Supermarket, Wal-Mart, Walpole Mall

Other: to Royal Crest Country Club, Spring Valley Country Club, Walpole Country Club,

Exit 9 (19) - US 1, to MA 27, Walpole

Food: Bickford's Restaurant, Dunkin Donuts, Papa Gino's, Pizza Hut

Lodging: Holiday Inn Express, Super 8

Gas: BP, Exxon, Mobil, Texaco

Shopping: Wal-Mart, Walpole Mall

Other: to Foxboro Stadium

Exit 8 (16) - South Main Street, Sharon, Foxboro

Food: Dunkin Donuts

Shopping: Brooks Drug, Shaw's Supermarket

Exit 7A/B (13) - MA 140, Mansfield, Foxboro, Commercial Street

Food: 99 Restaurant, Domino's Pizza, Friendly's, Papa Gino's

Lodging: Comfort Inn, Courtyard, Holiday Inn, Red Roof Inn, Residence Inn

Gas: Mobil, Shell

State Listings - Massachusetts

Shopping: Stop & Shop Supermarket
Other: to Foxborough Country Club

Exit 6 A/B (12) - Junction I-495, Worcester, Taunton (this exit is to a limited access highway)

Camping: Normandy Farms Family Campground (3mi. north on I-495, 1mi. north on US 1, 1.5mi. east on West St.)



Massachusetts Welcome Center (10) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Public Telephones



Rest Area (9) accessible to southbound motorists only
Public Telephones

Exit 5 (7) - to MA 152, Attleboro, North Attleboro

Food: Mini-Mart (at Gulf), Wendy's
Gas: Gulf^D
Shopping: Brook's Drug, Fashion Bug, Radio Shack, Shaw's Supermarket, Triboro Shopping Plaza
Medical: to Hospital

Exit 4 (6) - Junction I-295 Woonsocket, Rhode Island (this exit is to a limited access highway)

Exit 3 (4) - Attleboro, MA 123, Norton

Food: Mini-Mart (at Texaco)
Gas: Shell^D
Medical: to Hospital
Other: to Highland Country Club

Weigh Station (2) (this weigh station is accessible from both directions)

Exit 2A/B (1) - US 1A, Newport Avenue, Pawtucket, South Attleboro

Food: McDonald's, Olive Garden
Lodging: Holiday Inn
Gas: Cumberland Farms, Mobil, Shell, Sunoco
Shopping: Bob's Store, Fashion Bug, Home Depot, K-Mart, Office Max, Shaw's Supermarket, Speedy Muffler
Medical: to Hospital
Note: Additional services are available east in Pawtucket

Exit 1 (0) - US 1 South, Broadway, Pawtucket (this is a southbound exit only, with reentry northbound only)

Food: Burger King, McDonald's, Ponderosa Steakhouse, Taco Bell
Lodging: Daystop, Park Inn
Gas: Gulf, Sunoco
Shopping: Brooks Drug
Other: to AAA Office (Attleboro)

State Listings – Rhode Island



I-95 Rhode Island

Exit Numbers for Rhode Island's portion of Interstate 95 are based on the consecutive number system beginning at the Rhode Island/Connecticut border.

Rhode Island RoadRules

Overnight Parking Allowed Unless Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Passenger Seat Belts Required

Child Restraints Required Under 3

Radar Detectors Permitted

State Listings – Rhode Island

Exit 30 (43) - East Street

Food: Dunkin Donuts, Subway

Exit 29 (43) - US 1, Broadway, Cottage Street

Food: D'Angelo's Subs

Exit 28 (42) - RI 114, School Street (this is a northbound exit only)

Gas: Sunoco

Medical: to Hospital

Other: Slater Mill

Exit 27 (42) - Downtown Pawtucket (this exit is difficult to reenter)

Food: Burger King, Dunkin Donuts, Mini-Mart (at Sunoco)

Lodging: Comfort Inn

Gas: Shell, Sunoco^D

Exit 26 (41) - RI 122, Lonsdale Avenue, Main Street, Downtown Providence (this is a northbound exit only)



NOAA Weather Radio

Providence 162.400 mhz

Exit 25 (40) - US 1, RI 126, North Main Street, Smithfield Avenue, Downtown Providence

Food: Burger King, Chili's Grill & Bar

Gas: Gulf^D, Hess, Shell, Valero

Shopping: Brooks Drug, CVS, Shaw's Grocery

Other: to Hospital

Providence Area Radio Stations							
WPRO	92.3	FM	Top 40	WWLI	105.1	FM	Light Hits
WSNE	93.3	FM	Adult Pop	WWKX	106.3	FM	Top 40
WHJY	94.1	FM	Rock	WPRO	630	AM	Talk
WBRU	95.5	FM	Rock	WHJJ	920	AM	Talk
WCTK	98.1	FM	Country	WALE	990	AM	Talk
WWBB	101.5	FM	Oldies				

Exit 24 (39) - Branch Avenue, Downtown Providence

Food: Kentucky Fried Chicken

Gas: Mobil

Shopping: Stop&Shop Grocery

Medical: to Hospital

Exit 23 (38) - RI 146, RI 7, Woonsocket, State Offices, Downtown Providence (reenter southbound only from this exit)

Food: Mini-Mart (at Shell)

Lodging: Marriott

Gas: Shell

Medical: to Hospital

State Listings – Rhode Island

Exit 22 (38) - US 6, RI 10, Downtown Providence, Hartford

Shopping: Providence Mall

Exit 21 (37) - Broadway, Atwells Avenue, Downtown Providence (this exit is difficult to reenter)

Gas: Gulf^D

Lodging: Holiday Inn

Other: to Providence Civic Center, AAA Office, Brown University

Exit 20 (37) - Junction I-195, East Providence, Cape Cod, Downtown Providence (this is a southbound exit only)

Exit 19 (36) - Eddy Street, Allens Avenue, Downtown Providence (this is a southbound exit only)

Food: Dunkin Donuts, Wendy's

Medical: to Rhode Island Hospital

Exit 18 (35) - US 1A, Thurbers Avenue

Food: Burger King, Sunshine Donut Shop

Gas: Texaco

Medical: to Rhode Island Hospital

Exit 17 (34) - US 1, Elmwood Avenue (this is a southbound exit only)

Gas: Sunoco

Other: to Roger Williams Park

Exit 16 (34) - RI 10, to US 1, to RI 2, Cranston (this exit is to a limited access highway)

Other: to Roger Williams Park

Exit 15 (32) - Jefferson Boulevard

Food: Bickford's Family Restaurant, Bugaboo Creek Steakhouse, Dunkin Donuts

Lodging: Courtyard, Fairfield Inn, Motel 6

Gas: Getty^D, Global^D

Exit 14 (31) - RI 37, to US 1, to RI 2, Warwick, Cranston

Food: Bickford's Family Restaurant, Bugaboo Creek Steakhouse, Dunkin Donuts

Lodging: Courtyard, Fairfield Inn, Motel 6

Gas: Shell

Medical: to Hospital

Exit 13 (30) - T.F. Green Airport (this exit is to a limited access highway)

Food: Bickford's Family Restaurant, Olive Garden

Lodging: Hampton Inn, Holiday Inn Express, Homewood Suites, MainStay Suites, Masterhost Inn, Quality Suites, Residence Inn

Other: to T.F. Green State Airport

Note: Additional services can be found by taking this airport access route approximately 1 mile to US Route 1 (Post Road).

Exit 12 (28) - RI 13, Warwick

Food: Dunkin Donuts, Rhode Island Mall Food Court

Lodging: Crowne Plaza Hotel, Holiday Inn

State Listings – Rhode Island

Gas: Shell^D, Sunoco, Texaco^D
Shopping: Rhode Island Mall

Exit 11 (28) - Junction I-295, Woonsocket (this is a northbound exit only to a limited access highway)

Exit 10A/B (27) - RI 117, Warwick

Medical: to Kent Hospital

Exit 9 (25) - RI 4, Kingston, East Greenwich, Narragansett (this exit is to a limited access highway)

Exit 8A/B (24) - RI 2, to RI 4, West Warwick, East Greenwich (this exit is difficult to reenter)

Food: 99 Restaurant, Applebee's, Denny's, Dunkin Donuts, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Sunoco and Texaco), Outback Steakhouse, Panera Bread, Papa Gino's, Ruby Tuesday, The Peppermill, Weathervan Seafoods, Wendy's
Lodging: Comfort Suites, Extended Stay America, Fairfield Inn, Springhill Suites
Gas: Gulf, Shell^D, Sunoco^D, Texaco^D,
Shopping: Best Buy, Lowe's, Goodyear, Pep Boys, Stop 'n Shop Supermarket, Walgreen Drug
Other: to East Greenwich Golf and Country Club
Note: Additional services are available west beyond the 3rd traffic light

Exit 7 (22) - Coventry, West Warwick

Food: Applebee's, Cracker Barrel, Denny's, Wendy's
Lodging: Hampton Inn
Gas: BJ Gas^D, Mobil^D
Shopping: BJ Wholesale Club

Exit 6 (19) - RI 3, West Greenwich, Coventry

Food: Bess Eaton Donuts, Dunkin Donuts, Mini-Mart (at Texaco), Salvatories (at Congress Inn), Tim Horton
Lodging: Best Western, Congress Inn, Super 8
Gas: Shell^D, Sunoco^D, Texaco^D
Other: Park & Ride

Exit 5A/B (14) - RI 102, North Kingston, Foster

Lodging: Classic Motor Inn
Gas: Mobil^D, Rhode Island Truck Plaza^D
Camping: Oak Embers (1/2 mile southeast on RI 102, then 1 mile south on US 1, then west 5.5 miles on RI 165, then north 2 miles on Escoheag Hill Road)



Rest Area (11)
No services

Exit 4 (10) - RI 3, to RI 165, Arcadia, Exeter (this is a northbound exit only, with reentry southbound only)

Other: to Dawley State Park

State Listings – Rhode Island

Kingston Area Radio Stations					
WRIU	90.3	FM	Variety	WWRX	103.7 FM Rock
WOTB	100.3	FM	Jazz		

Exit 3A/B (8) - RI 138, Kingston, Wyoming

- Food: Applebee's, Bess Eaton Donuts, Bickford's Family Restaurant, Dunkin Donuts, McDonald's, Mini-Mart (at Gulf and Sunoco), Subway, Tim Horton, Village Pizza, Wendy's
- Lodging: Howard Johnson
- Gas: Exxon, Mobil, Sunoco, Texaco, Valero
- Camping: Greenwood Hill Family Campground (4 miles west on RI 138)
Whispering Pines Campground (1.5 miles west on RI 138, then ½ mile north on Saw Mill Road)
- Shopping: Big A Auto Parts, Stop 'n Shop Supermarket
- Other: State Police



Rhode Island Welcome Center (9) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Public Telephones

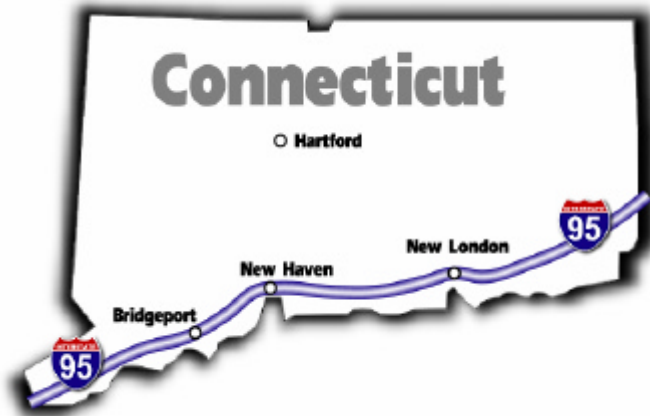
Exit 2 (5) - - Hope Valley, Alton

- Other: to Enchanted Forest of Rhode Island, Fenner Hill Golf Club, Lindbrook Golf Club, Richmond Country Club

Exit 1 (1) - RI 3, Hopkinton, Westerly

- Camping: Frontier Family Camper Resort (1/4 mile south on RI 3, then ¼ mile east on Frontier Rd., then ¼ mile north on Maxson Hill Road)
- Medical: to Hospital

State Listings – Connecticut



I-95 Connecticut

Exit Numbers for Connecticut's portion of Interstate 95 are based on the consecutive number system beginning at the New York/Connecticut border.

Connecticut Rules of the Road

Overnight Parking Locally Controlled

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Driver & Front Seat Passenger Belts Required

Child Restraints Required Under 4

Radar Detectors Permitted

Sate Listings – Connecticut

Exit 93 (111) - CT 216, Clarks Falls, Ashaway, Rhode Island

Food: McDonald's, Mini-Mart (at Citgo, Republic and Texaco), Tim Horton
Lodging: Budget Inn, Stardust Motel
Gas: Citgo^D, Shell, Republic^D, Texaco^D



Connecticut Welcome Center (110) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Public
Telephones

Exit 92 (108) - CT 2, CT 49, North Stonington, Pawcatuck (this exit is difficult to reenter)

Lodging: Cedar Park Inn & Suites, Hilltop Inn
Gas: Shell, Sunoco
Camping: Highland Orchards Resort Park (1/4 mile north on CT 2, then 1 mile northeast on service road, then ¼ mile north on CT 49)
Other: to Elmridge Golf Course

Exit 91 (104) - CT 234, North Main Street, Stonington

Medical: to Hospital
Other: to Pequot Golf Club, Stonington Country Club

Exit 90 (101) - CT 27, Mystic Aquarium, Mystic Seaport

Food: Ashby's Restaurant, Bickford's Family Restaurant, Copperfield's Restaurant, Domino's Pizza, Dunkin Donuts, Friendly's, Go Fish, Jamm's Restaurant, Kitchen Little, McDonald's, Mini-Mart (at Texaco), Newport Creamery, Peking Tokyo, Pizza Grille, Quizno's, Sea View Snack Bar, Starbucks, Steak Loft, Subway, Ten Clams, Village Beanery, Wharf Restaurant
Lodging: AmeriSuites, Best Western, Comfort Inn, Days Inn, EconoLodge, Hilton Inn, Howard Johnson, Hyatt Place Mystic, Old Mystic Motor Lodge, Residence Inn, Seaport Motor Inn
Gas: Mobil, Shell^D, Texaco
Shopping: Olde Mystic Village
Camping: Seaport Campground (1.5 miles north on CT 27, then ½ mile east on CT 184)
Other: to Mystic Aquarium, Mystic Area Information Center, Mystic Seaport, Mystic Village Cinema
Note: The area accessible from this exit is a major commercial business district specializing in tourist-related activities. Numerous attractions, shopping and food services are located off this exit.

Exit 89 (100) - Allyn Street

Exit 88 (97) - CT 117, Groton-New London Airport, Noank, Groton, Long Point

Medical: to Emergency Medical Center
Other: to Bluff Point State Park, Haley Farm State Park

Exit 87 (96) - CT 349, to US 1 North, Clarence B. Sharp Highway (access to a limited access highway)

Other: to Fort Griswold State Park
Note: Services are available from this exit in Groton

Sate Listings – Connecticut

Exit 86 (95) - CT 184, CT 12, U.S. Submarine Base, Gale Ferry (northbound motorists exit to the left, reenter southbound only)

- Food: 99 Restaurant, Applebee's Neighborhood Grill and Bar, Flanagan's, Fun 'N Food Clam Bar, Golden Corral, Golden Cup Restaurant, International House of Pancakes, Kentucky Fried Chicken, Marcie's Pancake House, McDonald's, Olio Restaurant, Ortega's Restaurant, Peking Kitchen, Russell's Ribs, Taco Bell
- Lodging: Best Western, Clarion Inn, Hampton Inn, Groton Inn & Suites, Morgan Suites, Super 8 Motel
- Gas: Hess, Shell^D
- Shopping: Kohl's, Stop & Shop Supermarket, WalMart
- Other: to U.S. Navy Submarine Base, Submarine Library

Exit 85 (95) - US 1 North, Thames Street, Downtown Groton (reenter southbound only)

- Food: Dano's Grinders, Norm's Diner, Ortega's Restaurant
- Lodging: Hampton Inn
- Gas: Citgo^D, Hess, Shell^D
- Note: Additional services are available in Downtown Groton



NOAA Weather Radio
New London 162.550 mhz

Exit 84 (93) - CT 32, Downtown New London, Norwich (this is a southbound exit only, reenter northbound only)

- Lodging: Radisson Hotel
- Other: to U.S. Coast Guard Academy

Exit 83 (93) - CT 32, New London, Downtown, Norwich, Frontage Road (this is a southbound exit to Coleman Street only)

- Food: Burger King, Cascades (at Holiday Inn), Chili's Grill & Bar, Chuck E Cheese, Golden Wok, McDonald's, Mini-Mart (at Mobil), New London Mall Food Court, Papa Gino's, Pizza Hut, Red Lobster, Taco Bell
- Lodging: Fairfield Suites, Holiday Inn, Red Roof Inn, SpringHill Suites
- Gas: Gulf, Sunoco
- Shopping: AutoZone, Brooks Drugs, Filene's, Home Depot, JC Penny, Macy's, Marshall's, New London Mall, Sears

Exit 82A (92) - CT 85, New London, Frontage Road (this is a northbound exit to Coleman Street only)

- Food: Burger King, Cascades (at Holiday Inn), Chili's Grill & Bar, Chuck E Cheese, First Wok, Golden Wok, Gridlock Grill, Kelly's Coffeeshouse, McDonald's, Mini-Mart (at Mobil), New London Mall Food Court, Olive Garden, Outback Steakhouse, Panda Buffet, Papa Gino's, Pizza Hut, Red Lobster, Ruby Tuesday, Taco Bell, Tim Horton, Wendy's
- Lodging: Fairfield Suites, Holiday Inn, Red Carpet Inn & Suites, Red Roof Inn, Relax Inn, SpringHill Suites
- Gas: Mobil, Sunoco
- Shopping: AutoZone, Brooks Drugs, Filene's, Home Depot, JC Penny, Macy's, Marshall's, New London Mall, Sears, Staples

State Listings – Connecticut

New London area radio stations					
WNPR	89.1	FM	Classical	WBAZ	101.7 FM Light Hits
WCNI	91.1	FM	Variety	WVVE	102.3 FM Oldies
WCTY	97.7	FM	Country	WQGN	105.5 FM Top 40
WTYD	100.9	FM	Light Hits		

Exit 82 (92) - CT 85, Waterford, Broad Street

- Food: Arby's, Gee Bee Dairy Restaurant, Burger King, Crystal Mall Food Court, Dairy Queen, D'Angelo's, Dunkin Donuts, Panera Bread, Ruby Tuesday, Subway, Wendy's
- Gas: Mobil
- Shopping: Crystal Mall, Home Depot, JC Penny, Macy's, Marshall's, Sears, Target
- Medical: to Hospital
- Note: Additional services available east on Broad Street to New London

Weigh Station (91) (both directions)

Exit 81 (90) - Cross Road

- Food: McDonald's
- Lodging: Lamplighter Motel
- Shopping: Bob's Store, BJ's Wholesale Club, Wal-Mart

Exit 80 (89) - Oil Mill Road (this is a southbound exit only)

- Note: Reaccess must be via Parkway North to Exit 81 only

Exit 76 (88) - Junction I-395 North, Norwich, Plainfield (this exit is to a limited access highway)

- Exit 75 (88) - US 1, Waterford
- Medical: to Hospital

Exit 75 (88) – US 1, to Waterford

Exit 74 (87) - CT 161, Flanders, Niantic

- Food: Bickford's Family Restaurant, Burger King, Dunkin Donuts, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Citgo, Exxon and Shell), Wendy's
- Lodging: Best Western Hilltop Inn, Connecticut Yankee Inn, Days Inn, Motel 6, Ramada Inn
- Gas: Citgo, Exxon, Mobil, Shell, Sunoco^D
- Camping: Aces High RV Park (3 miles on CT 161 on the left)
- Shopping: Brooks Drug, IGA Supermarket, National Tire Warehouse, Tru-Value Hardware
- Other: to East Lyme Tourist Information Center

Exit 73 (86) - Society Road

Exit 72 (84) - Rocky Neck State Park (this exit is to limited access highway)

- Camping: Rocky Neck (follow signs to park)
- Other: to Rocky Neck State Park

Exit 71 (84) - Four Mile River Road

- Other: Park and Ride

Sate Listings – Connecticut

Exit 70 (79) - US 1, CT 156, Old Lyme (this exit is difficult to reenter)

Food: Old Lyme Inn
Lodging: Old Lyme Inn
Gas: Shell^D, Texaco^D
Shopping: A&P Supermarket, Drug Store
Other: to Great Island, Park and Ride

Exit 69 (78) - CT 9 North, Essex, Hartford (this exit is to a limited access highway)

Exit 68 (77) - US 1, Old Saybrook (this is a southbound exit only)

Food: Burger King, Pat's Country Kitchen, Pizza Hut, Steak loft, Subway, Two Brothers Pizza
Lodging: Liberty Inn, Old Saybrook Motor Inn
Gas: Citgo^D, Mobil^P, Texaco

Exit 67 (76) - CT 154, Old Saybrook, Elm Street (reenter southbound only from this exit)

Food: Burger King, Pat's Country Kitchen, Pizza Hut, Steak loft, Subway, Two Brothers Pizza
Lodging: Liberty Inn, Old Saybrook Motor Hotel
Gas: Citgo, Mobil^D, Texaco
Note: Additional services are available east on CT 154

Exit 66 (74) - CT 166, Spencer Plain Road

Food: Aleia's, Alforno Ristorante and Brick Oven Pizzeria, Angus Steak House, Cuckoo's Nest Mexican Food, Dunkin Donuts, Paesan's Pizza, Pizza Hut
Lodging: Days Inn, Heritage Motor Inn, Sandpiper Motor Inn, Saybrook Motor Inn, Super 8
Gas: Citgo^D, Mobil^P
Other: to Westbrook Welcome Center



Rest Area (74)

Public Rest Rooms, Travel Information, Picnic Area, Public Telephones

Exit 65 (73) - CT 153, Westbrook

Food: Dunkin Donuts, Denny's, Subway
Lodging: Sandpiper Motor Inn
Gas: Exxon
Shopping: Westbrook Factory Stores
Medical: Emergency Medical Facilities
Other: State Police, Westbrook Cinema

Exit 64 (71) - CT 145, Horse Hill Road

Note: Services are available on CT 145 East in Madison

Exit 63 (69) - CT 81, Clinton, Killingworth

Food: Bristol Café, Cold Stone Creamery, Friendly's, McDonald's, Mini-Mart (at Shell)
Gas: Shell
Shopping: Clinton Crossing Premium Outlets, Commercial Area

Sate Listings – Connecticut

Exit 62 (66) - Hammonasset State Park

- Camping: Riverdale Farm Campsites (200' north on Hammonasset, then ½ mile east on Duck Hole Road, then 2 miles north on River Road)
River Road Campground (200' north on Hammonasset, then ½ mile east on Duck Hole Road, then ½ mile north on River Road)
Hammonasset Beach State Park (follow signs to park)
Other: to Hammonasset Beach State Park



Madison Service Area (66) accessible to northbound motorists only **Public Rest Rooms, Handicapped Facilities**

- Food: McDonald's
Gas: Mobil^P

Exit 61 (65) - CT 79, Madison, North Madison

- Food: McDonald's, Mini-Mart (at Citgo and Gulf), Panda House, Starbucks, Subway
Gas: Citgo, Gulf, Shell, Sunoco
Shopping: CVS Drugs
Medical: Emergency Medical Care
Note: Services are available on CT 79 East in Madison

Exit 60 (64) - Mungertown Road (this is a southbound exit only, with reentry northbound only)

Exit 59 (61) - Guilford, Goose Lane

- Food: Dunkin Donuts, Friendly's, McDonald's, Mini-Mart (at Citgo, Mobil and Texaco), Wendy's
Lodging: Comfort Inn, Tower Motel
Gas: Citgo, Mobil, Shell^P, Sunoco, Texaco^P

Exit 58 (60) - North Guilford

- Food: Friendly's, Subway
Gas: Getty, Mobil
Shopping: CVS Drugs
Other: Henry Whitfield State Museum

Exit 57 (59) - US 1, Guilford

- Note: Services are available in Guilford

Exit 56 (56) - to CT 146, Branford

- Food: Dunkin Donuts, Friendly's, Mini-Mart (at Mobil and Sunoco), U.S.S. Chowder Pot III
Lodging: Advanced Motel, Best Value Inn, Ramada Limited
Gas: 76^P, Berkshire^P, Mobil, Sunoco
Shopping: Stop 'n Shop Supermarket
Medical: to Coastline Medical Center
Other: TA Travel Center

Sate Listings – Connecticut

Exit 55 (55) - US 1, Branford

Food: 7-11, August Moon Japanese Restaurant, Dunkin Donuts, Gourmet Wok, Hole-in-the-Wall Deli, Marco Pizzeria, McDonald's, Mini-Mart (at Citgo and Texaco) , Salerno Pizza, Su Casa Mexican Restaurant, Subway

Lodging: Days Inn, Holiday Inn Express, Knights Inn, Motel 6

Gas: Citgo, Exxon^D, Mobil^D, Sunoco, Texaco

Shopping: Walgreen Drug

Other: Hoyts Cinema

Note: Additional services are available west in Branford

Exit 54 (53) - Branford, Cedar Street

Food: Born in America Restaurant and Pizza Kitchen, Dunkin Donuts, Krauszer's, La Luna Ristorante, Lion City Chinese Restaurant, Mini-Mart (at Mobil),

Gas: Citgo, Mobil



Branford Service Area (53)

Public Rest Rooms, ATM

Food: McDonald's

Gas: Mobil^P

Other: ATM, Yankee 24

Exit 53 (51) - US 1 – Branford Connector (this exit is difficult to reenter northbound)

Shopping: Wal-Mart

Exit 52 (50) - CT 100, East Haven (this is a southbound exit only)

Gas: Citgo

Other: to Tweed-New Haven Airport, Trolley Museum

Exit 51 (50) - US 1, Lighthouse Point, Frontage Road

Food: Boston Market, Chili's Grill & Bar, Dunkin Donuts, Friendly's, McDonald's, Wendy's

Lodging: Holiday Inn Express

Gas: Citgo, Hess, Gulf, Mobil, Texaco, Sunoco

Shopping: K-Mart, Toys R Us

Other: Tourist Info Center

Exit 50 (50) - Woodward Avenue (this is a northbound exit only, with reentry southbound only)

Gas: Citgo

Other: to Airport, US Naval Reserve, Fort Nathan Hale

Exit 49 (49) - Stiles Street (this is a northbound exit only, with reentry southbound only)

Food: American Food Mart

Gas: Gulf

Exit 48 (48) - Junction I-91 North, Hartford (this exit is to a limited access highway)

Sate Listings – Connecticut

Exit 47 (47) - CT 34, Downtown New Haven (this exit is to a limited access highway)

Lodging: Fairfield Inn, Howard Johnson
Gas: Mobil^P, Shell, Texaco
Medical: to Yale-New Haven Hospital
Other: to Yale University

Exit 46 (46) - Long Warf Drive, Sargent Drive

Food: Dunkin Donuts, Rusty Scupper Restaurant
Lodging: Fairfield Inn, Howard Johnson
Gas: Mobil^D
Medical: to Yale-New Haven Hospital
Other: Tourist Info Center

Exit 45 (46) - CT 10, Boulevard (this is a southbound exit only)

Food: Dairy Queen, Dunkin Donuts, McDonald's, Mini-Mart (at Amoco), Wendy's
Lodging: Super 8
Gas: Amoco, Exxon, Getty, Mobil
Note: Heed signs. Exit 45 merges with Exit 44 West

Exit 44 (45) - CT 10, Kimberly Avenue

Food: Dairy Queen, Dunkin Donuts, McDonald's, Mini-Mart (at Amoco), Wendy's
Lodging: Super 8
Gas: Amoco, Exxon, Getty, Mobil

Exit 43 (44) (this is a northbound exit only) - Downtown West Haven (No Trucks Allowed), difficult reaccess

Food: McDonald's
Gas: BP, Mobil
Shopping: ShopRite Supermarket
Medical: to Hospital
Other: to University of New Haven

Exit 43 (44) (this is a southbound exit only) - CT 122, First Avenue

Gas: Amoco, Citgo

Exit 42 (43) - CT 162, Saw Mill Road

Food: 7-11, American Steakhouse, D'Angelo's, Denny's, Dunkin Donuts, Friendly's, Pizza Hut, Sydney's Café, Texas Roadhouse
Lodging: Best Western Executive Hotel, Days Hotel, EconoLodge, Yankee Inn
Gas: Mobil, Shell
Shopping: Staples

Exit 41 (42) - Marsh Hill Road, Orange

Food: Jacob Marley's, On the Border Mexican Grill, Outback Steak House, TGI Friday's
Lodging: Courtyard
Other: Showcase Cinema

Sate Listings – Connecticut



Orange Service Area (41)

Public Rest Rooms

Food: Denny's, McDonald's

Gas: Mobil^P

Exit 40 (40) - Old Gate Lane, Woodmont Road, Milford

Food: Bennigan's Irish American Grill & Tavern, Cracker Barrel, D'Angelo's Subs, Duchess Family Restaurant, Dunkin Donuts, Friendly's, Gippers Restaurant and Ale House, Pizzaria Uno, Wendy's

Lodging: Best Value Inn, Comfort Inn, Mayflower Motel, Milford Inn

Gas: Citgo^D, Getty^D, Gulf^D, Mayflower^D, Pilot^D, Shell, Sunoco

Shopping: Connecticut Post Mall, Filene's, JCPenney, Sears, Super Stop n' Shop Supermarket

Other: to Jai Alai Fronton

Note: Southbound traffic take 1st right for all of the above services

Exit 39A/B (39) - US 1

Food: Baskin-Robbins Ice Cream, Burger King, Chili's Grill & Bar, Cumberland Farms, Dunkin Donuts, Friendly's, Hooter's, Kentucky Fried Chicken, Little Caesar's Pizza, Miami Subs, McDonald's, Moe's Southwest Grill, Nathan's, Pizzaria Uno, Starbucks, Subway, Taco Bell, Uno Bar and Grill, Wendy's

Lodging: Connecticut Turnpike Motel, Honeyspot Motor Inn, Howard Johnson, Milford Inn, Super 8 Motel

Gas: Gulf^D, Mobil

Shopping: Connecticut Post Mall, JC Penny, Linens 'n Things, Super Stop 'n Shop Supermarket, Target, Walgreen's

Medical: to Milford Hospital

Exit 38 (37) - CT 15, Merritt Parkway, West Cross Parkway (this exit is to a limited access highway)

Exit 37 (37) - High Street (this is a northbound exit only, with reentry southbound only)

Food: 7-11, Roy Rogers

Lodging: Shoreline Motel

Gas: Gulf, Mobil, Shell

Exit 36 (37) - Plains Road, Stratford

Food: Mini-Mart (at Sunoco)

Lodging: Hampton Inn

Gas: Exxon^D, Sunoco^D

Medical: to Hospital

Exit 35 (36) - School House Road, Bic Drive

Food: Denny's, Subway, Wendy's

Lodging: Fairfield Inn, Red Roof Inn, Residence Inn, SpringHill Suites

Gas: Citgo

Sate Listings – Connecticut

Exit 34 (35) - US 1, Milford

Food: Baskin Robbins Ice Cream, Burger King, Denny's, Dunkin Donuts, Honeyspot
Pizza, Marmara Diner, McDonald's, Pit Stop Café, Subway, Taco Bell
Lodging: Devon Motel, Liberty Rock Motel
Gas: Getty, Gulf, Shell
Shopping: Dollar Tree, K-Mart, Phil's Pharmacy
Other: to Wilcox Park

Exit 33 (34) - US 1, CT 110, Ferry Boulevard, Devon (this is a northbound exit only, with reentry southbound only)

Food: Danny's Drive In, McDonald's, Mini-Mart (at Exxon), Harborside Bar and Grill,
Ponderosa Steak House, Redfin Restaurant
Gas: Exxon^D, Shell^D, Sunoco
Shopping: Blockbuster Video, Home Depot, Jo-Ann Crafts, Marshall's, Osco Drugs,
Pathmark Drug, Shaw's Supermarket, Staples, Super Stop 'N Shop
Supermarket, Walgreen Drug, Wal-Mart

Exit 32 (33) - East Broad Street, Stratford

Food: Acropolis Pizza Family Restaurant, Dunkin Donuts, Mini-Mart (at Gulf),
Pepin's Restaurant
Gas: Amoco, BP, Getty, Gulf
Other: Cinema, to Judson House & Museum, American Shakespeare Theater,
Helicopter Museum, Railroad Station

Exit 31 (32) - Honeyspot Road

Lodging: Camelot Motel, Honeyspot Motel, Howard Johnson
Gas: Gulf
Other: to AAA Office

Exit 30 (31) - CT 113, Lordship Boulevard, Bridgeport

Food: Copperfield's Restaurant (at Ramada Inn)
Lodging: Ramada Inn
Gas: Citgo^D, Shell, Sunoco^D
Other: to Bridgeport Municipal Airport

Exit 29 (30) - Lafayette Boulevard, Stratford Avenue (this exit is difficult to reenter)

Gas: Citgo, Mobil
Shopping: Family Market
Medical: to Hospital
Other: Greyhound Track

Exit 28 (29) - Pembroke Street (northbound off only, difficult reaccess southbound)

Food: Cancha Restaurant, Morla Restaurant
Gas: BP
Other: Bridgeport Jai Alai

Sate Listings – Connecticut

Exit 27 (29) - CT 25, CT 8, Trumbull West, East Main Street, Bridgeport (exit to a limited access highway)

Other: to State Police, Transportation Center, to Beardsly Zoological Gardens and Beardsley Park via CT 25, to Barnum Museum

Exit 26 (28) - Woodin Avenue, Downtown Bridgeport

Exit 25 (27) - State Street (this is a northbound exit only)

Food: McDonald's

Gas: Getty, Gulf

Shopping: Fairfield Market, Stop 'N Shop Supermarket

Exit 24 (26) - Black Rock Turnpike

Food: Antonio's Italian Restaurant, Black Rock Oyster Bar and Grill, Cumberland Farms, D'Angelo's Subs

Gas: Gulf^D

Lodging: Best Western Black Rock Inn, Spinning Wheel Inn

Shopping: BJ's Wholesale Club, Syms

Other: Fairfield Cinemas

Exit 23 (25) - US 1, Kings Highway (this is a southbound exit only, with reentry northbound and southbound)

Food: McDonald's

Gas: Sunoco^D

Shopping: Linens & Things, Home Depot, Super Stop 'N Shop Supermarket

Exit 22 (25) - North Benson Road, CT 135

Food: Mama Mia's Family Restaurant, Panda Pavilion Restaurant, Tony D's Café

Gas: Sunoco

Shopping: CVS, Brook's Pharmacy, Marshall's



Bridgeport Service Area (25)

Public Rest Rooms

Food: Food Court, McDonald's

Gas: Mobil^P

Exit 21 (24) - Mill Plain Road

Food: Dairy Queen, McDonald's, Subway

Lodging: Fairfield Inn, Howard Johnson

Gas: Citgo, Mobil, Shell

Shopping: Brooks Drugs, Midas Muffler, Stop 'n Shop Supermarket

Medical: to Emergency Medical Care

Exit 20 (22) - Bronson Road (this is a southbound exit only, with reentry northbound only)

Exit 19 (21) - Center Street, Southport (this exit is difficult to reenter southbound)

Food: Athena Restaurant, Dunkin Donuts, Mini-Mart (at Texaco)

Gas: Shell^D, Sunoco, Texaco

Other: to Railroad Station, US Post Office

Sate Listings – Connecticut

Exit 18 (20) - Sherwood Island State Park

Other: to State Police, Sherwood Island State Park

Exit 17 (17) - CT 33, CT 136, Westport, Saugatuck

Food: Bonda Restaurant, Conte's Restaurant, Black Duck Café, Derosa's Italian Restaurant, Doc's Café, Dunville's Restaurant, Jasmine Restaurant, Mario's Place, Roly Poly Sandwiches, Tarantino Restaurant and Bar, Viva Zapata Mexican Restaurant

Gas: Mobil

Shopping: Weston Market

Other: to Railroad Station

Exit 16 (16) - East Norwalk

Food: Baskin Robbins, Dunkin Donuts, McDonald's, Mike's Deli, Penny's Diner

Gas: BP, Shell^P, Texaco

Shopping: Norwalk Outlet Center, Rite-Aid Drug, TJ Maxx

Other: to Seaview Park

Exit 15 (15) - US 7, Norwalk, Danbury (this is a northbound exit to a limited access highway)

Medical: to Norwalk Hospital

Other: Norwalk Police Dept.

Exit 14 (14) - South Norwalk (this is a southbound exit only, with reentry northbound and southbound)

Food: Carvel Ice Cream, China King, Cosmo's Pizza, Pizza Hut, Post Road Diner, Rio Border Café, Silver Star Restaurant and Diner, Terillo's Italian Restaurant, Victoria's Italian Deli

Gas: Amoco, BP, Gulf, Sunoco, Texaco

Shopping: Barnes & Noble Books, Circuit City, CompUSA, Shop Rite, Stop 'N Shop Supermarket

Exit 13 (13) - US 1, Post Road

Food: Bertucci's Brick Oven Pizza, Burger King, Cookhouse, Duchess Family Restaurant, Dunkin Donuts, Friendly's, International House of Pancakes, McDonald's, Kentucky Fried Chicken, Pasta Fair, Wendy's

Lodging: DoubleTree, Holiday Inn

Gas: Amoco, Shell

Shopping: Barnes & Noble, Costco, Pier One Imports, ShopRite Supermarket, TJ Maxx, Trader Joe's, Wal-Mart



Darien Service Area (12) accessible to northbound motorists only

Public Rest Rooms

Food: McDonald's

Gas: Mobil^P

Exit 12 (12) - CT 136, Tokeneke Road, Rowayton (this is a northbound exit only, with reentry southbound only)

Note: Services available east on CT 136 to US Route 1

Sate Listings – Connecticut

Exit 11 (11) - US 1, Boston Post Road, Darien

Food: Black Goose Grill, Chuck's Steak House, Fuji Family Restaurant, Melting Pot Restaurant, Uncle Joe's
Lodging: Howard Johnson
Gas: Amoco, BP, Citgo, Exxon, Scot
Other: to Cinema, Darien Playhouse, Railroad Station

Exit 10 (10) - Norwalk

Food: Jake's Place
Gas: Getty, Mobil, Shell
Shopping: Stop 'N Shop, Walgreen's
Medical: to Emergency Medical Care
Other: to Railroad Station



Norwalk Service Area (11) accessible to southbound motorists only Public Rest Rooms

Food: McDonald's
Gas: Mobil^P

Exit 9 (9) - US 1, NY 106, Glenbrook, Stamford

Food: Blimpie Subs, India Place, McDonald's
Lodging: Stamford Motor Lodge
Gas: Gulf
Shopping: Fairlawn Drug
Other: to Cove Island Park

Exit 8 (8) - Atlantic Street

Food: Atrium Bar & Grill (at Holiday Inn), Bennett's Steak & Fish, Bristol Café (at Holiday Inn), Taco Bell
Lodging: Budget Hospitality Inn, Holiday Inn Select, Marriott, Ramada Inn
Gas: Exxon, Mobil
Medical: to Hospital

Exit 7 (7) - CT 137, Greenwich Avenue

Lodging: Sheraton Inn
Shopping: Greenwich Mall, JC Penny
Other: to Bartlett Arboretum, Betsy Barnum House

Stamford area radio stations							
WRTN	93.5	FM	Light Hits	WQQQ	96.7	FM	Oldies
WEFX	95.9	FM	Rock	WFAS	103.9	FM	Adult Pop

Exit 6 (6) - Harvard Avenue

Food: Boston Market, City Limits Diner, Mini-Mart (at Getty and Shell), Subway, Taco Bell
Lodging: Days Inn, Fairfield Inn, Sheraton Stamford, Super 8
Gas: BP, Exxon, Getty, Shell
Medical: to Hospital

Sate Listings – Connecticut

Exit 5 (5) - US 1, Riverside, Old Greenwich

Food: Baang Café and Bar, Food Emporium, McDonald's, Mini-Mart (at Mobil and Shell), Riverside Deli
Gas: Mobil, Shell
Shopping: A&P Supermarket, CVS Pharmacy, Edward's Supermarket, Riverside Thruway Shopping Center, Staples
Other: to US Post Office

Exit 4 (4) - Indian Field Road, Cos Cob

Lodging: Howard Johnson
Other: to Railroad Station

Exit 3 (3) - Arch Street, Greenwich

Food: Olive Branch Café
Gas: Mobil, Texaco
Medical: to Hospital
Other: to Bruce Museum, Crown Plaza Theatres, Railroad Station

Weigh station (northbound only)

Exit 2 (2) - Delavan Avenue, Byram

State Listings – New York



I-95 New York

Exit Numbers for New York's portion of Interstate 95 are based on the consecutive number system beginning at the New Jersey/New York border.

New York RoadRules

Overnight Parking Allowed in Emergency Only

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Permitted

Riding in Truck Campers Permitted

Driver & Front Seat Passenger Belts Required

Seat Belts Required Under 10

Child Restraints Required Under 4

Radar Detectors Permitted

State Listings – New York

Note: I-95 exits approaching New York City may be difficult to use especially if you are unfamiliar with the route. In addition reaccess may be difficult. Be alert of sudden and frequent lane changes.

Exit 22 (27) - Midland Avenue, Rye

Food: Dunkin Donuts, Edgeland Deli, Edo Japanese Steakhouse, El Chaland Restaurant, Great Wall Restaurant, Michael's Pizza, Subway, Restaurant (at Courtyard)
 Lodging: Courtyard
 Gas: BP, Shell, Sunoco
 Shopping: A&P Supermarket, Home Depot, Pathmark, Staples

Exit 21 (27) - Junction I-287, US 1 North, Tappenzee Bridge (Toll), Port Chester

Exit 20 (26) - US 1 South, Rye

Food: Aurora Restaurant, Black Bass Grill, Café Livorno, Cicico Philly Cheese Steak, Cold Stone Creamery, Frankie & Jonnie's, Mug Ale House, Poppi's Café, Ruby's Oyster Bar, Rye Grill & Bar, Starbucks, Subway, Sunrise Pizza, Water Moon

Exit 19 (24) - Rye, Harrison, Playland Parkway (this exit is difficult to reenter)

Exit 18B (22) - Mamaroneck Avenue, White Plains

Other: to Saxon Woods Park, Saxon Woods Golf Club

Exit 18A (21) - Fenimore Road, Mamaroneck (this is a southbound exit only)

Gas: Shell
 Shopping: CVS Drugs
 Other: to Bonnie Briar Golf Club, Quaker Ridge Golf Club, Winged Foot Golf Club

New York City Area Radio Stations						
WBGO	88.3	FM	Jazz	WQCD	101.9	FM Jazz
WKCR	89.9	FM	Variety	WNEW	102.7	FM Rock
WNYU	89.1	FM	Rock	WYNY	103.5	FM Country
WHCR	90.3	FM	Variety	WNCN	104.3	FM Classical
WFUV	90.7	FM	Variety	WNSR	105.1	FM Adult Pop
WNYE	91.5	FM	Variety	WNWK	105.9	FM Variety
WXRK	92.3	FM	Rock	WLTW	106.7	FM Adult Pop
WPAT	93.1	FM	Light Hits	WBLS	107.5	FM R&B
WNYC	93.9	FM	Classical	WFAN	660	AM Talk
WFME	94.7	FM	Religion	WOR	710	AM Talk
WPLJ	95.5	FM	Top 40	WABC	770	AM Talk
WQXR	96.3	FM	Classical	WNYC	820	AM Talk
WQHT	97.1	FM	Top 40	WCBS	880	AM News
WSKQ	97.9	FM	Spanish	WINS	1010	AM News
WRKS	98.7	FM	R&B	WEVD	1050	AM Light Hits
WBAI	99.5	FM	Variety	WNEW	1130	AM Adult Pop
WHTZ	100.3	FM	Top 40	WQXR	1560	AM Classical
WCBS	101.1	FM	Oldies			

State Listings – New York

Exit 17 (19) - Murray Avenue, Chatsworth Avenue, Larchmont (reenter southbound only from this exit)

Toll Booths (18) - both directions

Exit 16 (17) - North Avenue, Cedar Street, New Rochelle

Food: B.C. Stones Restaurant (at Ramada Plaza Hotel), Coyote Flaco Mexican Restaurant, Domino's Pizza, Macmenamin's Grill, taco Bell, Pizza Hut
Lodging: Radisson Hotel, Ramada Plaza Hotel, Residence Inn
Gas: Sunoco
Shopping: CVS Drugs, New Rochelle Mall, Stop 'N Shop Supermarket
Medical: to Hospital
Note: Additional services are available on North Avenue as well as US 1 north and south

Exit 15 (16) - US 1, Boston Post Road, New Rochelle, The Pelhams

Food: Augstino's Italian Restaurant, Edo Restaurant, Modern Pizza, Number One Chinese Restaurant, Rangoli Indian Restaurant, Thruway Diner
Gas: Getty^D, Pitstop^D
Shopping: Costco, CVS Drugs, Home Depot
Other: to Glen Island Park, Pelham Country Club
Note: Additional services are available north and south on US 1

Exit 14 (14) - Junction Hutchinson River Parkway (this exit is to a limited access highway)

Exit 13 (13) - Conner Street, Mt. Vernon, Bronx

Food: Best Chinese Restaurant, Cozy Cottage Restaurant, Domino's Pizza, McDonald's, Mingles, Neo's Pizza
Lodging: Andrea Motel, EconoLodge, Holiday Motel, Town and Country Motel
Gas: Amoco, BP, Gulf^D
Medical: to Hospital

Exit 12 (12) - Baychester Avenue, Bronx

Exit 11 (11) - Bartow Avenue, Co-op City Boulevard, Bronx

Food: Applebee's Neighborhood Grill and Bar, Bagle café, Bartow Pizza, Baskin Robbins, Burger King, Checker's, Dragon City, Eddy's Tacos, Hollywood Bar and Grill, Little Caesar's Pizza, Ponderosa Steakhouse, Popeye's Chicken, Red Lobster, Section 5 Pizza
Gas: BP, Citgo, Gulf, Mobil, Shell, Sunoco^D
Shopping: A&P Supermarket, Barnes and Noble, Bay Plaza Mall, Bravo Supermarket, JC Penny, K-Mart, Marshall's, Old Navy, Pathmark Drug, Rite Aid

Exit 10 (10) - Gun Hill Road, Bronx (northbound exit only)

Food: Chuck E Cheese, Dunkin Donuts, Eastern Wok, Hollywood Bar and Grill, Pelham Bay Diner
Lodging: Pelham Gardens Motel
Shopping: Home Depot

State Listings – New York

Exit 9 (10) - Junction Hutchinson River Parkway (this exit is to a limited access highway)

Exit 8C (10) - Pelham Parkway West, Bronx

Exit 8B (9) - Orchard Beach, City Island, Bronx

Exit 8A (9) - Westchester Avenue, Bronx

Exit 7C (9) - Country Club Road, Pelham Bay Park (northbound exit only)

Exit 7B (8) – Bruckner Boulevard (southbound exit only)

Gas: Citgo^D, Mobil

Exit 7A (8) – Junction I-695, to I-295 South, Throgs Neck Bridge (southbound exit only exit to a limited access highway)

Exit 6B (7) - Junction I-295 South, Cross Bronx Expressway, Throgs Neck Bridge (this exit is to a limited access highway)

Exit 6A (7) - Junction I-678 South, Whitestone Expressway, Bronx-Whitestone Bridge (this exit is to a limited access highway)

Other: to John F. Kennedy International Airport (via Van Wyck Expressway), LaGuardia Airport

Exit 5B (6) - Castle Hill Avenue, Bronx

Food: McDonald's

Gas: Sunoco

Exit 5A (6) - White Plains Road, Westchester Avenue, Bronx

Exit 4B (5) - Rosedale, Bronx River Parkway (this exit is to a limited access highway)

Gas: Mobil

Exit 4A (4) - Junction I-895, Sheridan Expressway, Triboro Bridge

Exit 3 (3) - Arthur Avenue

Lodging: Cross Bronx Motel

Medical: to Hospital

Exit 2B (3) - Webster Avenue, US 1

Medical: to Hospital

Exit 2A (2) - Jerome Avenue

Food: Dunkin Donuts

Lodging: Jerome Motel

Exit 1C (1) - Junction I-87, Deegan Expressway, Upstate, Triboro Bridge (this exit is to a limited access highway)

Exit 1B (1) - Harlem River Drive, Amsterdam Avenue

Note: The east side of Manhattan is accessible from this exit.

State Listings – New York



NOAA Weather Radio

New York City 162.550 mhz

Exit 1A (0) - Henry Hudson Parkway, NY 9A, George Washington Bridge (Toll)

Medical: to Hospital

Note: The west side of Manhattan is accessible from this exit.

State Listings – New Jersey



I-95 New Jersey

Exit Numbers for the New Jersey's portion of Interstate 95 are based on the consecutive number system. However there is a portion of I-95 yet to be built so exit designations may be subject to change.

New Jersey Rules of the Road

Overnight Parking Allowed

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Permitted

Riding in Truck Campers Permitted (Some Exceptions)

Driver & Front Seat Passenger Belts Required

Child Restraints Required Under 5

Radar Detectors Permitted

State Listings – New Jersey

Exit 74 – Palisades Parkway, NJ 505

Lodging: Econolodge

Exit 73 - NJ67, Lemoine Avenue, Fort Lee, George Washington Bridge, Coytesville

Toll Booths – Northbound only

Exit 72 - US 9, US 1, US 46, Fort Lee, Bergen Boulevard

Food: Gloria's Deli, Kentucky Fried Chicken, Red Oak Diner

Lodging: Hilton

Shopping: CVS Drugs

Exit 71- Broad Avenue, Leonia, Englewood

Exit 70 - to NJ 93, Leonia, Teaneck, Fort Lee Road, Degraw Avenue

Lodging: Marriott at Glenpointe

Shopping: Glenpointe Centre Mall

Other: to Overpeck County Park

Exit 69 – Junction I-80, Ridgefield, to Paterson (this exit is to a limited access highway)

Exit 68 – US 46, Challenger Boulevard, Ridgefield Park

I-95 New Jersey

New Jersey Turnpike

Exit Numbers for the New Jersey Turnpike are based on the consecutive number system beginning at its southern terminus in Pennsville, New Jersey.

Exit 18 (114) - US 46, Fort Lee, George Washington Bridge, Hackensack

Note: I-95 (New Jersey Turnpike) splits into East and West legs here. The exits listed below denote the leg.

Exit 18 West (112) - Meadowlands Sports Complex

Exit 17 East (111) - NY 3, Lincoln Tunnel

Food: Blimpie Subs, Dunkin Donuts

Lodging: Courtyard, Embassy Suites, Hampton Inn, Holiday Inn, Homestead Studio Suites, Hyatt, LaQuinta Inn, Mainstay Suites, Wyndham Suites

Shopping: Kohl's, Pier One Imports

Note: Services listed for Exit 16W are also available from this exit



Vince Lombardi Service Area – accessible to northbound drivers only

Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Big Boy, Nathan's, Roy Rogers, TCBY

Gas: Sunoco^D

Other: Gift Shop

Exit 16 West (110) - NY 3, Secaucus, Rutherford, Lincoln Tunnel

Food: Blimpie Subs, Terrace Bistro (at Sheraton)

State Listings – New Jersey

Lodging: AmeriSuites, Hilton, Crowne Plaza, Econolodge, Extended Stay America, Hampton Inn, Homestead Studio Suites, Howard Johnson, LaQuinta Inn, Meadowlands Plaza Hotel, Red Roof Inn, Sheraton Meadowlands, Wyndham Suites
Gas: Hess, Shell
Shopping: CVS Drugs, Kohl's, Shopping District
Note: This exit as well as Exits 17 East and 16 East all service the Secaucus - Meadowlands Area. Services listed for Exit 17 East may also be accessed from this exit.



Alexander Hamilton Service Area (113) accessible to southbound drivers only Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Roy Rogers
Gas: Sunoco^D

Exit 16 East (110) - NY 3, Secaucus, Lincoln Tunnel

Lodging: Days Inn, Holiday Inn, Red Roof Inn
Camping: New Yorker RV Park & Campground (1 mile east on NY3, then south ½ mile on US 1/US 9 to 1st U-turn, then north 1.4 miles on US 1/US 9)
Note: This exit as well as Exits 17 East and 16 West all service the Secaucus - Meadowlands Area. Services listed for Exit 17 East may also be accessed from this exit.

Exit 15 West (106) - Junction I-280, Newark, The Oranges, Kearny (exit to a limited access highway)

Exit 15 East (104) – US 1, US 9, Newark, Jersey City

Lodging: Days Inn, Fairfield Inn, Hilton Gateway
Note: I-95 (New Jersey Turnpike) East and West legs connect here. The exits listed above denote the leg

Exit 14C (104) - Holland Tunnel

Food: Mini-Mart (at Exxon)
Gas: Exxon, Shell
Lodging: Quality Inn
Shopping: Newport Centre Mall

Exit 14B (104) - Jersey City

Exit 14A (104) – Bayonne

Lodging: Quality Inn

Exit 14 (104) - Junction I-78, US 1, US 22, Newark Airport



Admiral Halsey Service Area (102) accessible to northbound motorists only Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Roy Rogers Express
Gas: Sunoco^D

State Listings – New Jersey

Exit 13A (102) – East North Avenue, NH 81, Newark Airport, Elizabeth Seaport

- Food: McDonald's
Lodging: Courtyard, Extended Stay America, Hilton, Residence Inn, Wyndham Gardens
Shopping: Brooks Brothers, Filene's Basement, Jersey Gardens, Saks Fifth Avenue

Exit 13 (99) - Junction I-278, Elizabeth, Staten Island

- Lodging: Budget Inn

Exit 12 (96) - Carteret, Rahway

- Food: Burger King, Burger Express, Julian's Steakhouse, McDonald's
Lodging: Holiday Inn
Shopping: ShopRite Supermarket, Walgreen Drug



Grover Cleveland Service Area (94) accessible to northbound motorists only Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

- Food: Roy Rogers, TCBY
Gas: Sunoco^D



Thomas Edison Service Area (94) accessible to southbound motorists only Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

- Food: Big Boy, Dunkin Donuts, Roy Rogers, Starbucks, TCBY
Gas: Sunoco^D
Other: Gift Shop

Exit 11 (91) - US 1, US 9, Woodbridge, Garden State Parkway

- Food: Long Horn Steakhouse, McDonald's, Pizza Hut
Lodging: Best Western Palace Hotel, Hampton Inn, Homestead Studio Suites
Gas: Citgo
Shopping: Home Depot, Wal-Mart

Exit 10 (88) - Junction I-287, I-95, NJ 440, Perth Amboy, Metuchen (this exit is to a limited access highway)

- Food: Blimpie Subs, Cheng's Café, Hilton Garden Inn, Holiday Inn, Java Moon Café
Lodging: Courtyard, Holiday Inn, Ramada Inn
Gas: Hess^D
Note: I-95 exits here, runs westward but ends shortly thereafter. It begins again in Trenton, NJ, passes Philadelphia, PA. and Wilmington DE. then finally joins I-295 in Delaware. Travelers (and this guide) use the New Jersey Turnpike instead of I-95 in this area as it is a quicker, more direct north/south route.

Exit 9 (83) - US 11, US 1, NJ 18, New Brunswick, East Brunswick

- Food: Bennigan's, Burger King, Chi Chi's Mexican Restaurant, Dunkin Donuts, East Grand Buffet, Famous Dave's BBQ, Frank's Pizza, Fuddrucker's, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Miami Subs, On the Border Mexican Restaurant, Roy Rogers, Starlight Steakhouse

State Listings – New Jersey

Lodging: Holiday Inn Express Hotel and Suites, Hilton Towers, McIntosh Inn, Motel 6, Ramada Inn, Sheraton Inn
Gas: Exxon, Gulf, Hess, MeritD, Mobil, Sunoco
Shopping: Best Buy, Borders Books and Music, Circuit City, Edwards Super Food Store, The Gap, Goodyear, Loehman's, Marshall's, Midas Muffler, Office Depot, PetSmart, Sam's Club, Sears, Shopper's World, ShopRite Supermarket, TJ Maxx
Other: Loew's Theatres



Joyce Kilmer Service Area (79) accessible to northbound motorists only **Public Rest Rooms, Travel Information, Vending Machines, Public Telephones**

Food: Burger King, Sbarro's Pizza, Starbucks, TCBY
Gas: Sunoco^D
Other: Gift Shop

Exit 8A (74) - Jamesburg, Cranbury

Food: Chesterfield's (at Holiday Inn)
Lodging: Courtyard, Holiday Inn Center Point, Ramada Inn
Other: to Foregate Country Club



Molly Pitcher Service Area (72) **Public Rest Rooms, Travel Information, Vending Machines, Public Telephones**

Food: Burger King, Cinnabon, Country Kitchen, Nathan's, Roy Rogers, Sbarro's Pizza, TCBY, TravelMart
Gas: Sunoco^D

Exit 8 (68) – Franklin Street, NJ 33, Heightstown

Food: JT's Steakhouse, Silver Eagle Diner, Tiffany's (at Ramada Inn)
Gas: Exxon^D, Hess^D, Mobil, Shell
Lodging: Days Inn, Hampton Inn, Quality Inn, Ramada Inn of East Windsor, Town House Motel

Exit 7A (61) - Junction I-195, Trenton, Shore Points (exit to a limited access highway)

Food: Fanny's Restaurant (at Days Inn) (via I-195)
Lodging: Days Inn (via I-195)
Other: To Six Flags Theme Park, Fort Dix, McGuire AFB



Woodrow Wilson Service Area (59) accessible to northbound motorists only **Public Rest Rooms, Travel Information, Vending Machines, Public Telephones**

Food: Roy Roger's
Gas: Sunoco^D



Richard Stockton Service Area (59) accessible to southbound motorists only **Public Rest rooms, Travel Information, Vending Machines, Public Telephones**

Food: Blimpie's, Pizza Hut, Roy Rogers, Starbucks, TCBY, TravelMart
Gas: Sunoco^D
Other: Gift Shop

State Listings – New Jersey

Trenton Area Radio Stations						
WRSU	88.7	FM	Variety	WMGQ	98.3	FM Adult Pop
WWFM	89.1	FM	Classical	WAWZ	99.1	FM Religion
WTSR	91.3	FM	Variety	WKXW	101.5	FM Oldies
WCHR	94.5	FM	Religion	WPRB	103.3	FM Variety
WPST	97.5	FM	Top 40			

Exit 7 (53) - US 206, Bordentown, Trenton

Food: Burger King, Denny's, Mini-Mart (at Mobil), Renna's Pizza, Wendy's
 Lodging: Best Western, Comfort Inn, Days Inn, Hampton Inn, Holiday Inn Express, Ramada Inn
 Gas: Citgo, Exxon, Mobil^D, Petro^D, Pilot^D, Sunoco, WaWa

Exit 6 (51) - Junction Pennsylvania Turnpike (this exit is to a limited access highway)

Exit 5 (44) - Burlington, Mount Holly, Willingboro

Food: Applebee's Neighborhood Grill & Bar, Bob Evans Big Boy, Blimpie Subs, Burger King, Charlie Brown's Steakhouse, China House, Cold Stone Creamery, Cracker Barrel, Karma Restaurant, Kentucky Fried Chicken, Mini-Mart (at Mobil), Pirone's Restaurant, Sarqu Japan, Subway, TGI Friday's, Westhampton Family Restaurant
 Lodging: Best Western, EconoLodge, Hampton Inn, Holiday Inn Express, Howard Johnson
 Gas: Citgo^D, Exxon^D, Getty^D, Mobil
 Shopping: Burlington Center Mall, Hecht's, JCPenny, Kohl's, Sears, Target
 Other: to Burlington County Country Club, Deerwood Country Club



J. Fenimore Cooper Service Area (39) accessible to northbound motorists only Public Rest rooms, Travel Information, Vending Machines, Public Telephones

Food: Burger King, Cinabon, Popeye's, Roy Rogers, TCBY
 Gas: Sunoco^D
 Other: Gift Shop

Exit 4 (34) - NJ 73, Philadelphia, Camden

Food: 7-11, Bennigan's Irish American Grill & Tavern, Bertucci's Brick Oven Pizza, Blimpie Subs, Bob Evans Restaurant, Boston Market, Burger King, Circle K, Chefs Pizza, Chili's Grill & Bar, Copperfield's, Denny's, El Azteca Mexican Restaurant, Garden Café, Jin Cheng Chinese Restaurant, McDonald's, Mikado Japanese Sushi and Steakhouse, Mini-Mart (at Mobil), On The Border Mexican Grill and Cantina, Quiznos Subs, Santinos Pizza, Subway, Tacconelli's Pizza, Wendy's, Wyndham Steak and Chop House
 Lodging: AmeriSuites, Bel-Air Motor Lodge, Courtyard, Days Inn, DoubleTree, EconoLodge, Fairfield, GuestQuarters Suites, Homewood Suites, Howard Johnson, Laurel Inn, McIntosh Motor Inn, Motel 6, Radisson, Ramada Inn, Red Carpet Inn, Red Roof Inn, Staybridge Suites, Super 8 Motel, TownePlace Suites, Travelodge, Wyndham Hotel
 Gas: Amoco, Mobil
 Shopping: Bed and Bath, Best Buy, Boscov's, Circuit City, CompUSA, CVS Drug, Dick's Sporting Goods, EastGate Mall, Home Depot, Lord and Taylor, Macy's, Marshall's, Michael's, Moorestown Mall, Office Max, Old Navy, PetSmart, Pier One Imports, Sears, Shop Rite

State Listings – New Jersey

Other: to Eastgate Mall, Malibu Race Cart Track, Moorestown Mall, United Artist Theatres



NOAA Weather Radio
Philadelphia 162.475 mhz



Walt Whitman Service Area (29) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Cinabon, Nathan's, Roy Rogers, TCBY

Gas: Sunoco^D

Other: Gift Shop

Philadelphia Area Radio Stations							
WXPB	88.5	FM	Variety	WEAZ	101.1	FM	Light Hits
WRTI	90.1	FM	Jazz	WIOQ	102.1	FM	Top 40
WHYY	90.9	FM	Talk	WMGK	102.9	FM	Adult Pop
WXTU	92.5	FM	Country	WIBF	103.9	FM	Religion
WMMR	93.3	FM	Rock	WYXR	104.5	FM	Adult Pop
WYSP	94.1	FM	Rock	WDAS	105.3	FM	R&B
WFLN	95.7	FM	Classical	WEGX	106.1	FM	Top 40
WWDB	96.5	FM	Talk	WKDN	106.9	FM	Religion
WOGL	98.1	FM	Oldies	WIP	610	AM	Talk
WUSL	98.9	FM	R&B	KYW	1060	AM	News
WKSZ	100.3	FM	Adult Pop	WOGL	1210	AM	Oldies

Exit 3 (26) - NJ 168, Camden, Woodbury, Atlantic City

Food: Dunkin Donuts, Impressions (at Holiday Inn), Papa John's Pizza, Pizza Hut, Wendy's

Lodging: Bellmawr Motor Inn, Comfort Inn, EconoLodge, Holiday Inn, Super 8

Gas: BP, Citgo, Coastal, Extra^D

Shopping: CVS Drugs, Walgreens

Other: To New Jersey State Aquarium

Exit 2 (13) – Swedesboro Bridgeport Road, US 322, Swedesboro, Chester, Pennsylvania

Lodging: Holiday Inn

Gas: Shell^D



Clara Barton Service Area (8) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Burger King, Nathan's, Pizza Hut, Starbucks, TCBY

Gas: Sunoco^D

Other: Gift Shop



John Fenwick Service Area (8) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Food: Nathan's, TCBY

Gas: Sunoco^D

Other: Gift Shop

State Listings – New Jersey

Toll Plaza

Exit 1 (1) - US 40, NJ140, NJ540, Penns Grove, Hawks Bridge Road

- Food: Burger King, Landmark Restaurant, McDonald's, Subway, Wendy's
Lodging: Comfort Inn & Suites, EconoLodge, Friendship Motor Inn, Holiday Inn Express, Turnpike Inn, Wellesley Inn and Suites
Gas: Mobil^P, Pilot^D
Note: New Jersey Turnpike begins here. Southbound travelers heed signing for I-95 South and Washington, D.C.

Exit 2 - Junction I-295 (exit north to a limited access highway), NJ 551, Hook Road

- Food: C.J.'s Restaurant
Lodging: White Oaks Motor Lodge

Exit 1 - NJ 49, US 130, Deepwater

- Food: Applebee's Neighborhood Grill & Bar, Burger King, China Inn, Cracker Barrel, Kentucky Fried Chicken, McDonald's, Pepperoni's, Wendy's
Lodging: Hampton Inn, Seaview Motel
Gas: Exxon, Mobil^D, Pilot^D, Texaco^D
Medical: to Hospital

Delaware Memorial Bridge - (toll collected southbound only)

State Listings – Delaware



I-295 Delaware

There are no exit number designations for Delaware's portion of Interstate 295 .

Delaware Rules of the Road

Overnight Parking Allowed Unless Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Permitted

Riding in Truck Campers Not Regulated

Driver & Front Seat Passenger Belts Required

Seat Belts or Restraints Required 4-15 Years

Child Restraints Required Under 4

Radar Detectors Permitted

State Listings – Delaware

Toll booths (southbound travelers only)

Exit 14 - DE9, Newcastle Avenue, Wilmington

- Food: Dragon Place, Giovanni's Restaurant, Gordon's Pizza, McDonald's, Mini-Mart (at Amoco and Texaco), Sunset Restaurant and BBQ
- Lodging: Days Inn, Motel 6, Rodeway Inn, Superlodge, Travelodge
- Gas: Amoco, BP, Citgo, Gulf, Mobil, Shell, Texaco
- Shopping: Family Dollar, Fresh Foods Market, Rite Aid
- Note: Additional services are available on DE9

Wilmington Area Radio Stations							
WOEL	89.9	FM	Religion	WJBR	99.5	FM	Adult Pop
WXDR	91.3	FM	Variety	WXCY	103.7	FM	Country
WSTW	93.7	FM	Top 40	WILM	1450	AM	News

Exit 13 - US 301, US 40, US 13, Newcastle, Wilmington

- Food: 7-11, Burger King, Denny's, Dunkin Donuts, Golden Dove Dinner Restaurant, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Sunoco), Popeye's Chicken, Subway, Taco Bell, Wendy's
- Lodging: Clarion Hotel, Quality Inn, Ramada Inn, Super 8
- Gas: Amoco, BP, Exxon^D, Hess, Shell, Sunoco^D, Texaco
- Shopping: Midas Muffler, Pep Boys, Sav-A-Lot

Exit 12 - Junction I-95, I-495, Philadelphia (this exit is to a limited access highway)

- Note: Northbound travelers heed signing at this exit for proper lane to the New Jersey Turnpike (not I-95)

I-95 Delaware

Exit Numbers for Delaware's portion of Interstate 95 are based on the consecutive number system beginning at the Delaware / Maryland border.

Exit 5A/B - DE141, Newcastle, Newport (this exit is to a limited access highway)

- Other: to New Castle County Airport

Exit 4A/B - DE7, Christiana, Metroform

- Food: 7-11, Applebee's, Chili's Grill & Bar, Chi Chi's Mexican Restaurant, Border Café, Chili's Grill & Bar, Christiana Mall Food Court, Shoney's, Starbucks
- Lodging: Ashley's, Country Inn & Suites, Courtyard, Days Inn, Fairfield Inn, Hampton Inn, Hawthorn Suites, Hilton, HomeStead Studio Suites, Red Roof Inn, Shoney's Inn
- Shopping: Borders Books, Christiana Mall, Circuit City, Costco, JC Penney, KidsRUs, Macy's, Michael's, Office Max, Sears, Shopping District, Talbots, Toys 'R Us
- Medical: to Christiana Medical Center
- Other: to Cavaliers Country Club, Delaware Technical Community College, Delaware Park Raceway
- Note: Some services listed here may be difficult to access because of traffic patterns.

State Listings – Delaware

Exit 3 - DE273, Newark, Dover

- Food: 7-11, Bob Evans, Boston Market, Christiana Pub, Connective Cafeteria, Denny's, Dunkin Donuts, Eagles Nest Pizza, Mini-Mart (at Amoco and Shell), Olive Grill, Oliver's (at Holiday Inn), Pizza Hut, Ruby Tuesday, Wendy's
- Lodging: Best Western, Comfort Inn, Hampton Inn, Hawthorne Inn, Holiday Inn, McIntosh Inn, Residence Inn, Staybridge Suites, Townplace Suites
- Gas: Amoco, BP, Exxon^D, Getty, Shell
- Shopping: Boscov's, Burlington Coat Factory, Fashion Bug, Jo-Ann Fabrics, Old Navy, Rite Aid Pharmacy, Sears, University Plaza Shopping Center



Delaware House Service Area (5)

Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

- Food: Bob's Big Boy, Cinnabon, Roy Rogers, Sbarro, Taco Bell, TCBY
- Gas: Exxon^D, Mobil^D
- Other: ATM

Exit 1 – South College Avenue, DE896, Newark, Middleton

- Food: Boston Market, Cappidocia Restaurant, Dunkin Donuts, Friendly's, Ground Round, Matilda's, McDonalds, Tastee Freeze, TGI Friday's
- Lodging: Comfort Inn, Embassy Suites, Extended Stay America, Homewood Suites, Howard Johnson, Quality Inn, Sleep Inn
- Gas: Exxon, Gulf^D, Mobil, Shell^D, Texaco^D
- Shopping: Shopping Mall
- Other: to University of Delaware

Toll Plaza

Maryland



I-95 Maryland

Exit numbers for Maryland's portion of Interstate 95 are based on the mile marker system. Exit numbers denote the distance, in miles from the Maryland/Virginia border.

Maryland RoadRules

Overnight Parking Allowed When Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Permitted

Riding in Truck Campers Permitted (over 14)

Driver & Front Seat Passenger Belts Required

Rear Door Passenger Seat Belts Required

Child Restraints Required Under 4 or 40 lbs.

Radar Detectors Prohibited in Commercial Vehicles

State Listings – Maryland

Exit 109 - MD 279, Elkton, Newark, Delaware

- Food: 7-11, Cracker Barrel, Iron Skillet, Kentucky Fried Chicken, McDonald's, Nannie's, Sbarro Pizza, Subway, Taco Bell, Waffle House
- Lodging: AmeriSuites, Days Inn, EconoLodge, Elkton Lodge, Hampton Inn, Hawthorne Suites, Knights Inn, Motel 6
- Gas: Citgo^D, Mobil^D, Petro^D, Shell^D, Texaco^D
- Camping: Woodlands Camping Resort (4 miles south on MD 279, then ½ mile south on MD 7, then 2 miles east on Old Neck Road)
- Other: to The Club at Patriots Glen

Exit 100 - MD 272, Northeast, Rising Sun

- Food: Flying J Restaurant, McDonalds, Mini-Mart (at Citgo), Wendy's
- Lodging: Best Western Northeast Inn, Crystal Inn, Holiday Inn Express
- Gas: Citgo, Flying J^D, Mobil
- Other: to Cecil Community College, Elk Neck State Park, Plumpton Park Zoo, Upper Bay Museum



Chesapeake House Service Area (98)

Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

- Food: Burger King, Chesapeake County Market, Hot Dog City, Pizza Hut, Popeye's Fried Chicken, Starbucks, TCBY
- Gas: Exxon^D, Sunoco^D
- Other: Gift Shop

Exit 93 - US 222, Rising Sun, Port Deposit, Perryville

- Food: Dairy Queen, Denny's, Kentucky Fried Chicken, Mini-Mart (at Exxon and Pilot), Outlet Center Cafe, Subway, Taco Bell
- Lodging: Comfort Inn, Douglas Motor Inn, Ramada Inn
- Gas: Chevron, Exxon^D, Pilot^D
- Medical: VA Hospital
- Shopping: Perryville Prime Outlet Mall
- Other: State Police

Toll Booths, Weigh Station (91) - Thomas J. Hatem Memorial Bridge (toll collected for northbound motorists only)

Exit 89 - MD 155, Havre de Grace

- Camping: Susquehanna State Park (3 miles north off MD 155, then follow signs to park)
- Medical: to Hospital
- Other: Historic Havre de Grace, Decoy Museum, Sisjohanna St. Park

Havre de Grace Area Radio Stations						
WOEL	89.9	FM	Religion	WXCY	103.7	FM Country

State Listings – Maryland

Exit 85 - MD 22, Aberdeen

- Food: 7-11, Applebee's Neighborhood Grill & Bar, Arby's, Bob Evan's, Burger King, China Wok, Durango Steak House, Family Buffet, Golden Corral, Japan House Restaurant, Kentucky Fried Chicken, Lee's Hunan Chinese Restaurant, Little Caesar's Pizza, McDonald's, Mini-Mart (at Crown and Texaco), Olive Tree (at EconoLodge), Papa John's Pizza, Quizno's Subs, Subway, Taco Bell, Wendy's
- Lodging: Clarion, EconoLodge, Holiday Inn, Howard Johnson Lodge, Quality Inn & Suites, Red Roof Inn, Sheraton Inn, Super 8, Travelodge Hotel
- Gas: Amoco, Citgo, Crown^D, Shell, Sunoco, Texaco^D
- Shopping: Aberdeen Mall, Dollar Tree, Jiffy Lube, K-Mart, Klein's Family Market, Mars Supermarket, Rite-Aid Drug, Target
- Other: to Aberdeen US Army Proving Grounds, Ordnance Museum, Ribkum Museum



Maryland House Service Area (83)

- Public Rest Rooms, Travel Information, Vending Machines, Public Telephones
- Food: Bob's Big Boy, Cinnabon, Hot Dog City, Roy Rogers, Sbarro Pizza, TCBY, TravelMart
- Gas: Exxon^D, Sunoco^D
- Other: ATM, Gift Shop, Post Office

Exit 80 - MD 543, Riverside, Churchville

- Food: 7-11, A&W, Burger King, Cracker Barrel, Krispy Kreme Donuts, McDonalds, Ruby Tuesday, Waffle House
- Lodging: Country Inn & Suites, Extended Stay America, SpringHill Suites, Wingate Inn
- Gas: Amoco, BP, Citgo, Crown^D, Mobil^D, Texaco
- Shopping: Klein's Supermarket
- Camping: Bar Harbor RV Park (1.5 miles south on MD 543, then 1.5 miles west on US 40, then 1 mile south on Long Bar Road, then ½ miles east on Baker Avenue.

Exit 77A/B - MD 24, Edgewood, Bel Aire

- Food: Blimpie Subs, Burger King, Charlie's Grilled Subs, Chick-Fil-A, Country Kitchen, Denny's, Giovanni's, Kentucky Fried Chicken, McDonald's, Subway, Taco Bell, Vitali's Restaurant
- Lodging: Best Western Invitation Inn, Comfort Inn, Days Inn, Hampton Inn, Holiday Inn Express, Motel Edgewood, Ramada Inn, Sleep Inn & Suites, Winters Run Inn
- Gas: Citgo^D, Exxon^D, Shell, Texaco^D
- Shopping: BJ's Wholesale Club, Hecht, Macy's, Target, Wal-Mart, Weis Market
- Other: to AAA Office, Regali's Cinema

Exit 74 - MD 152, Mountain Road, Magnolia, Fallston

- Medical: to Hospital
- Note: Additional services approximately 1.5 miles east

Radio Advisory Travel Information 530 AM

Exit 67A/B - MD 43 to US 40, US 1, White Marsh Boulevard (this exit is to a limited access highway)

- Food: Arby's, Bayou Blue Café, Bertucci's Brick Oven Pizzeria, Burger King, Casa Mia's, Chick-Fil-A, China Wok, Don Pablo's Mexican Kitchen, Food Court (at

State Listings – Maryland

White Marsh Mall), Friendly's, Fuddruckers, Kobe Japanese Steak House, Mamma Ilardo's, McDonald's, Mini-Mart (at Shell), Olive Garden, Panera Bread, Red Lobster, Ruby Tuesday, TGI Friday's, Panera Bread, Red Brick Station Restaurant, Starbucks, Subway, Taco Bell, Wendy's, White Marsh Diner

Lodging: Garden Inn, Hampton Inn, Hilton Inn, Hilton Garden Inn, Residence Inn, Williamsburg Inn

Gas: Crown, Exxon, Shell, Sunoco

Shopping: Best Buy, Boscov's, Dick's Sports, JC Penny, Lowe's, Macy's, Sears, Sports Authority, Target, Weis Market, White Marsh Mall

Other: to Gunpowder State Park

Note: Additional services available 3 miles east on US 40

Exit 64A/B - Junction I-695 Beltway, Towson, Essex (this exit is to a limited access highway)

Note: Southbound - Tunnel restrictions ahead. Use I-695 (Essex, Key Bridge). Bear left

I-695 Francis Scott Key Bridge. Use I-695 and the Francis Scott Key Bridge as an alternate route around the Baltimore Harbor Tunnels if you are carrying bottled gas. I-95 Southbound: Use this exit (Exit 64) and see the Alternate Route Section - I-695 Francis Scott Key Bridge for exit information. I-95 Northbound: From the Alternate Route Section - I-695 Francis Scott Key Bridge, rejoin I-95 here (Exit 64).

Exit 62 - Junction I-895, Harbor Tunnel Thruway (this exit is to a limited access highway)

Note: Heed Baltimore Harbor Tunnel restrictions

Baltimore Area Radio Stations							
WJHU	88.1	FM	Classical	WGAY	99.5	FM	Light Hits
WEAA	88.9	FM	Jazz	WGRX	100.7	FM	Rock
WPFW	89.3	FM	Jazz	WWDC	101.1	FM	Rock
WCVT	89.7	FM	Rock	WLIF	101.9	FM	Light Hits
WBJC	91.5	FM	Classical	WXYV	102.7	FM	R&B
WYST	92.3	FM	Adult Pop	WBSB	104.3	FM	Top 40
WPOC	93.1	FM	Country	WQSR	105.7	FM	Oldies
WRBS	95.1	FM	Religion	WWMX	106.5	FM	Adult Pop
WPGC	95.5	FM	Top 40	WRQX	107.3	FM	Adult Pop
WWIN	95.9	FM	R&B	WCBM	680	AM	Talk
WHUR	96.3	FM	R&B	WBAL	1090	AM	Talk
WIYY	97.9	FM	Rock	WTOP	1500	AM	News

Exit 61 - US 40, Pulaski Highway (this is a northbound exit only, with reentry southbound only)

Food: McDonald's

Lodging: Deluxe Plaza Motel

Gas: Texaco

Exit 60 - Moravia Road (this is northbound exit only with access to a limited access highway, reenter southbound only)

State Listings – Maryland

Exit 59 - Eastern Avenue

Food: Broadway Diner, China East Restaurant, Eastwood Inn, Michael's Steak & Lobster House, Wendy's
Gas: Amoco^D, Exxon
Shopping: Shoppers Pharmacy
Medical: to Francis Scott Key Medical Center
Other: to Hospital

Exit 58 - Dundalk Avenue (this is a northbound exit only, and difficult to reenter southbound only)

Food: Dunkin Donuts, Hardee's
Gas: Citgo, Crown, Mobil
Medical: to Francis Scott Key Medical Center

Exit 57 – O'Donnell Street, Boston Street

Food: Kentucky Fried Chicken, McDonald's, Roy Rogers, Sbarro Pizza, Subway (at Coastal)
Lodging: Angle Inn, Best Western, Quality Inn, Rodeway Inn, Silverado Motel
Gas: Coastal^D, Mobil, Texaco^D
Shopping: Royal Farms
Medical: to Hospital

Exit 56 - Keith Avenue

Note: Southbound - last exit before tunnel toll plaza
Fort McHenry Tunnel Toll Plaza

Exit 55 - Key Highway, Fort McHenry National Monument (this is a southbound exit only, with reentry southbound only)

Exit 54 - MD 2, Hanover Street, Downtown Baltimore (this is a northbound exit only, with reentry southbound only)



NOAA Weather Radio
Baltimore 162.400 mhz

Exit 53 - Junction I-395 North, Russell Street (this exit is to a limited access highway, and is difficult to reenter)

Other: to Camden Yards Stadium, Downtown Baltimore

Exit 52 - Junction MD 295, Baltimore-Washington Parkway, Russell Street

Lodging: Holiday Inn Express, Quality Inn
Gas: Amoco, Citgo
Other: to Camden Yards Stadium, Downtown Baltimore

Exit 51 - Mount Clare, Washington Boulevard (this is a northbound exit only, and is difficult to reenter)

State Listings – Maryland

Exit 50 - Caton Avenue

Food: Canton House Restaurant, Marconi's Garden, McDonald's, Mini-Mart (at Shell), Pargos (at Holiday Inn Express), Shoney's
Lodging: Holiday Inn Express, Quality Inn, Shoney's Inn
Gas: Crown, Hess^D, Merit, Shell
Medical: to St. Agnes Hospital

Exit 49A/B - Junction I-695, Beltway to I-70, I-83, Towson (this exit is to a limited access highway)

I-695 Francis Scott Key Bridge. Use I-695 and the Francis Scott Key Bridge as an alternate route around the Baltimore Harbor Tunnels if you are carrying bottled gas. I-95 Northbound: Use this exit (Exit 49) and see the Alternate Route Section - I-695 Francis Scott Key Bridge for exit information. I-95 Southbound: From the Alternate Route Section - I-695 Francis Scott Key Bridge, rejoin I-95 here (Exit 49).

Exit 47A/B - Junction I-195, MD 166, Catonsville, Baltimore - Washington International Airport

Other: to Catonsville Community College, Rolling Road Country Club, University of Maryland

Exit 46 - Junction I-895 North, Harbor Tunnel (this is a northbound exit only to a limited access highway)

Exit 43 - MD 100, Glen Burnie (exit to a limited access highway)

Other: to Meadowridge Memorial Park, Troyhill Natural Environment Area

Exit 41A/B - MD 175, Columbia, Jessup

Food: Applebee's Neighborhood Grill & Bar, Black-Eyed Pea, Bob Evan's, Burger King, Denny's, Hardee's, Jerry's Subs & Pizza, McDonald's, Mini-Mart (at Exxon), Olive Garden, TGI Friday's, Roy Rogers
Lodging: Comfort Suites, Fairfield Inn, Holiday Inn, Homewood Suites, Knight's Inn, Red Roof Inn, Relax Inn, Studio Plus, Super 8 Motel, Truckers Inn
Gas: Chevron, Exxon^D, Shell, Truck Stops of America^D
Shopping: CVS Drugs, Food Lion, Royal Farms
Medical: to Hospital
Other: to State Police, University of Maryland, Maryland School for the Deaf - Columbia Campus

Exit 38A/B - MD 32, Fort Meade, Columbia (this exit is to a limited access highway)



Rest Area (36)

Public Rest Rooms, Travel Information, Vending Machines, Public Telephones

Exit 35A/B - MD 216, Laurel, Scaggsville

State Listings – Maryland

Exit 33A/B - MD 198, Laurel, Fort Meade, Burtonville

Food: Blimpie Subs, McDonald's
 Lodging: Best Western, Holiday Inn
 Gas: Exxon, Shell
 Medical: to Greater Laurel Beltsville Hospital
 Other: to Laurel Race Track

Exit 29A/B – Powder Mill Road, MD 212, Beltsville, Calverton

Food: 7-11, Danny's, Kentucky Fried Chicken, McDonald's, Sierra Grill, Sunrise Café, Taco Bell, Villa Café, Wendy's
 Lodging: Fairfield Inn, Holiday Inn, Ramada Limited, Sheraton Inn
 Gas: 7-11, Exxon^D
 Camping: Cherry Hill Park (1mi. west on MD 212, 1mi. south on Cherry Hill Rd.)
 Shopping: Cinema, CVS Drug, Giant Supermarket

Exit 27 - Junction I-495, West to I-270, Silver Spring, I-95 North, Baltimore (this exit is to a limited access highway)

Radio 530 AM Travel Information

Washington Area Radio Stations							
WAMU	88.5	FM	Variety	WWDC	101.1	FM	Rock
WPFW	89.3	FM	Jazz	WMMJ	102.3	FM	Adult Pop
WDCU	90.1	FM	Jazz	WGMS	103.5	FM	Classical
WETA	90.9	FM	Classical	WXTR	104.1	FM	Oldies
WGTS	91.9	FM	Classical	WAVA	105.1	FM	Top 40
WKYS	93.9	FM	R&B	WCXR	105.9	FM	Rock
WLTT	94.7	FM	Adult Pop	WJFK	106.7	FM	Rock
WPGC	95.5	FM	Top 40	WRQX	107.3	FM	Adult Pop
WHUR	96.3	FM	R&B	WMAL	630	AM	Talk
WASH	97.1	FM	Adult Pop	WWRC	980	AM	Talk
WMZQ	98.7	FM	Country	WNTR	1050	AM	Talk
WGAY	99.5	FM	Light Hits	WTOP	1500	AM	News
WJZE	100.3	FM	Jazz	WPGC	1580	AM	News

Capital Beltway

Exit numbers for Maryland's portion of Interstate 95 - Capital Beltway are based on the mile marker system. Exit numbers denote the distance, in miles from the Maryland/Virginia border.

Exit 25A/B - US 1, Baltimore Boulevard, Laurel, College Park

Food: 7-11, Arby's, Burger King, Hardee's, International House of Pancakes, Jerry's Pizza & Subs, McDonald's, Moose Creek Steakhouse, Quiznos Subs, Pizza Hut, Roy Rogers, Starbucks, Wendy's
 Lodging: EconoLodge, Hampton Inn, Holiday Inn, Roadway Inn
 Gas: Amoco, BP, Chevron, Citgo, Exxon^D, Shell
 Camping: Cherry Hill Park (400' south on US 1, then 1 mile west on Cherry Hill Road)
 Shopping: Rite-Aid, Shoppers Food Warehouse, Shoppers Pharmacy

State Listings – Maryland

Exit 24 - Greenbelt Station (this is a southbound exit only, with reentry northbound only)

Other: Park & Ride, Rail Station

Exit 23 - MD 201, Kenilworth Avenue, Bladensburg, Greenbelt

Food: 7-11, Bennigan's Grill and Tavern, Boston Market, Checker's, Chevy's, Denny's, Jasper's, Kentucky Fried Chicken, McDonald's, Popeye's Famous Fried Chicken, Quiznos Subs, Silver Diner, Subway, TGI Friday's, Vittorio's Deli, Wendy's

Lodging: Courtyard, Hilton Garden Inn, Marriott, Residence Inn

Gas: Amoco, Shell

Shopping: Beltway Plaza Mall, Burlington Coat Factory, CVS Drug, Giant Food and Drug, Marshall's, Radio Shack, Target, Value City Department Store

Camping: Greenbelt Park (Left ½ mile on Greenbelt Road)

Other: AMC Theatres

Note: Additional services east on Greenbelt Road

Exit 22A/B - To MD 295, Baltimore Washington Parkway (this exit is to a limited access highway - trucks are prohibited)

Other: to Goddard Space Flight Center, Retail district

Exit 20 - MD 450, Annapolis Road, Lanham, Bladensburg

Food: 7-11, Bo Jangles, Bob's Big Boy, Burger King, Chesapeake Bay Seafood, Denny's, Domino's Pizza, Dunkin Donuts, El Torito's Mexican Restaurant, Hardee's, Jerry's Subs, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Mobil), Papa John's Pizza, Pebbles Sea Grill, Pebbles Seagrill, Pizza Hut, Popeye's Fried Chicken, Red Lobster, Roy Rogers, Seafarer Restaurant, Subway, Wendy's

Lodging: Best Western, Days Inn, Holiday Inn, Howard Johnson, Lanham Inn, Ramada Hotel, Red Roof Inn, Sheraton Greenbelt Inn

Gas: Chevron, Mobil, Shell, Sunoco

Shopping: Carrollton Mall, CVS Drug, Firestone, Goodyear, Lanham Shopping Center, Midas Muffler, Meineke Muffler, Safeway Supermarket, Shoppers Food Warehouse, Shoppers Pharmacy

Medical: to Hospital

Note: Additional services available west

Exit 19A/B - US 50, Annapolis, Washington (this exit is to a limited access highway)



NOAA Weather Radio

Washington D.C. 162.475 mhz

Exit 17A/B - MD 202, Landover Road, Upper Marlboro, Bladensburg

Food: Center Court Cafe (at Holiday Inn), China Restaurant, International House of Pancakes, Outback Steakhouse, Ruby Tuesday's

Lodging: Holiday Inn, Radisson Largo

Shopping: Goodyear, JC Penny, Landover Mall, PACE, Sam's Club, Sears, Shopping district

State Listings – Maryland

Exit 16 – Arena Drive

- Food: Applebee's Neighborhood Grill & Bar, BoJangles, Chick-Fil-A, Chuck E Cheese, Cold Stone Creamery, Five Guys Burgers and Fries, Golden Corral, Kobe Japanese Steakhouse, McDonald's, Qdoba Mexican Grill, Red Star Tavern, Starbucks, Stonefish Grill, Subway, Taco Bell, Uno Chicago Grill
- Lodging: Extended Stay America, Hampton Inn
- Gas: Mobil
- Shopping: Borders Books and Music, Circuit City, Dollar Tree, Linens 'N Things, marshall's, Mens Warehouse, Pier One Imports, Sports Authority, The Boulevard at Capitol Center
- Other: to FedExField, Magic Johnson Theaters

Exit 15A/B - MD 214, Central Avenue

- Food: Bob's Big Boy, Hardee's, International House of Pancakes, Jerry's Subs and Pizza, Kentucky Fried Chicken, McDonald's, Pizza Hut, Roy Rogers, Taco Bell, Wendy's
- Lodging: Comfort Inn, Country Inn and Suites, Days Inn, Extended Stay America, Hampton Inn, Motel 6, Super 8
- Gas: Crown, Exxon^D, Shell, Sunoco
- Shopping: Goodyear, Hampton Mall, Home Depot, Midas Muffler, Shopping District, Staples
- Other: To Capitol Centre, Six Flags America

Exit 13 – Ritchie Marlboro Road

- Food: Old Chicago, Ritchie's Sub Shop

Exit 11A/B - MD 4, Pennsylvania Avenue, Upper Marlboro

- Food: 7-11, Applebee's Neighborhood Grill & Bar, Arby's, Golden Skillet, Kentucky Fried Chicken, Lido Pizza, Little Caesar's Pizza, Long John Silver's, Mini-Mart (at Amoco, Exxon and Texaco), Old Country Buffet, Pizza Hut, Starbucks, Subway, Taco Bell, Wendy's
- Gas: Exxon, Shell, Sunoco^D
- Shopping: Centre at Forestville, JC Penny, K-mart, Marshall's, Target
- Other: to Andrews Air Force Base, State Police

Exit 9 - MD 337, Allen Town Road, Andrews Air Force Base

- Food: Arby's, BoJangles, Bob's Big Boy, Checkers, Dunkin Donuts, Hardee's, McDonald's, Popeye's Fried Chicken, Roy Rogers, Subway
- Lodging: Holiday Inn Express, Motel 6, Quality Inn, Ramada Inn, Super 8
- Gas: Crown, Mobil^D, Shell
- Medical: to Hospital
- Other: to Andrews Air Force Base

Exit 7A/B - MD 5, Branch Avenue, Waldorf, Silver Hill

- Food: K Coffee, Red Lobster, Wendy's
- Lodging: Country Inn & Suites, Days Inn, Holiday Inn Express
- Gas: Exxon, Getty, Sunoco, Texaco^D
- Other: to Andrews Air Force Base

State Listings – Maryland

Exit 4 - MD 414, St. Barnabas Road, Oxon Hill, Marlow Heights

- Food: 7-11, Arby's, Baskin-Robbins, Black-Eyed Pea, Bo Jangles, Bob's Big Boy, Burger King, Checker's Dairy Queen, Domino's Pizza, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Mini-Mart (at Mobil), Outback Steakhouse, Pizza Hut, Popeye's, Roy Rogers, Sizzler, Subway, Taco Bell, Wendy's
- Lodging: Best Western, Ramada Inn, Red Roof Inn
- Gas: Amoco, Citgo, Chevron^D, Exxon^D, Mobil, Shell
- Medical: to Hospital
- Shopping: Dollar Tree, Express Lube, Home Depot, Old Navy, PetSmart, Goodyear, K-Mart, Rite-Aid, Staples, Safeway Supermarket, Shopping Center
- Other: to Rosecroft Raceway, Metro Bus to D.C.

Exit 3 - MD 210, Indian Head Highway, Forest Heights

- Food: 7-11, Arby's, Baskin-Robbins, Black-Eyed Pea, Bob's Big Boy, Burger King, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Mini-Mart (at Mobil), Pizza Hut, Popeye's Fried Chicken, Ranch House Restaurant, Roy Rogers, Sizzler, Taco Bell, Wendy's
- Lodging: Best Western Potomac View, Ramada Inn, Red Roof Inn
- Gas: BP^D, Chevron^D, Crown, Exxon^D, Mobil, Shell
- Medical: to Hospital
- Shopping: Express Lube, Home Depot, PetSmart, Goodyear, K-Mart, Rite-Aid Drugs, Safeway Supermarket
- Other: to Rosecroft Raceway, Metro Bus to D.C.

Exit 2A/B - Junction I-295, Indian Head, Washington (exit to a limited access highway)

State Listings – Virginia



I-95 Virginia

Exit Numbers for Virginia's portion of the Capital Beltway are based on the mile marker system. Exit numbers denote the distance, in miles from the consecutive number system beginning at the Virginia/North Carolina border.

Virginia RoadRules

Overnight Parking Allowed Unless Posted

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Driver & Front Seat Passenger Belts Required

Child Restraints Required Under 4

Radar Detectors Prohibited

State Listings – Virginia

Exit 177 - US 1, Fort Belvoir, Alexandria, Mount Vernon Highway

- Food: Applebee's Neighborhood Grill & Bar, Chuck E Cheese, Domino's Pizza, Fast Eddy's, Great American Steak & Buffet, Jerry's Subs & Pizza, Papa John's Pizza, Pizza Hut, Subway, Wendy's
- Lodging: Brookside Motel, Days Inn, Hampton Inn, Howard Johnson, Red Roof Inn, Relax Inn, Statesman Motel, Travelers Motel, Virginia Lodge
- Gas: Exxon, Hess
- Medical: to Hospital

Exit 176 - VA 241, Telegraph Road, Alexandria

- Food: Hoffman's, Ruby Tuesday, Ted's Montana Grill
- Lodging: Holiday Inn, Courtyard by Marriott
- Gas: Amoco, Citgo^D, Exxon, Hess^D
- Other: Amtrak RR Station

Exit 174 – to Eisenhower Avenue Connector, Alexandria

Exit 173 - VA 613, Van Dorn Street, Franconia

- Food: Charlie Chang's, Jerry's Subs & Pizza, Nick's Restaurant, Red Lobster
- Lodging: Comfort Inn

Exit 170 - Junction I-495, I-395, Rockville, Washington (exit to a limited access highway)

Exit 169 - VA 644, Franconia Road

- Food: 7-11, A&W Restaurant, Bennigan's Irish American Grill & Tavern, Bob Evan's Big Boy, Burger King, Chesapeake Bay Seafood, Chi Chi's Mexican Restaurant, Chicken Hut Restaurant, Chili's Grill & Bar, Houlihan's, El Paso Restaurant, Hunan D'Lite Express, Jerry's Pizza and Subs, Jose Lopez Mexican Restaurant, Kate's Irish Pub, Kentucky Fried Chicken, Long John Silver's, Malek's Pizza Palace, McDonald's, Mini-Mart (at Mobil), Osaka Japanese Restaurant, Pizza Hut, Popeye's Famous Fried Chicken, Quiznos Subs, Shoney's, Springfield Restaurant and Pizzeria, Starbucks, Subway, Taco Bell, Tokyo Inn Japanese Steakhouse and Seafood Restaurant
- Lodging: Best Western, Comfort Inn, Courtyard, Days Inn, EconoLodge, Extended Stay America, Hampton Inn, Hilton, Holiday Inn Express, Motel 6, Ramada Limited, Red Roof Inn, TownePlace Suites
- Gas: Amoco, BP, Citgo, Mobil, Shell, Texaco
- Shopping: Borders Books, CVS Drug, Firestone, Giant Foods, JC Penny, K-Mart, Macy's, Pier One Imports, Radio Shack, Springfield Mall, Target
- Note: This is a major commercial area with other services available along Franconia Road

Exit 167 - Backlick Road (this is a southbound exit only)

- Other: to Fort Belvoir Military Reservation

State Listings – Virginia

Exit 166 - Fort Belvoir, Newington

Food: Benjamin's Sandwich Shop, Bozelli's, Denny's, Hunan Manor, McDonald's, Mini-Mart (at Exxon), Newington Deli, Ollie's Deli, Wendy's
Lodging: Hunter Motel
Gas: Exxon^D
Other: Woodlawn Plantation

Exit 163 - VA 643, Lorton

Food: Burger King, Genarro's Restaurant, Glory Days Grill, Gunston Wok, Hong Kong Cafe
Gas: Shell
Lodging: Comfort Inn
Camping: Pohick Bay (5 miles off VA 242. Follow signs to the park)

Exit 161 - US 1, Fort Belvoir, Mount Vernon (reentry southbound only)

Food: Krispy Kreme Donuts

Exit 160 - VA 123, Woodbridge, Occoquan

Food: 7-11, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Exxon and Mobil), Roy Rogers, Shoney's, Subway, Taco Bell, Wendy's
Lodging: Comfort Inn, Country Inn & Suites, EconoLodge, Friendship Inn, Hampton Inn, Quality Inn, Scottish Inn
Gas: BP, Exxon^D, Mobil, Shell, Texaco
Other: Tourist Information Center
Note: Additional services available 1 mile east on US Route 1

Exit 158 – Prince William Parkway, VA 3000

Food: Applebee's, Boston Market, Chick-Fil-A, Chipotle Mexican Grill, Cold Stone Creamery, Famous Dave's, Hooter's, International House of Pancakes, McDonald's, Old Country BBQ, On The Border Mexican Grill, Red Lobster, Starbucks, Taco Bell, Uno Chicago Grill, Wendy's
Lodging: Country Inn & Suites, Courtyard, Fairfield Inn, Holiday Inn Express, Residence Inn, Sleep Inn
Gas: Citgo, Exxon, Mobil, Shell, Sunoco
Shopping: Target
Note: Additional services available 1 mile west on Prince William Parkway

Exit 156 – Opitz Boulevard, Dale Boulevard, VA 784, Dale City, Rippen Landing

Food: Black Eyed Pea, Bob Evans Big Boy, Burger King, Carlos O'Kelly's Mexican Restaurant, Chesapeake Bay Seafood, Chili's Grill & Bar, Denny's, Domino's Pizza, Dunkin Donuts, El Charo Mexican Restaurant, Hardee's, Little Caesar's Pizza, McDonald's, Olive Garden, Outback Steakhouse, Pizza Hut, Popeye's Fried Chicken, Silver Diner, Wendy's
Lodging: Best Western, Days Inn, Wytestone Suites
Gas: Exxon, Mobil, Shell, Texaco
Shopping: CVS Drug, K-Mart, Marshall's, Potomac Mills Outlet Mall, Toys 'R Us
Medical: to Hospital
Other: to Southbound Rest Area, Prince William County Stadium Complex
Note: additional services available 1 mile east to US 1

State Listings – Virginia



Rest Area (155)

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Public Telephones, RV Dump Station

Weigh Station – (both directions)

Exit 152 – Dumfries Road, VA 234, Dumfries, Manassas

- Food: Cracker Barrel, Golden Corral, Kentucky Fried Chicken, McDonald's, Montclair Family Restaurant, Mini-Mart(at Amoco), Pilar's Restaurant, Subway, Taco Bell, Tiziano Restaurant, Waffle House
- Lodging: Comfort Inn, Days Inn, EconoLodge, Hampton Inn, Holiday Inn Express, Quality Inn, Sleep Inn, Super 8
- Gas: Amoco^D, BP^D, Citgo, Chevron, Exxon, Shell^D
- Camping: Prince William TT Village (2.5 miles north on VA 234)

Exit 150 – Joplin Road, VA 619, Triangle, Quantico

- Food: 7-11, Blimpie Subs, Burger King, Denny's, Dent's Seafood, Dunkin Donuts, El Taco Rico, McDonald's, Mini-Mart (at Shell), Wendy's
- Lodging: Best Value Inn, Ramada Inn
- Gas: Exxon, Shell^D
- Camping: Prince William Forest Park (1/4 mile west on VA 619)

Exit 148 – Russell Road, Marine Corps Base , Quantico

- Lodging: Crossroads Inn
- Other: to Marine Corps Air & Ground Museum

Exit 143A/B – Garrisonville Road, US 1, VA 610, Aquia, Garrisonville

- Food: 7-11, Applebee's Neighborhood Grill & Bar, Arby's, Baskin Robbins, Bob Evan's, Buffalo Mo's, Burger King, Café DaVanzo, Carlos O'Kelly's Mexican Restaurant, Chick-Fil-A, Chili's Grill & Bar, Dairy Queen, Dunkin Donuts, Gargoyles Coffee Bar, Golden Corral, Hardee's, International House of Pancakes, Italian Cantina, Japanese Steak House, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, Exxon, Shell and Texaco), Mo's Southwest Grill, Panera Bread, Papa John's Pizza, Perkin's Family Restaurant, Pizza Hut, Popeye's Fried Chicken, Rooney's Irish Pub, Roy Rogers, Ruby Tuesday, Shoney's, Subway, Taco Bell, Tony's Pizza, Wendy's
- Lodging: Comfort Inn, Country Inn, Days Inn, Hampton Inn, Holiday Inn, Quantico Motel, Super 8, Wingate Inn
- Gas: Amoco^D, BP, Citgo^D, Crown, Exxon^D, Mobil, Shell^D, Texaco^D
- Camping: Aquia Pines Camp Resort (1/2 mile north on US 1)
- Shopping: AutoZone, Bed Bath & Beyond, Big Lots, Brafferton Square Shopping Center, CVS Drug, Doc Stone Commons, Dollar Tree, Giant, Home Depot, Jiffy Lube, Market Square Shopping Center, Michael's, Kohl's, PetSmart, Radio Shack, Rite Aid, Ross, Shoppers Food Warehouse, Stafford Marketplace, Staples, Target, Wal-Mart

Exit 140 – Courthouse Road, VA 630, Stafford

- Food: McDonald's, Mini-Mart (at Courthouse Gas & Mobil), Plaza Subs
- Gas: BP^D, Courthouse Gas, FasMart, Mobil, Shell^D, Texaco^D

Exit 136 – Centrepont Parkway

State Listings – Virginia

Exit 133 – Warrenton Road, US 17 North, Warrenton, Falmouth

- Food: 7-11, Anthony's Pizza, Arby's, Asia Café, Burger & Kabob Place, Burger King, Johnny Appleseeds, Hardee's, J's Pizza & Subs, Johnny Appleseed's Restaurant, McDonald's, Mini-Mart (at Amoco, Citgo, East Coast, Mobil, RaceTrac, Shell and Texaco), Perkins Restaurant & Bakery, Pizza Hut, Ponderosa Steak House, Subway, Popeye's Chicken & Biscuits, TJ Cinnamon's, Taco Bell, Waffle House, Wendy's
- Lodging: America's Best Inn & Suites, Best Western, Comfort Inn & Suites, Days Inn, Holiday Inn, Howard Johnson, Motel 6, Quality Inn, Sleep Inn, Super 8 Motel, Travelodge, Wingate Inn
- Gas: Amoco^D, Chevron, Citgo, East Coast^D, Exxon, Mobil^D, RaceTrac^D, Servicetown, Shell^D, Texaco^D
- Shopping: CVS Drug, Express Lube, Food Lion Supermarket
- Other: to Virginia Department of Tourism



Rest Area (132) - accessible to southbound motorists only **Public Rest Rooms, Telephones**

Exit 130A/B - VA 3, Fredericksburg, Culpepper

- Food: Applebee's, Arby's, Aunt Sarah's Pancake House, A&W, Bob Evans Big Boy, Bonefish Grill, Boston Market, Burger King, Captain D's Seafood, Carlos O'Kelly's, Checker's, Chesapeake Bay Seafood, Chi Chi's Mexican Restaurant, Cracker Barrel, Denny's, Dunkin Donuts, Einstein Brothers Bagels, Friendly's, Fuddruckers, Hardee's, International House of Pancakes, Kentucky Fried Chicken, Krispy Kreme Donuts, Little Caesar's Pizza, Lonestar Steak House, Long John Silver's, Market Street Buffet & Bakery, McDonald's, Mini-Mart (at Chevron, Citgo, Mobil, RaceTrac, Shell and WaWa), Morrison's Cafeteria, Old Country Buffet, Outback Steak House, Pizza Hut, Popeye's Fried Chicken, Quiznos Subs, Roy Rogers, Santa Fe Grill, Shoney's, Spotsylvania Mall Food Court Subway, Starbucks, Red Lobster, Ruby Tuesday, Taco Bell, TCBY, TGI Friday's, Western Sizzlin Steak & More, Waffle House, Wendy's
- Lodging: Best Western, EconoLodge, Hampton Inn, Holiday Inn Express, Homewood Suites, Ramada Inn, Sheraton Inn, Super 8, Thunderbird Motor Inn
- Gas: Amoco^D, Chevron, Citgo, Crown, Exxon^D, Mobil^D, RaceTrac, Shell, Texaco^D, WaWa
- Shopping: Belk, Best Buy, Big Lots, BJ's Wholesale Club, Borders Book, Burlington Coat Factory, Central Park Shopping Center, Circuit City, CVS Drug, Fashion Bug, Hecht's, Hollywood Video, Home Depot, Jiffy Lube, K-Mart, Kohl's, Lowe's, Meineke Muffler, Men's Warehouse, Office Depot, Old Navy, Pep Boys, PetSmart, Pier One Imports, Radio Shack, Sears, Sports Authority, Spotsylvania Mall, Staples, Shopping, Target, Wal-Mart
- Medical: to Mary Washington Hospital
- Other: to AAA, Fredericksburg Area Museum and Cultural Center, Chancellorsville Battlefield, Fredericksburg Battlefield

Exit 126A/B - US 1, US 17, Fredericksburg, Massaponax

- Food: 7-11, Arby's, Aunt Sarah's Pancake House, Blimpie Subs, Bob's Big Boy, Burger King, Cracker Barrel, Damon's Grill, Denny's, Dunkin Donuts, Friendly's, Garden Terrace Restaurant, Golden Corral Buffet & Grill, Hooter's, Kentucky Fried Chicken, Long Horn Steakhouse, McDonald's, Mini-Mart (at

State Listings – Virginia

- Exxon, RaceTrac, Shell), Paisano's Italian Eatery, Pancho Villa Mexican Restaurant, Papa John's Pizza, Pizza Hut, Ruby Tuesday, Scotty's Pancake House, Shoney's, Subway, Taco Bell, Waffle House, Wendy's, Western Sizzlin Steak & More, Uno's Chicago Grill
- Lodging: Comfort Inn Southpoint, Days Inn, EconoLodge, Fairfield Inn, Hampton Inn & Suites, Heritage Inn, Howard Johnson, Holiday Inn, Ramada Inn, Royal Inn Motel, Sleep Inn Southpoint, Super 8, Towneplace Suites, Wytestone Suites
- Gas: Amoco, BP, Chevron, Citgo, Exxon, Mobil, RaceTrac^D, Shell^D, Texaco^D
- Camping: Fredericksburg KOA (4 miles south on US 1, then 2.5 miles east on VA 607)
- Shopping: CVS Drug, Goodyear, Massaponax Outlet Mall, Midas Muffler, Rite Aid, Wal-Mart
- Other: Marquee Cinema, to Spotsylvania County of Tourism

Fredericksburg Area Radio Stations							
WJYJ	90.5	FM	Religion	WYND	99.3	FM	Jazz
WFLS	93.3	FM	Country	WBQB	101.5	FM	Adult Pop

Exit 118 – Mudd Tavern Road, VA 606, Thornburg

- Food: Angela's Italian Restaurant, Burger King, Chn Wong, Domino's Pizza, McDonald's, Mini-Mart (at Citgo, Exxon), Subway
- Lodging: Quality Inn
- Gas: BP, Citgo^D, Exxon, Shell^D, Valero
- Shopping: Food Lion

Exit 110 – Ladysmith Road, VA 639, Ladysmith

- Food: Krispy Kreme Donuts, Mini-Mart (at Exxon), Perky's Pizza, Stone Hearth Restaurant, Subway
- Gas: Citgo^D, Exxon^D, Shell^D
- Shopping: Virginia Bazaar Flea Market



Rest Area (108)

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Public Telephones, Vending Machines

Exit 104 – Rogers Clark Boulevard, VA 207 to US 301, Carmel Church, Bowling Green

- Food: Aunt Sarah's Pancake House, Burger King, Country Market, Dairy Queen, Greek House Family Restaurant, Iron Skillet, Krispy Kreme Donuts, McDonald's, Mini-Mart (at Amoco, Chevron, Exxon, Flying J, Mr. Fuel, Pilot and Texaco), Subway, Waffle House, Wendy's
- Lodging: Comfort Inn, Days Inn, Holiday Inn Express, Howard Johnson, Quality Inn, Ramada Inn, Super 8 Motel, Travelodge
- Gas: Amoco^D, Citgo^D, Chevron, Days Gas, Exxon^D, Flying J^D, Mr. Fuel^D, Petrol, Pilot^D, Shell, Texaco^D
- Other: to U.S. Post Office

Exit 98 – Kings Dominion Boulevard, VA 30, Doswell

- Food: 7-11, All-American Family Restaurant, Burger King, Denny's, Mini-Mart (at Texaco)
- Lodging: Best Western King's Quarters, EconoLodge
- Gas: Citgo, Exxon, Shell^D

State Listings – Virginia

- Camping: All American Campground (400' east on VA 30)
Kings Dominion Campground (1/2 mile east on VA 30)
- Other: King's Dominion Theme Park

Exit 92A/B – Courthouse Road, VA 54, Hanover, Ashland

- Food: 7-11, Applebee's Neighborhood Grill & Bar, Arby's, Aunt Sarah's Pancake House, Blimpie Subs, Buckhorn Family Restaurant, Burger Busters, Burger King, Caddyshack Restaurant, Captain D's Seafood, Country Pride Restaurant, Cracker Barrel, Crispy Fried Chicken, Dairy Queen, Domino's Pizza, Dunkin Donuts, Hardee's, Jersey Mike's Subs, Kentucky Fried Chicken, Little Caesar's, McDonald's, Mini-Mart (at East Coast, Exxon, Pilot, Texaco), New China Buffet, Omelet Shoppe, Perkins Restaurant & Bakery, Pizza Hut, Ponderosa Steak House, Popeye's Fried Chicken, Ruby Tuesday, Shoney's, Smokey Pig Restaurant, Subway, Taco Bell, Waffle House, Virginia BBQ, Wendy's, Wize Guys Pizza
- Lodging: Ashland Inn, Budget Inn, Comfort Inn, Days Inn, EconoLodge Kings Dominion South, Hampton Inn North, Holiday Inn Express North, Howard Johnson Inn & Suites, Microtel Inn, Motel 6, Palm Leaf Motel, Quality Inn & Suites, Ramada Inn, Sleep Inn & Suites, Super 8, TraveLodge
- Gas: BP^D, Chevron, Citgo^D, East Coast^D, Exxon, Mobil, Pilot^D, T/A^D, Texaco^D
- Shopping: Big Lots, CVS Drug, Family Dollar, Food Lion Supermarket, Radio Shack, Rite Aid, Ukrop's Supermarket
- Other: to Hanover Tavern, Randolph Macon College, Tourist Information Center
- Note: Additional services are available west of this exit

Exit 89 – Lewistown Road, VA 802, Lewistown Road

- Food: Country Pride Restaurant, Mini-Mart (at Shell), Pizza Hut, Quizno's, Taco Bell
- Lodging: Cadillac Motel
- Gas: Shell, Mobil, T/A^D
- Camping: Americamps Trav-L-Park (1 mile south on Air Park Road)
Kosmo Village Camping (1 mile west on VA 802, then ¼ mile south on US 1)

Exit 86 – Sliding Hill Road, VA 656, Atlee, Elmont

- Food: Burger King, Domino's Pizza, McDonald's, Vito's Italian Restaurant & Grill, Waffle House
- Lodging: SpringHill Suites
- Gas: Fasmart, Sheetz, Texaco^D
- Shopping: Food Lion, to Virginia Center Commons
- Note: Additional services available west on Sliding Hill Road to US Route 1 South

Exit 84 - Junction I-295 to I-64, Norfolk, Charlottesville (this exit is to a limited access highway)

- Note: Virginia I-295. Use Virginia's I-295 as an alternate route around Richmond and Petersburg if you are passing through the area during rush hours or periods of heavy traffic. I-95 Southbound: Use this exit (Exit 84) to I-295 South and see the Alternate Route Section - I-295 for exit information. I-95 Northbound: From the Alternate Route Section - I-295, rejoin I-95 here (Exit 84).

State Listings – Virginia

Exit 83 - VA 73, Parham Road

- Food: Aunt Sarah's Pancake House, Bob's Big Boy, Burger King, Dairy Queen, Denny's, Hardee's, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Ming Dynasty, Mini-Mart (at East Coast and Texaco), Papa Loe Pizza, River City Diner, Stuffy's Subs, Subway, Taco Bell, Waffle House, Wendy's
- Lodging: Broadway Motel, EconoLodge, Holiday Inn Express, Howard Johnson, Quality Inn, Shoney's Inn & Suites, Sleep Inn
- Gas: Citgo, East Coast^D, Exxon, Shell^D, Texaco^D, WaWa
- Shopping: Big Lots, CVS Drugs, Eckerd Drug, Family Dollar, Food Lion Supermarket, Hannaford Supermarket, Kroger's, Lowe's, Revco Drug, Wal-Mart
- Medical: to Hospital
- Other: to J. Sargent Reynolds Community College

Exit 82 - US 301, Chamberlayne Avenue (this exit is to a limited access highway)

- Food: FasMart, McDonald's, Taco Bell, Wendy's
- Lodging: Red Roof Inn, Super 8 Motel, Town Motel
- Gas: BP, Chevron, Exxon^D, Mobil^D, Texaco
- Shopping: to Azalea Mall
- Note: Services are available both north and south on US 301



NOAA Weather Radio
Richmond 162.475 mhz

Exit 81 - US 1 (this is a northbound exit only, and reenter southbound only)

- Food: Arby's, Friendly's, Hawk's BBQ, Little Caesar's Pizza, Taco Bell, Wendy's
- Lodging: Olde Towne Inn, Ramada Limited
- Shopping: to Azalea Mall, CVS Drug, Ukrops Supermarket, Walgreen's
- Note: Services are available both north and south on US 301

Exit 80 - VA 161, Lakeside Avenue, Hermitage Road (this is a northbound exit only, and reenter southbound only)

- Food: Domino's Pizza, Mini-Mart (at East Coast), Roy's Big Burger, Subway
- Gas: Amoco, East Coast
- Shopping: Ride Aid Drug
- Other: to Ginter Botanical Gardens, Joseph Bryan Park

Exit 79 - Junction I-64 North (this exit is to a limited access highway)

Exit 78 - The Boulevard (this exit is difficult to negotiate, heed signs)

- Food: Mini-Mart (at Amoco and Texaco), Zippy's
- Lodging: Days Inn, Holiday Inn, Howard Johnson, Richmond Inn
- Gas: Amoco^D, Texaco^D
- Medical: to Children's Hospital
- Other: to Arthur Ashe Center, Children's Museum, Greyhound Bus Terminal, Visitor's Information Center

State Listings – Virginia

Exit 76B - US 1, US 301, Belvedere, Downtown Richmond (this is a southbound exit only with difficult reentry northbound and southbound)

Medical: to Hospital

Exit 76A - Chamberlayne Avenue, Downtown (this is a northbound exit only, with difficult reentry southbound only)

Exit 75 - 7th Street, Junction I-64 East, Norfolk

Other: to Richmond Civic Center

Exit 74C - US 33, US 250, Broad Street, Downtown Richmond (this is a southbound exit only, with reentry via exit 74B)

Medical: to Hospital

Richmond Area Radio Stations							
WCVE	88.9	FM	Classical	WYFJ	100.1	FM	Religion
WDYL	92.1	FM	Religion	WRXL	102.1	FM	Rock
WCDX	92.7	FM	R&B	WMXB	103.7	FM	Adult Pop
WRVQ	94.5	FM	Top 40	WVGO	106.5	FM	Oldies
WLEE	96.5	FM	Oldies	WVRA	1140	AM	Country
WTVR	98.1	FM	Light Hits				

Exit 74B - Franklin Street (this exit is difficult to reenter)

Exit 74A - VA 195, Downtown Expressway (this exit is to a limited access toll highway)

Exit 73 - Maury Street

Exit 69 - Bells Road

Food: McDonald's, Mini-Mart (at Exxon and Texaco)

Lodging: Candlewood Suites, Holiday Inn, Ramada Inn, Red Roof Inn

Gas: Exxon^D, Shell^D, Texaco^D

Other: to Philip Morris Manufacturing Center, Port of Richmond

Exit 67 - VA 150, to US 60, to US 360 West, Chippenham Parkway, Falling Creek (this exit is to a limited access highway)

Exit 64 - VA 613, Willis Road

Food: 7-11, Arby's, Aunt Sarah's Pancake House, Burger King, Dairy Queen, Hank's BBQ, McDonald's, Mini-Mart (at Crown and Texaco), Subway, Valentino Italian Restaurant, Waffle House

Lodging: America's Best Value Inn, Country Inn & Suites, EconoLodge, Economy House, Martha Kay Motel, Ramada Inn, Sleep Inn, Snow White Motel, Super 8, VIP Motor Inn, Virginian Motel, White House Motor Lodge

Gas: Citgo, Chevron, Exxon, Mobil^P, Shell, Texaco^D

Exit 62 - VA 288, Chesterfield, to Powhite Parkway (exit to a limited access highway)

Exit 61 - VA 10, Chester, Hopewell

Food: 7-11, Applebee's Neighborhood Grill & Bar, Burger King, Captain D's Seafood, CiCi's Pizza, Chick-Fil-A, Chili's, Cracker Barrel, Denny's, Five Guys Burgers & Fries, Friendly's, Hardee's, Great American Steak & Buffet,

State Listings – Virginia

- Hooter's, International House of Pancakes, Kentucky Fried Chicken, Koto Japanese Restaurant, McDonald's, Mini-Mart (at Citgo, Crown, East Coast, Exxon, RaceTrac and Texaco), O'Charlie's, Peking Restaurant, Pizza Hut, Quiznos Subs, Shoney's, Sonic, Subway, Taco Bell, Uno Chicago Grill, Waffle House, Wendy's, Western Sizzlin Steak & More
- Lodging: Budget Inn, Clarion Hotel, Comfort Inn, Courtyard, Days Inn, Fairfield Inn, Hampton Inn, Holiday Inn Express, Homewood Suites, Howard Johnson, Intown Suites, Microtel Inn & Suites, Quality Inn, Super 8 Motel
- Gas: Amoco, BP, Crown^D, East Coast, Exxon^D, RaceTrac, Texaco
- Shopping: Breckenridge Shopping Center, CVS Drug, K-Mart, Kohl's, Kroger, Lowe's, Radio Shack, Rite Aid, Target, Ukrop Supermarket, Winn Dixie Supermarket
- Other: to Hopewell Virginia Visitor's Center

Exit 58 – Woods Edge Road, VA 746, Walthall

- Food: 7-11, Godfather's Restaurant, Little Caesar's Pizza, McDonald's, Mini-Mart (at 7-11 and WaWa), Subway, Wendy's
- Lodging: Chester Inn, Days Inn, Interstate Inn, Patrick Henry Motel
- Gas: 7-11, Exxon^D, Pilot^D, Sunoco, WaWa
- Shopping: Food Lion

Exit 54 - VA 144, Temple Avenue, Colonial Heights

- Food: Arby's, Blimpie Subs, Captain Tom's Seafood, Chick-Fil-A, CiCi's Pizza, Dairy Queen, Golden Corral Buffet & Grill, Great Taste Buffet, Hardee's, Home Town Buffet, Kentucky Fried Chicken, Little Caesar's Pizza, Lone Star Steakhouse, Long John Silver's, McDonald's, Outback Steakhouse, Panera Bread, Piccadilly Cafeteria, Quiznos Subs, Red Lobster, Sbarro Pizza, Sonic, Subway, Waffle House, Wendy's, Whataburger
- Lodging: Hilton Garden Inn, Holiday Inn
- Gas: BP, Shetz
- Shopping: Southpark Mall (see listings for exit 53)
- Other: Services listed for Exit 53 – Southpark Boulevard are also available from this exit

Exit 53 - Southpark Boulevard

- Food: Applebee's Neighborhood Grill & Bar, Burger King, Five Guys Burgers & Fries, McDonald's, Outback Steakhouse, Panera Bread, Ruby Tuesday, Sagebrush Steakhouse & Saloon, Subway, Taco Bell, Wendy's
- Lodging: Comfort Suites, Hilton Garden Inn
- Gas: BP, Chevron^D, Citgo, Crown, Exxon, Shell
- Shopping: Belk, Books A Million, Circuit City, Dillard's, Fashion Bug, Hecht's, JC Penny, Jo-Ann Crafts, K-Mart, Marshall's, PetsMart, Pier One Imports, Sam's Club, Sears, Southpark Mall, Staples, Target, Wal-Mart

Exit 52 – Downtown Petersburg, Wythe Street, Bank Street, Washington Street

- Food: Church's Chicken, Crown Express Mart, Dixie Diner, Hawk's BBQ, Jade Garden, Pizza Inn, Subway
- Lodging: Best Inn & Suites, Best Value Inn, Best Western, Economy Inn, King Motel, Ramada Inn, Rodeway Inn, Royal Inn Motel, Super 8 Motel, Travelodge
- Gas: Crown, Phillips 66
- Other: to downtown Petersburg

State Listings – Virginia

Exit 51 - Junction I-85 South, Rocky Mount, North Carolina, US 460, Norfolk, Virginia (this exit is to a limited access highway)

Camping: Picture Lake Campground (west on I-85 to exit 63A, then 3miles south on US Route 1)

Exit 50 – South Carter Road, US 301, US 460, Petersburg

Food: 7-11, Hardee's, McDonald's, Wendy's
 Lodging: American Inn, Armada Inn, Budget Motor Inn, California Inn, Flagship Inns
 Gas: BP, Citgo
 Medical: to Southside Medical Center

Petersburg Area Radio Stations						
WKHK	95.3	FM	Country	WAFX	106.6	FM Rock
WPLZ	99.3	FM	R&B			

Exit 48 - Wagner Road

Food: 7-11, Arby's, Burger Busters, Burger King, Captain D's Seafood, Kentucky Fried Chicken, King's BBQ, Philly Connection, Pit Stop Restaurant, Pizza Hut, Subway, Taco Bell, WaWa Market
 Lodging: Crater Inn, Executive Inn, Super 8 Motel
 Gas: Chevron^D, Exxon, WaWa
 Shopping: Food Lion Supermarket, Pep Boys
 Note: Additional services are available west on US 301

Exit 47 - VA 629, Rives Road

Food: Debby's Bar & Grill, Outlaws Bar & Grill, Travelers Food Mart
 Lodging: Heritage Motor Lodge, LaSalle Motel
 Gas: Texaco
 Note: Additional services are available west on US 301

Exit 46 - Junction I-295 (this exit is to a limited access highway)

Virginia I-295. Use Virginia's I-295 as an alternate route around Richmond and Petersburg if you are passing through during rush hours or periods of heavy traffic. I-95 Southbound: From the Alternate Route Section - I-295, rejoin I-95 here (Exit 46). I-95 Northbound: Use this exit (Exit 46) to I-295 North and see the Alternate Route Section - I-295 for exit information.

Exit 45 – South Carter Road, US 301

Food: Pumpkins, Steven Kent Family Restaurant
 Lodging: Best Western, Comfort Inn, Days Inn, Hampton Inn, Holiday Inn Express, LaSalle Motel, Quality Inn
 Gas: Exxon, Texaco^D

Exit 41 – Courtland Road, US 301, VA 35, VA 156, Hopewell, Courtland

Food: Mini-Mart (at US Gas), Peanut's Place Restaurant
 Lodging: EconoLodge South, Travelodge
 Gas: US Gas^D
 Camping: South Forty KOA (1/2 mile south on VA 35)

Weigh Station (40) - (both directions)

State Listings – Virginia

Exit 37 – Rowanty Road, South Carter Road, VA 623, Carson

Food: Mini-Mart (at Shell)
Gas: Shell



Rest Area (35) accessible to northbound motorists only
Public Rest Rooms, Public Telephones, Vending Machines

Exit 33 – St. John Church Road, Cabin Point Road, VA 602

Food: Burger King, Denny's, Subway
Lodging: Hampton Inn, Sleep Inn & Suites
Gas: Chevron^D, Circle^D

Exit 31 – Sussex Drive, County Road 40, Stony Creek, Waverly, McKenney

Food: Friend's Restaurant, Mini-Mart (at Petrol and Texaco), Tasty Hut
Gas: Petrol^D, Texaco^D

Exit 24 – Owen Road, VA 645

Exit 20 – Jarratt Road, VA 631, Jarratt

Food: Blimpie Subs, Krispy Kreme Donuts, Mini-Mart (at Citgo), Pizza Hut
Gas: Exxon^D, Texaco

Exit 17 - US 301

Food: First Class Restaurant
Lodging: Knights Inn, Reste Motel
Camping: Yogi Bear's Jellystone Park (1.5 miles south on US 301)
Other: to Emporia Country Club

Exit 13 – Otterdam Road, VA 614

Food: Mini-Mart (at Texaco), Slip-In Restaurant
Gas: Shell^D, Texaco
Lodging: Dixie Motel

Exit 12 – US Route 301 (northbound exit only)

Other: same services as exit 13

Exit 11A/B – West Atlantic Street, US 58, Emporia, South Hill, Norfolk

Food: Applebee's Neighborhood Grill & Bar, Arby's, Blimpie Subs, BoJangle's Famous Chicken 'n Biscuits, Burger King, Cactus Steakhouse & Seafood, Cracker Barrel, Dairy Queen, Domino's Pizza, Golden Skillet, Hardee's, Kentucky Fried Chicken, Long John Silver's, McDonald's, Mini-Mart (at Amoco, Citgo, Exxon, Shell and Texaco), Pizza Hut, Pueblo Viejo Mexican Restaurant, Quiznos Subs, Shoney's, Stucky's Express, Subway, Taco Bell, TJ Cinnamon's, Wendy's, Western Sizzlin Steak & More, Wong's Garden
Lodging: Best Western, Days Inn, Fairfield Inn & Suites, Hampton Inn, Holiday Inn Express Inn & Suites, Quality Inn, Sleep Inn
Gas: Amoco^D, Citgo, Exxon, Sadler^D, Shell^D, Texaco^D
Shopping: CVS Drugs, Dollar Tree, Eckerd Drugs, Family Dollar, Food Lion Supermarket, Movie Gallery, Peebles, Radio Shack, Wal-Mart Super Center
Medical: to Southern Virginia Regional Medical Center

State Listings – Virginia

Other: to Emporia-Greensville Regional Airport
Note: Additional services are available east beyond Kentucky Fried Chicken

Exit 8 – Skippers Road, Old Halifax Road, US 301 Emporia

Food: Baskin Robbins, Denny's, Simmon's Home Style Cooking, Steven Kent Family Restaurant
Lodging: Comfort Inn, Red Carpet Inn
Gas: Amoco, Citgo, Exxon^D

Exit 4 – Moore's Ferry Road, VA 629, Skippers

Food: McDonald's
Lodging: EconoLodge
Gas: Citgo^D
Camping: Cattail Creek RV Park (3 miles west on VA 629)

Travel Advisory Radio 530 AM



Virginia Welcome Center (1) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones.

State Listings – North Carolina

North Carolina



I-95 North Carolina

Exit numbers for North Carolina's portion of Interstate 95 are based on the mile marker system.
Exit numbers denote the distance, in miles from the North Carolina/South Carolina border.

North Carolina Rules of the Road

Overnight Parking Not Allowed
Riding in Travel Trailers Permitted
Riding in Fifth Wheels Permitted
Riding in Truck Campers Permitted
Driver & Front Passenger Belts Required
Seat Belts May Be Used 5 Years and Older
Child Restraints Required 4 Years and Under
Radar Detectors Permitted

State Listings – North Carolina



North Carolina Welcome Center (181) access to southbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending
Machines, Public Telephone

Exit 180 – Pleasant Hill Road, NC 48

Food: Mini-Mart (at Speedway), Subway
 Gas: Fuel City^D, Speedway^D

Exit 176 - NC 46, Gaston, Garysburg

Food: Aunt Sarah's Pancake House, Burger King, Marina's, Mini-Mart (at Shell),
 Stuckey's
 Lodging: Best Western
 Gas: Shell, Texaco

Exit 173 – Roanoke Rapids Road, US 158, Roanoke Rapids

Food: Applebee's Neighborhood Grill & Bar, Arby's, Blimpie Subs, Burger King,
 Chick-Fil-A, Cracker Barrel, Hardee's, Kentucky Fried Chicken, Little Caesar's
 Pizza, Logan's Roadhouse, Lone Star Steakhouse, McDonald's, Mini-Mart (at
 Amoco, BP, Exxon, RaceTrac, Shell, Speedway and Texaco), Murphy's,
 Pizza Hut, Pizza Inn, Ralph's BBQ, Ruby Tuesday, Ryan's Family Steak
 House, Shoney's, Starbucks, Subway, Taco Bell, Waffle House, Wendy's
 Lodging: Best Western, Comfort Suites, Days Inn, Fairfax Motel, Hampton Inn,
 Interstate Inn, Jameson Inn, Motel 6, Orchard Inn, Sleep Inn
 Gas: Amoco^D, BP, Exxon, Phillips 66^D, RaceTrac, Shell, Speedway^D, Texaco^D
 Medical: to Halifax Regional Medical Center
 Shopping: AutoZone, Belk, Big Lots, Eckerd Drug, Firestone, Food Lion Supermarket,
 Goody's, Lowe's, Piggly Wiggly Supermarket, Premier Landing, Roanoke
 Rapids Shopping Center, Rose's, Wal-Mart Super Center, Shopping District
 Camping: Interstate Inn Campground (300' east on US 158 behind Interstate Inn)
 Other: to Halifax County Visitors Center, to Chockoyotee Country Club
 Note: Additional services are available west beyond the 2nd traffic light

Exit 171 – Grapevine Road, NC 125, Roanoke Rapids

Food: Mini-Mart (at Texaco) Outback Steakhouse, Zaxby's
 Lodging: Hilton Garden Inn, Holiday Inn Express Hotel & Suites
 Gas: Citgo, Exxon, Texaco^D
 Camping: Carolina Crossroads RV Park (1/8 mile south on 125, then left on Carolina
 Crossroads Boulevard. 1/2 mile on the right)
 Other: Carolina Crossroads Entertainment Complex, to State Police

Roanoke Rapids Area Radio Stations							
WPGT	90.1	FM	Religion	WPTM	102.3	FM	Country
WLQG	97.9	FM	Adult Pop				

Exit 168 - NC 903, Halifax, Lake Gaston

Food: Burger King, Dunkin Donuts, Mini-Mart (at Exxon, Shell), Subway
 Gas: Citgo^D, Exxon^D, Shell^D

State Listings – North Carolina

Exit 160 - NC 561, Louisburg

Food: Mini-Mart (at Exxon)
Gas: Citgo^D, Exxon

Exit 154 - NC 481, Enfield

Food: Mini-Mart (at Mobil)
Gas: Mobil
Camping: Enfield-Rocky Mount Kamp Ground (3/4 mile west on NC 481)

Weigh Stations (51) - (both directions)

Exit 150 – Swift Creek Road, NC 44, Whitakers

Food: Dairy Queen, Stuckey's, Subway
Gas: BP^D, Texaco
Other: to Hickory Meadows Golf Course

Exit 145 - NC 48, NC 4, Battleboro, Rocky Mount

Food: Cheesecake Factory, Dairy Queen, Denny's, Four Seasons Restaurant, Hardee's, Mini-Mart (at Amoco, Exxon, Shell, and Texaco), Shoney's, Waffle House, Wendy's
Lodging: Best Western, Budget Inn, Comfort Inn, Days Inn, Deluxe Inn, EconoLodge, Guest House Inn, Holiday Inn Express, Howard Johnson, Masters Inn, Quality Inn & Suites, Red Carpet Inn, Scottish Inns, Shoney's Inn, Super 8, Travelodge
Gas: Amoco^D, Exxon, Shell^D, Texaco
Shopping: 3D Discount Outlet



NOAA Weather Radio
Rocky Mount 162.475 mhz



Rest Area (142)
Public Rest Rooms, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 141 – Dortches Boulevard, Main Street, NC 43, Red Oak

Food: Jay's Café, Mini-Mart (at Exxon and Texaco)
Lodging: Econolodge
Gas: BP^D, Exxon^D, Texaco^D

Exit 138 - US 64, Tarboro, Nashville, Rocky Mount (this exit is to a limited access highway)

Medical: to Nash General Hospital
Other: to AAA Office
Note: Services available on US 64 East approximately 1 mile to Winstead Avenue.

Exit 132 – West Mountain Road, To NC 58

Gas: Citgo^D

Exit 127 - NC 97, Airport

Gas: BP^D
Other: to Airport

State Listings – North Carolina

Exit 121 - US 264, Wilson, Greenville

- Food: Applebee's Neighborhood Grill & Bar, Arby's, Aunt Sarah's Pancake House, Boston Market, Blimpie Subs, BoJangle's Famous Chicken 'n Biscuits, Burger King, Chick-Fil-A, Cracker Barrel, Denny's, Golden Corral, Kentucky Fried Chicken, Little Caesar's Pizza, Long John Silver's, McDonalds, Mini-Mart (at Amoco, BP, East Coast, and Exxon), Sonic, Subway, Taco Bell, Waffle House
- Gas: Amoco, BP, Citgo, Exxon, Kangaroo, Shell
- Lodging: Comfort Inn, Hampton Inn & Suites, Holiday Inn Express Hotel & Suites, Jameson Inn, Microtel Inn, Sleep Inn
- Shopping: A major shopping district is located approximately 2 miles east on US 264
- Medical: to Hospital
- Other: To Cape Hatteras National Seashore, Wilson Community Technical College, Wilson Municipal Airport, Barton College, Amtrak Station

Rocky Mount/Wilson Area Radio Stations							
WRSV	92.1	FM	R&B	WTRG	100.7	FM	Oldies
WYFL	92.5	FM	Religion	WCAS	104.3	FM	Oldies
WDLX	93.3	FM	Light Hits	WRDU	106.1	FM	Rock
WRNS	95.1	FM	Country	WNCT	107.9	FM	Light Hits

Exit 119 – to US 264, Greenville, Goldboro, Wilson, Raliegh (exit to a limited access highway)

Exit 116 - NC 42, Clayton, Rock Ridge, Wilson

- Food: Domino's Pizza, Mini-Mart (at Shell and Texaco), Smithfield Chicken & BBQ
- Lodging: Econolodge
- Gas: Shell^D, Texaco^D
- Camping: Rock Ridge Campground (1 mile west on NC 42, then 1 mile north on Rock Ridge Road)

Exit 107 – South Chirch Street, US 301, Kenly, Wilson

- Food: Burger King, Golden China, Kenley Pizza, McDonald's, Mini-Mart (at BP, Coastal, Exxon and Phillips 66), Moore's BBQ, Nik's Pizza, Patrick's Cafeteria, Seafood Station, Stormin Norman's Restaurant, Subway, Waffle House
- Lodging: Budget Inn, Days Inn, EconoLodge
- Gas: BP, Citgo^D, Chevron, Coastal, D's, Exxon^D, Phillips 66, Shell^D, Texaco
- Shopping: Family Dollar, Food Lion Supermarket, IGA Supermarket

Exit 106 - Flowers Road

- Food: Country Pride, Mini-Mart (at Texaco and Wilco), Waffle House
- Lodging: Days Inn, Super 8, Econolodge
- Gas: Exxon^D, Hess, Texaco^D

Exit 105 - Bagley Road

- Food: Bob's Big Boy, Luka's Pizza
- Gas: Citgo^D, Stormin Norman's
- Shopping: NASCAR Collectibles

State Listings – North Carolina

Exit 102 – Micro Road, East Main Street, Micro

Food: Backdoor Café, Mini-Mart (at Phillips 66)
Gas: BP, Phillips 66

Exit 101 - Pittman Road



Rest Area (99)

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 98 – Anderson Street, Selma

Camping: RVation Campground (1/4 mile northeast on frontage road)

Exit 97 - US 70, Selma, Pine Level

Food: BoJangle's Famous Chicken 'n Biscuits, Dairy Queen, Denny's, Golden China Buffet, Golden Corral, Green Hornet Grill, Hardee's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, BP, Citgo, Exxon and Texaco), Mucho Mexico, Nathan's Restaurant, Oliver's Buffet, Pizza Hut, Pizza Inn, Shoney's, Stuckey's, Subway, Waffle House
Lodging: Comfort Inn, Days Inn, EconoLodge, Hampton Inn, Holiday Inn Express, Luxury Inn, Masters Inn, Regency Inn, Royal Inn
Gas: Amoco^D, BP^D, Citgo, Exxon, Phillips 66^D, Texaco
Shopping: Carolina Pottery, JR Factory Outlets, Food Lion Supermarket, Revco Drug
Medical: to Hospital
Note: Additional services are available west of this exit and then left at the 2nd traffic light.

Exit 95 - US 70 Business, Smithfield, Goldsboro

Food: Bob Evans Restaurant, Burger King, CiCi's Pizza, Cracker Barrel, El Sombrero Mexican Restaurant, Hardee's, Kobe Japanese Steakhouse, Log Cabin Restaurant, Mini-Mart (at Speedway), Quiznos Subs, Smithfield Chicken, Texas Steakhouse
Lodging: Becky's Log Cabin, Best Western, Howard Johnson Express, Jameson Inn, Sleep Inn, Super 8
Gas: Amoco, Shell, Speedway^D, Starvin Marvin, Texaco
Shopping: Carolina Premium Outlets

Exit 93 - Smithfield, Brogden Road

Food: Crazy Taco, Mini-Mart (at Amoco and Shell)
Gas: Amoco^D, Shell

Smithfield/Goldsboro Area Radio Stations						
WCPE	89.7	FM	Classical	WRAL	101.5	FM Adult Pop
WUNC	91.5	FM	News	WOKN	102.3	FM R&B
WQDR	94.7	FM	Country	WRCQ	103.5	FM Rock
WYLT	96.1	FM	Light Hits	WDCG	105.1	FM Top 40
WKTC	96.9	FM	Country	WPTF	680	AM Talk

State Listings – North Carolina

Exit 90 - US 301, US 701, NC 96, Newton Grove

Food: Mini-Mart (at Citgo), Roz's Chicken and BBQ
Lodging: Four Oaks Motel, Smithfield Motor Inn, Travelers Inn
Gas: Citgo^D, Gulf, Phillips 66^D, Shell
Camping: Best Holiday Trav-L-Park (1/4 mile south on US 701)
Other: to Highway Patrol

Exit 87 – Keen Road, Four Oaks

Food: Mini-Mart (at BP and Texaco)
Gas: BP^D, Texaco

Exit 81 - Junction I-40, Raleigh, Wilmington (this exit is to a limited access highway)

Exit 79 – East Main Street, NC 50, NC 242, Benson, Newton Grove

Food: Andy's Cheesesteak, Benson BBQ, Burger King, Domino's Pizza, Frank's Pizza & Subs, Golden Corral, Hardee's, Kelly's Bar & Restaurant, Kentucky Fried Chicken, McDonald's, Mini-Mart (at BP, Citgo and Coastal), Mule City Grill, Pizza Hut, Seafood Express, Subway, Tastee Freeze, Waffle House, White Swan BBQ
Lodging: Days Inn, Dutch Inn
Gas: Amoco^D, BP, Citgo, Coastal^D, Exxon, Mobil, Texaco^D
Shopping: Family Dollar, Food Lion Supermarket, Lowes Grocery, Rite Aid Drug

Exit 77 – Parker Road, Dennings Road

Food: Mini-Mart (at Pilot), Subway
Gas: Pilot Travel Center^D

Exit 75 - Jonesboro Road

Food: Mini-Mart (at Citgo and Shell), Quiznos, Sadler Travel Plaza
Gas: Citgo, Sadler^D, Shell^D

Exit 73 - US 421, Newton Grove, Clinton, Dunn

Food: Andy's Cheesesteak, BoJangle's Famous Chicken 'n Biscuits, Burger King, Cracker Barrel, Dairy Freeze, Krispy Kreme Donuts, McDonald's, Mini-Mart (at Chevron, Exxon, and Texaco), Sage Brush Steak House, Sonic Drive-In, Taco Bell, Triangle Waffle, Wendy's, Western Steer
Lodging: EconoLodge, Jameson Inn, Holiday Inn Express, Ramada Inn, Seven Day Motor Inn
Gas: Amoco, Chevron, Exxon, Servco^D, Shell, Texaco
Shopping: IGA Supermarket
Medical: to Hospital

Exit 72 - Pope Road

Food: Brass Lantern Steak House, Burger King, Debbie's Restaurant, Double T Restaurant, Tastee Freeze
Lodging: Budget Inn, Comfort Inn, Express Inn, Red Carpet Inn
Gas: Amoco, BP, Chevron^D, Hess Gas, Phillips 66

State Listings – North Carolina

Exit 71 - Long Branch Road

Food: Hardee's, TravelWorld
Gas: Citgo^D
Other: to Heritage Bible College

Exit 70 – Bud Hawkins Road, NC 1811

Lodging: Relax Inn
Gas: Citgo

Exit 65 – Godwin-Falcon Road, NC 82, Godwin, Falcon

Exit 61 – Wade-Stedman Road, Wade

Food: Dairy Queen, Lucky 7 Food Mart, Mini-Mart (at BP and Citgo), Subway
Gas: BP^D, Citgo^D
Camping: Fayetteville KOA (1/4 mile east on NC 815)

Exit 58 – Goldsboro Road, I-295, US 13, Newton Grove (westbound exit to a limited access highway)

Food: Quiznos, Tasty World
Lodging: Days Inn
Gas: Citgo^D, Texaco^D

Exit 56 - Junction I-95 Business South, to US 301, Fayetteville, Hope AFB, Fort Bragg (this exit is to a limited access highway)

Exit 55 – White Road, NC 1832, Eastover, Murphy Road

Lodging: Budget Inn
Gas: Exxon^D, Shell
Other: to Botanical Gardens, Methodist College

Exit 52 - NC 24, Fayetteville, Clinton (this exit is to a limited access highway)

Other: to Botanical Gardens, Fort Bragg, Military Museum, Hope AFB, Methodist College

Exit 49 - NC 53, NC 210, Fayetteville

Food: Burger King, Cracker Barrel, Jericho's Restaurant, McDonald's, Mini-Mart (at Amoco, Citgo, Exxon, Shell and Texaco), Pizza Hut, Ruby Tuesday, Shoney's, Taco Bell, Waffle House
Lodging: Best Western, Comfort Inn, Days Inn, Econolodge, Fairfield Inn, Fayetteville Plaza Hotel, Hampton Inn, Hampton Inn, Holiday Inn, Innkeeper, Jerico's Hotel & Conference Center, Motel 6, Quality Inn, Red Roof Inn, Sleep Inn, Super 8
Gas: Amoco^D, BP, Citgo, Exxon^D, Shell^D, Texaco^D
Other: to Fayetteville State University



Rest Area (48)

Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

State Listings – North Carolina

Exit 46 - NC 87, Elizabethtown, Fayetteville (exit to a limited access highway)

Other: to Fayetteville Civic Center

Fayetteville Area Radio Stations						
WFSS	89.1	FM	Classical	WFNC	640	AM Talk
WQSM	98.1	FM	Adult Pop			

Exit 44 – Claude Lee Road, Airport, Snow Hill Road

Camping: Lazy Acres Campground (1 mile west on Snow Hill Road, then ¼ mile on Lazy Acres Road)

Other: to Fayetteville Regional Airport



NOAA Weather Radio

Fayetteville 162.475 mhz

Exit 41 – Chickenfoot Road, NC 59, Hope Mills, Fayetteville

Food: Subway

Gas: BP, Kangaroo Express

Camping: Spring Valley RV Park (1 mile west on NC 59, then 1 mile north on west service road)

Exit 40 - Junction I-95 Business, To US 301, Fayetteville, Fort Bragg, Hope AFB (this exit is to a limited access highway)

Medical: to Hospital

Note: The area accessible from this exit is a major commercial business district. Numerous services are located off this exit.

Exit 33 - US 301, to NC 71, Parkton

Food: Mini-Mart (at Amoco)

Gas: Amoco^D

Exit 31 - NC 20, St. Paul, Raeford

Food: Blimpie Subs, Burger King, Hardee's, Joe Don Danny's, McDonalds, TCBY

Lodging: Days Inn

Gas: Amoco, BP, Citgo, Exxon^D, Mobi^P, Shell^P

Exit 25 - US 301, local traffic only

Gas: BP^D

Weigh Station (24) - (both directions)

Exit 22 – Fayetteville Road, US 301, local traffic only

Food: Abigale's Restaurant, Blimpie, Burger King, China Wok, CiCi's Pizza, Dairy Queen, Denny's, Hardee's, Huddle House, John's Restaurant, Mini-Mart (at BP, Exxon and Texaco), Outback Steakhouse, Pizza Hut, iznos, Ruby Tuesday, Ryan's Family Steakhouse, San Jose Mexican Restaurant, Smithfield's Chicken & BBQ, Subway, Texas Steakhouse & Saloon, Uncle George's Restaurant, Wendy's, Waffle House, Zaxby's

Lodging: Best Western, Comfort Suites, Country Inn & Suites, Hampton Inn, Holiday Inn, Redwood Motor Lodge, Super 8

State Listings – North Carolina

Gas: BP^D, Exxon^D, Mobil, Shell^D, Texaco^D
 Shopping: Dollar Tree, Fashion Bug, Goody's, Lowe's Foods, Lowe's Home Improvement, Lumberton Towne Centre, Office Depot, Shoe Department, Wal-Mart Supercenter
 Other: to A.D. Lewis Auditorium, Highway Patrol

Exit 20 – North Roberts Avenue, NC 211, to NC 41, Lumberton, Red Springs

Food: Andy's Cheesesteak & Burgers, BoJangle's Famous Chicken 'n Biscuits, Burger King, Captain D's Seafood, Carolina Steaks, Cracker Barrel, Golden City Chinese Restaurant, Hardee's, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Papa John's Pizza, Mini-Mart (at Amoco, Citgo, and Texaco), Shoney's, Sonic, Subway, Taco Bell, Waffle House, Wendy's, Western Sizzlin Steak & More
 Lodging: Best Value Inn, Comfort Inn, Country Inn & Suites, Days Inn, Econolodge, Fairfield Inn, Howard Johnson Express Inn, Quality Inn & Suites
 Gas: Amoco, Citgo, Exxon^D, Shell, Sunoco, Texaco^D
 Medical: Southern General Hospital
 Shopping: Biggs Park Mall, Belk, Eckerd Drugs, Food Lion Supermarket, JC Penny, K-Mart, Lumberton Outlet Center, Winn-Dixie Supermarket
 Other: to Southeastern Regional Medical Center

Fayetteville Area Radio Stations							
WKML	95.7	FM	Country	WSTS	100.9	FM	Religion
WMXF	96.5	FM	Top 40	WJSK	102.3	FM	Country
WZFX	99.1	FM	R&B	WGQR	105.6	FM	Oldies

Exit 19 - Carthage Road

Food: Black Water Grill, Del Sol Mexican Restaurant, Mini-Mart (at Exxon and Texaco)
 Lodging: Knights Inn, Motel 6, Traveler's Inn
 Gas: BP^D, Exxon^D, Texaco^D

Exit 17 – Caton Road, NC 72, NC 711, Lumberton

Food: Bryant's Restaurant, Burger King, Carolina Buffet, Hardee's, Huddle House, Little China Restaurant, Lewis's Seafood Restaurant, McDonald's, Mini-Mart (at BP, Exxon and Mobil), Pate's Drive In, Ruby Tuesday, Subway, Waffle House, Wendy's
 Lodging: Budget Inn, Economy Inn, Southern Inn
 Gas: BP^D, Citgo, Exxon^D, Mobil^D, Shell^D, Texaco
 Shopping: CVS Drugs, Family Dollar, Food Lion Supermarket, Lumber River Shopping Center, Outer Banks Knit Apparel Outlet, Revco Drug
 Other: to Lumberton Municipal Airport, Pinecrest Country Club, Planetarium

Exit 14 - US 74, Maxton, Laurinburg

Food: Mini-Mart (at BP)
 Lodging: Exit Inn, Quality Inn
 Gas: BP
 Shopping: Southeastern North Carolina Regional Farmers Market
 Camping: Sleepy Bear's Family Campground (400' west on US 74, then ¼ mile north on service road)

State Listings – North Carolina

Exit 10 – Chicken Road, to US 301, South Fairmont

Exit 7 – Raynham Road, McDonald, Raynham



**North Carolina Welcome Center (5) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending
Machines, Public Telephones**

Exit 2 - NC 139, to NC 904, Rowland, Fairmont

Exit 1 - US 301, US 501, Rowland, Laurinburg

Food: Denny's, Hardee's, Hot Tamale Restaurant, Huddle House, LaMaraca's Mexican Restaurant, Pedro's Fried Chicken, Pedro's Coffee Shop, Sombrero Restaurant, Tar Heel Diner, Waffle House

Lodging: Budget Hotel, Days Inn, Family Inns of America, Golden Triangle Motel, Holiday Inn Express, South of the Border Motel, Super 8 Motel

Gas: Amoco^D, BP, Citgo, Exxon, Porky's^D, Shell^D, Sunoco, Texaco^D

Camping: Camp Pedro (south on US 301 at South of the Border)

Shopping: South of the Border



I-95 South Carolina

Exit numbers for South Carolina's portion of Interstate 95 are based on the mile marker system.
Exit numbers denote the distance, in miles from the South Carolina/Georgia border.

South Carolina RoadRules

Overnight Parking not Allowed
Riding in Travel Trailers Not Permitted
Riding in Fifth Wheels not Permitted
Riding in Truck Campers not regulated
driver & front seat passenger belts required
back seat passenger belts required if equipped
child restraints required under 6
radar detectors permitted

State Listings – South Carolina



South Carolina Welcome Center (195) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending
Machines, Public Telephones

Exit 193 – Radford Boulevard, SC 9, SC 57, Dillon, Little Rock

Food: BC Steak & BBQ, Bojangles, Bryant's, Burger King, Fiesta Tapatia, Golden Corral, Helmi's Japanese Hibachi-Sushi, Hubbard House, Huddle House, Norton's BBQ, Mini-Mart (at Amoco, Exxon and Speedway), Shoney's, Subway, Sweetey's BBQ, Subway, Tasty World, Waffle House, Wendy's, Zaxby's

Lodging: Best Value Inn, Comfort Inn, Days Inn, EconoLodge, Hampton Inn, Holiday Inn Express, Howard Johnson, Knights Inn, Ramada Limited, Super 8

Gas: Amoco, BP^D, Exxon, Speedway^D, Starin' Marvin, Mobil

Camping: Bass Lake RV Campground (1/2 mile north on west frontage road)

Medical: to Hospital

Shopping: Wal-Mart

Other: to North Myrtle Beach via SC 9, Dillon County Airport

Exit 190 - SC 34, Dillon

Food: Dairy Queen, Stuckey's

Gas: Amoco^D, BP Citgo

Shopping: Harbor Freight Tools Showroom

Dillon Area Radio Stations							
WWPD	94.3	FM	Adult Pop	WCIG	107.1	FM	R&B
WJMX	103.3	FM	Top 40				

Exit 181 - SC 38, SC 917, Bennettsville, Marion

Food: Dairy Queen, Mini-Mart (at BP, Citgo, Exxon and Texaco), Subway, Thad's Restaurant, Wendy's

Gas: BP, Citgo^D, Exxon^D, Flying J Travel Plaza^D, Texaco, Wilco^D



Rest Area (172)

Public Rest Rooms, Travel Information, Picnic Area, Vending Machines, Public
Telephones

Exit 170 – North Williston Road, SC 327, SC 26, Marion, Myrtle Beach

Food: Blimpies Subs, Hardees, McDonald's, Mini-Mart (at Amoco, Shell and Speedway), Wendy's

Gas: Amoco, BP, Citgo, Pilot, Shell^D, Speedway^D, Stavin' Marvin

Camping: Johnson's Trailer Park (5 miles south on SC 327, then 3.5 miles west on US 76/301)

Florence Area Radio Stations							
WYAV	104.1	FM	Top 40	WYNN	106.3	FM	R&B
WDAR	105.5	FM	Rock				

State Listings – South Carolina

Exit 169 - TV Road, Quimby, Florence

Food: Denny's, Iron Skillet, Mini-Mart (at Amoco and BP), Pizza Hut
Lodging: America's Best Value Inn, Park Inn International, Quality Inn, Rodeway Inn
Gas: Amoco, Citgo^D, Exxon, Petro^D, Pilot, Texaco^D
Camping: Florence KOA (400' south on TV Road, then 1 mile north on frontage road)
Medical: to McLeod Medical Center

Exit 164 – West Lucas Street, US 52, Florence, Darlington

Food: Angelo's Seafood Restaurant, Arby's, Baskin Robbins, BoJangle's Famous Chicken 'n Biscuits, Burger King, Cracker Barrel, Denny's, Fatz Café, Hardee's, Hornes Country Buffet, Kentucky Fried Chicken, Kobe Japanese Steakhouse, Krystal, McDonald's, Mini-Mart (at Amoco, Exxon, Hess, Pilot, RaceTrac, Texaco), Outback Steakhouse, P&M Steakhouse Bar & Grill, Perkins Family Restaurant, Phoenix Grill, Pizza Hut, Popeye's Fried Chicken, Quiznos, Ruby Tuesday, Quincy's Family Steak House, Shoney's, Subway, Taco Bell, Thunderbird Country Buffet & Restaurant, Victor's European Bistro, Waffle House, Wendy's, Zaxby's
Lodging: Best Western, Comfort Inn, Country Inn & Suites, Days Inn, EconoLodge, Guesthouse Inn, Hampton Inn, Holiday Inn Hotel & Suites, Howard Johnson, Knights Inn, Microtel Inn & Suites, Motel 6, Park Inn International, Ramada Inn, Shoney's Inn, Sleep Inn, Suburban Extended Stay Motel, Super 8, Thunderbird Inn, Travelhouse Inn, Wingate Inn
Gas: Amoco, BP, Exxon^D, Hess^D, Pilot^D, RaceTrac^D, Raceway, Shell^D, Starvin' Marvin, Texaco^D
Medical: to McLeod Regional Medical Center, Florence General Hospital, Bruce Hospital System
Other: to Air & Missile Museum, Darlington Speedway, Florence City-County Airport, Florence-Darlington Technical College, Francis Marion College
Note: Additional services are available both east and west of this exit.



NOAA Weather Radio
Florence 162.550 mhz

Exit 160A/B - Junction I-20, Florence, Columbia (westbound I-20 is a limited access highway, services below are via eastbound I-20 spur), W. David McLeod Boulevard

Food: Arby's, Burger King, Chic-Fil-A, Chili's, Huddle House, Indigo Joe's, Lonestar Steakhouse, Magnolia Mall Food Court, McDonald's, Mini-Mart (at Shell), Morrison's Cafeteria, Olive Garden, Outback Steak House, Pizza Hut, Red Lobster, Ruby Tuesday, Shoney's, Taco Bell, Waffle House, Western Sizzlin
Lodging: Courtyard Inn, Fairfield Inn, Hampton Inn & Suites, Hilton Garden Inn, Holiday Inn Express, Red Roof Inn
Gas: Shell^D
Shopping: Bed, Bath & Beyond, Belk, Best Buy, Chuck E Cheese's, Dollar Tree, Goody's, Home Depot, JC Penny, Magnolia Mall, Phar-Mor, Pier 1 Imports, Sears, Staples, Target, Toys'rUs, Wal-Mart
Medical: to Bruce Hospital System, Florence General Hospital, McLeod Regional Medical Center
Other: to Air & Missile Museum, Swamp Fox Cinema, Florence City-County Airport, Francis Marion College, Florence Civic Center

State Listings – South Carolina

Exit 157 – West Palmetto Street, US 76, Florence, Timmonsville

- Food: Burger King, Cairo Café, Havanna Cuban Restaurant, Las Palmas Family Mexican Restaurant, Magnolia Dining Room, McDonald's, Mini-Mart (at Exxon, Shell and Texaco), Peking Chinese Restaurant, Red Bone Alley Restaurant, R&R Family Restaurant, Shooky's Deli & Grill, Sonic, Waffle House
- Lodging: Days Inn, Howard Johnson Express Inn & Suites, Ramada Inn, Swampfox Inn, Travelodge, Tree Top Inn, Young's Plantation Inn
- Gas: Amoco^D, BP, Citgo^D, Exxon^D, Shell^D, Texaco^D, 76
- Shopping: Food Lion Grocery
- Camping: Swampfox Camping (400' west on US 76 at Swampfox Inn)
- Medical: to Florence General Hospital, Bruce Hospital System
- Other: to Air & Missile Museum, Florence City-County Airport, Francis Marion College

Exit 153 - Honda Way

- Other: to Honda auto plant

Exit 150 – Cale Yarborough Highway, SC 403, Sardis, Timmonsville

- Food: Country Skillet, Dairy Queen, Mini-Mart (at BP and Exxon), Stuckey's, Taylor's Country Kitchen & Grill
- Lodging: Budget Inn, Econolodge
- Gas: BP^D, Exxon^D
- Camping: Lake Honeydew Camping (400' north on SC 403)

Exit 146 – Lynches River Road, SC 341, Olanta, Lynchburg

- Lodging: Relax Inn
- Gas: Exxon^D

Exit 141 - SC 53, SC 58, Shiloh

- Food: Mini-Mart (at Exxon and Texaco)
- Gas: Exxon^D, Texaco^D



Rest Area (139)

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 135 – Myrtle Beach Highway, US 378, Turbeville, Sumter

- Food: Compass Restaurant, Mini-Mart (at Citgo and Exxon)
- Lodging: Days Inn, Knights Inn
- Gas: BP^D, Citgo, Exxon^D
- Other: to Sumter National Golf Club



NOAA Weather Radio

Sumter 162.475 mhz

Exit 132 – Black River Road, SC 527, Sardinia, Bishopville

State Listings – South Carolina

Exit 122 – Main Street, US 521, Alcolu, Sumter

Food: Mini-Mart (at Exxon), Shrimper Seafood
 Gas: Exxon^D
 Other: to Francis Marion National Forest and Cape Roman National Wildlife Refuge (via US 521 east)

Exit 119 – Paxville Highway, SC 261, Manning, Paxville

Food: Blimpie, Burger King, Hardee's, Huddle House, Kentucky Fried Chicken, Long John Silver's, McDonald's, Mini-Mart (at Shell and Texaco), Sbarro's Pizza, Shoney's, Taco Bell, Waffle House, Wendy's, Western Steer
 Lodging: Best Western Palmetto Inn, Comfort Inn, Guest House Inn & Suites, Hampton Inn, Holiday Inn Express, Manning Economy Inn, Ramada Limited, Super 8, Thunderbird Inn, Travelodge
 Gas: Amoco^D, BP^D, Citgo, Exxon, Shell, Texaco, 76^D
 Camping: Camping Paradise (400' east on SC 261, then south behind Western Steer)
 Medical: to Clarendon Memorial Hospital
 Other: to Poinsett State Park (via SC 261 west)

Exit 115 – Alex Harvin Highway, US 301, Manning

Food: Georgio's family Restaurant, Mini-Mart (at Texaco), Shoney's
 Lodging: Carolina Inn, Days Inn, Econolodge, Sunset Inn, Traveler's Inn
 Gas: BP, Citgo^D, Exxon^D, Texaco^D

Manning Area Radio Stations

WRJA	88.1	FM	Classical	WCOS	97.5	FM	
WMHK	89.7	FM	Religion	WQTR	100.1	FM	
WLGI	90.9	FM	Variety	WWDM	101.3	FM	R&B
WHLZ	92.5	FM		WNOK	104.7	FM	Top 40

Exit 108 – Buff Boulevard, Road 102, Summerton

Food: Dairy Queen, Mini-Mart (at Shell), Stuckey's
 Lodging: America's Best Value Inn, Days Inn, Knights Inn
 Gas: BP, Citgo, Shell^D

Exit 102 – St. Paul Road, US 15, US 301, Road 400, North Santee

Food: Mini-Mart (at Shell)
 Lodging: Santee Resort Hotel
 Gas: Shell^D
 Camping: Santee Lakes Campground (1/2 mile east on north shore via Rt.400)
 Santee State Park (3 miles northwest on SC 6)
 Other: to Santee National Wildlife Refuge



Rest Area (99)

Public Rest Rooms, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

State Listings – South Carolina

Exit 98 – Old Number 6 Highway, SC 6, Eutawville, Santee

- Food: Burger King, Clark's Family Restaurant, Carolina Restaurant, Cracker Barrel, Dairy Queen, Denny's, Hardee's, Huddle House, Kentucky Fried Chicken, Krispy Kreme Donuts, Maryland Fried Chicken, McDonald's, Mini-Mart (at BP, Bi-Lo, Chevron, Citgo, Exxon and Texaco), Pizza Hut, Randazzo's Italian & Seafood Restaurant, Shoney's, The Shrimper Seafood, Subway, TCBY, The Verandah, Waffle House, Western Steer Family Steakhouse
- Lodging: Ashley Inn, Baymont Inn, Best Western Santee Inn, Budget Motel, Carolina Lodge, Clark's Inn, Comfort Inn, Country Inn & Suites, Days Inn, Hampton Inn, Holiday Inn, Lake Marion Inn, Mansion Park Motor Lodge, Quality Inn, Ramada Inn, Santee Economy Inn, Swamp Fox Motel, Super 8
- Gas: Amoco, Bi-Lo, BP^D, Chevron, Citgo, Exxon, Hess, Shell, Texaco^D
- Camping: Lake Marion Resort (2.5 miles east on SC 6, then ¾ mile north on NC 38-1973)
Santee State Park (3.5 miles northwest on SC 6)
- Shopping: CVS Drug, Bass Outlet, Family Dollar, Food Lion Supermarket, NAPA Auto Parts, Piggly Wiggly Supermarket, Radio Shack, Revco Drug, Santee Factory Stores
- Other: Chapel Creek Plantation Golf, Lake Marion Golf Club, Santee Cooper Club, Santee National Golf Course at Chapel Hill Plantation, U.S. Post Office
- Note: access to the Santee Cooper Lakes Recreation Area

Exit 97 - US 301, Orangeburg (this is a southbound exit only, with reentry northbound only)

Exit 93 – Bass Drive US 15, Santee, Elloree

Santee Area Radio Stations							
WSSB	90.3	FM	R&B	WEZL	103.5	FM	Country
WLTR	91.3	FM	Classical	WKSO	103.9	FM	Oldies
WXTG	96.9	FM	Adult Pop	WTCB	106.7	FM	Adult Pop
WMNY	100.3	FM	R&B	WKQB	107.5	FM	Top 40
WIGL	102.9	FM					

Exit 90 – Old State Road, US 176, Holly Hill, Cameron

- Food: Mini-Mart (at Exxon)
- Gas: Exxon^D

Exit 86A/B - Junction I-26, Charleston, Columbia (this exit is to a limited access highway)

Exit 82 - US 178, Harleyville, Bowman

- Food: Dairy Queen, Jerry's Restaurant, Mini-Mart (at Amoco, BP, Exxon and Texaco), Wendy's
- Lodging: Peach Tree Inn
- Gas: Amoco^D, BPD, Exxon^D, Texaco^D, Wilco^D

Exit 77 – Jim Bilton Boulevard, US 78, St. George, Branchville

- Food: Cracker Barrel, Dairy Queen, Empire Restaurant, Grady's Country Café, Hardee's, Huddle House, Kentucky Fried Chicken, Krispy Kreme Donuts, McDonald's, Mini-Mart (at BP, Exxon, Shell and Texaco), Pizza Hut, Skynyrd's Sports Bar, Subway, Taco Bell, TCBY, Waffle House, Western Sizzlin Steak & More, Western Sizzlin

State Listings – South Carolina

Lodging: Americas Best Value Inn, Best Value Inn, Best Western, Comfort Inn, Days Inn, EconoLodge, Economy Inn of America, Holiday Inn, Quality Inn, St. George Motor Inn, Southern Inn, Super 8

Gas: BP, Exxon, Rainbow Gas, Shell, Texaco^D

Camping: Comfort Inn RV Park (behind Comfort Inn)

Shopping: Ace Hardware, CVS Drug, Dollar General, Family Dollar, Food Lion Supermarket, Revco Drug

Other: to U.S. Post Office

Exit 68 – Augusta Highway, SC 61, Canadys, Bamberg

Food: Mini-Mart (at Amoco, Citgo and Texaco), Subway

Gas: Amoco, BP^D, Circle C, Citgo, Texaco^D

Camping: Colleton State Park (3 miles east on SC 61, then ¼ mile north on SC 15)
Shuman's RV Trailer Park (3 miles east on SC61, then ¼ mile north on SC15)

Exit 62 – McLeod Road, Road 34

Exit 57 – Bells Highway, SC 64, Walterboro

Food: Arby's, Blimpie Subs, Burger King, Capt D's Seafood, Checkers Drive-In Restaurant, Dairy Queen, Domino's Pizza, Huddle House, Krispy Kreme Donuts, Little Caesar's Pizza, Longhorn Steak House, McDonald's, Mini-Mart (at Amoco, BP, Chevron, Citgo, Shell and Texaco), Olde House Café, Pizza Hut, Subway, Taco Bell, TCBY, Waffle House, Wendy's

Lodging: Budget Inn, Carolina Lodge, Howard Johnson, Howard Johnson Express, Sleep Inn, Southern Inn, Super 8

Gas: Amoco^D, BP^D, Chevron, Citgo, Exxon^D, Shell, Speedway, Texaco^D

Shopping: Advance Auto Parts, AutoZone, CVS Drugs, Eckerd Drug, Food Lion Supermarket, K-Mart, Piggly-Wiggly Supermarket, Wal-Mart Supercenter, Walterboro Plaza

Medical: to Colleton Medical Center, George Moore Veterans Hospital

Walterboro Area Radio Stations

WSCI	89.3	FM	Classical	WXLY	102.5	FM	Oldies
WSSX	95.1	FM	Top 40	WBHC	103.1	FM	
WAVF	96.1	FM	Rock	WDXZ	104.5	FM	R&B
WALD	100.9	FM					

Exit 53 – Sniders Highway, SC 63, To US 17 Alt., Walterboro

Food: Burger King, Cracker Barrel, Dairy Queen, Glass House Seafood Restaurant, Huddle House, Kentucky Fried Chicken, Krispy Kreme Donuts, Longhorn Family Steakhouse, McDonald's, Mini-Mart (at BP, Citgo and Texaco), Racquet Room, Ruby Tuesday, Shoney's, Subway, Waffle House

Lodging: Best Western, Comfort Inn & Suites, Days Inn, Deluxe Inn, EconoLodge, Hampton Inn, Holiday Inn Express Hotel & Suites, Howard Johnson, Microtel, Quality Inn & Suites, Ramada Inn, Town & Country Inn

Gas: Amoco, BP, Chevron, Citgo^D, El Cheapo, Exxon^D, Shell, Texaco

Camping: New Green Acres RV Park (100' west on SC 63, then ½ mile north on frontage road)

Medical: to Hospital

Other: to Dogwood Hills Country Club

State Listings – South Carolina



Rest Area (47)

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 42 – Low Country Highway, US 21, Beaufort, Yemassee

Exit 38 - SC 68, Yemassee, Hampton

Food: J's Restaurant, Subway, Mini-Mart (at BP, Chevron and Shell) TCBY
Lodging: Palmetto Lodge, Super 8
Gas: BP, Chevron, Exxon, Shell^D, Texaco^D
Shopping: Le Cruset Factory Outlet

Exit 33 – Kings Highway, US 17, Charleston, Beaufort

Food: Denny's, McDonald's, Mini-Mart (at BP, Citgo, Exxon, Shell and Texaco), Subway, TCBY, Waffle House, Wendy's
Lodging: Best Western, Days Inn, Holiday Inn Express, Knights Inn
Gas: Amoco, BP^D, Citgo, Exxon, Texaco, Shell
Camping: Point South KOA (1/4 mile north on US 17, then 1 block south on Yamassee)
Other: to Paris Island U.S.M.C., Marine Corps Air Base, U.S. Naval Hospital, Hunting Island State Park, (via US 17 east to US 21 east)
Note: this exit is the quickest access to the Beaufort - Sea Island area

Exit 28 - SC 462, Coosawhatchie

Food: Dairy Queen, Mini-Mart (at Amoco, Chevron and Texaco), Stucky's
Gas: Amoco, Chevron^D, Citgo, Exxon^D

Exit 22 – Jacob Smart Boulevard, US 17 South, Ridgeland

Food: El Ranchito Mexican Restaurant, Mini-Mart (at Shell), Subway
Lodging: Plantation Inn
Gas: Shell
Other: to Ridgeland Municipal Airport

Exit 21 - US 278, Ridgeland, Hilton Head Island

Food: Blimpie Subs, Burger King, Cabritos, Country Morning Bakery, Hardee's, Huddle House, Jaspers Porch Lakefront Restaurant, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Chevron, Exxon and Texaco), Scoops & Slices, Subway, Waffle House
Lodging: Comfort Inn, Days Inn, Ramada Limited
Gas: Chevron^D, Citgo, Exxon, Texaco^D
Medical: to Hospital
Shopping: Boat & RV Megastore, Eckerd Drug, Food Lion Supermarket, Rite Aid Drug
Other: to Hilton Head Island via US 278

Exit 18 - US 17, Road 13, Ridgeland



Rest Area (17)

no facilities at this rest area

State Listings – South Carolina

Beaufort Area Radio Stations						
WAGP	88.7	FM	Religious	WSHG	104.9	FM Oldies
WJWJ	89.9	FM	Classical	WHHR	106.1	FM Adult Pop
WBHH	92.1	FM		WLOW	106.9	FM Oldies
WYKZ	98.7	FM	Adult Pop	WIJY	107.9	FM Adult Pop
WHTK	99.7	FM	Top 40			

Exit 8 - Road 88, Beaufort

- Food: Krispy Creme, Hardee's, Huddle House, Joker Joe's Restaurant, McDonald's, Mini-Mart (at Exxon and Chevron), Huddle House, Pizza Hut, Subway, TCBY, Wendy's
- Lodging: Ramada Limited
- Gas: BP^D, Exxon, Chevron, Kangaroo, Shell, Texaco^D
- Shopping: Golf Ball Outlet
- Camping: Gateway Campground (1/4 mile west on Road 88, then 1 block south on US 17)
- Other: to Carolina Regional Medical Hospital



NOAA Weather Radio

Beaufort 162.475 mhz

Exit 5 - US 17, US 321, Hardeeville, Estille

- Food: American Diner, Blimpie Subs, Burger King, Denny's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, BP, Chevron, Exxon, Shell and Speedway), Shoney's, Subway, Waffle House, Wendy's
- Lodging: Budget Inn, Carolina Inn Express, Comfort Inn, Days Inn, Deluxe Inn, Economy Inn, Holiday Inn Express, Howard Johnson, Knights Inn, Scottish Inn, Sleep Inn, Super 8
- Gas: Amoco, BP^D, Chevron, Exxon^D, Shell, Speedway^D
- Other: to Tourist Information Center, Savannah National Wildlife Refuge

Weigh Station - (both directions)



South Carolina Welcome Center (5) accessible to northbound motorists only – Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

State Listings – Georgia



I-95 Georgia

Exit numbers for Georgia's portion of Interstate 95 are based on the mile marker system. Exit numbers denote the distance, in miles from the Georgia/Florida border.

Georgia Rules of the Road

Overnight Parking Not Allowed

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted With Exceptions

Driver & Front Seat Passenger Belts Required

Seat Belts May be Used for Children Over 3

Child Restraints Required 3 Years and Under

Radar Detectors Permitted

State Listings – Georgia



Georgia Welcome Center (111) accessible to southbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 109 – Tom Triplett Parkway, GA 21, Port Wentworth, Savannah

Food: Circle K, Daiquiri Island Grill & Bar, McDonald's, Mini-Mart (at 76, Enmark, Smile Gas and Speedway), Quiznos, Sea Grill Restaurant, Subway, Waffle House, Wendy's, Zaxby's
Lodging: Comfort Suites, Country Inn & Suites, Hampton Inn, Holiday Inn Express, Inn at Mulberry Grove, Savannah Inn, Sleep Inn, Super 8, Wingate Inn
Gas: Amoco, Enmark^D, Exxon, Pilot^D, Shell
Other: to Savannah International Airport, Historic Savannah

Exit 106 – Jimmy DeLoach Parkway

Other: Georgia Institute of Technology at Savannah

Exit 104 – Pooler Parkway, Savannah International Airport

Food: Arby's, Carey Hilliard's Restaurant, Chick-Fil-A, McDonald's, Mini-Mart (at Amoco, Chevron, Shell and Texaco), Ruby Tuesday, Sonic, Subway, Waffle House, Zaxby's
Lodging: Fairfield Inn, Four Points Savannah, Hawthorne Suites, Hilton Garden Inn, Red Roof Inn, Springhill Suites, Staybridge Suites
Gas: Amoco, Chevron, Shell, Texaco
Shopping: Home Depot, Sam's Club, Wal-Mart Supercenter
Other: to Savannah International Airport

Exit 102 - US 80, Pooler, Garden City

Food: Burger King, Cracker Barrel, Domino's Pizza, Don's Favorite BBQ, Hardee's, Huddle House, Kentucky Fried Chicken, Krystal, McDonald's, Pizza Hut, Spanky's Pizza, Quiznos, Subway, Taco Bell, Waffle House, Wendy's, Western Sizzlin Steak & More
Lodging: Best Western, Bradbury Suites, Comfort Inn & Suites, Country Hearth Inn, EconoLodge, Holiday Inn, Jameson Inn, Microtel Inn & Suites, Quality Inn, Ramada Limited, Travelodge Suites
Gas: Amoco, BP, Chevron, Enmark^D, Gate
Shopping: Food Lion Supermarket
Other: to Historic Savannah

Exit 99 - Junction I-16, Savannah, Macon (this exit is to a limited access highway)

Other: To National Historical District (Riverfront Plaza)



NOAA Weather Radio
Savannah 162.400 mhz

Exit 94 – Fort Argyle Road, GA 204, Savannah, Pembroke

Food: Cracker Barrel, Denny's, Hardee's, Hooters, Huddle House, McDonald's, Mini-Mart (at Amoco, Chevron, Exxon and Shell), Perkin's Family Restaurant, Ruby Tuesday, The Shell House Seafood Restaurant, Shoney's, Sonic, Subway, Waffle House

State Listings – Georgia

- Lodging:** Baymont Inn & Suites, Best Value Inn, Best Western, Clarion Inn & Suites, Comfort Inn & Suites, Country Inn & Suites, Days Inn, EconoLodge, Fairfield Inn, Guesthouse Inn, Hampton Inn, Holiday Inn Express, LaQuinta Inn, Microtel Inn & Suites, Quality Inn, Red Roof Inn, Shoney's Inn, Sleep Inn, Super 8, Travelodge, Wingate Inn
- Gas:** Amoco^D, Chevron^D, El Cheapo, Exxon, Shell^D, Texaco
- Medical:** to St. Joseph's Hospital
- Camping:** Bellaire Woods Campground (2.5 miles west on GA 204)
Biltmore Gardens RV Park (2 miles east on GA 204, then 5 miles north on US 17)
- Shopping:** KB Toys, Savannah Factory Stores, Savannah Festival Factory Stores, to Oglethorpe Mall
- Other:** to Armstrong State College

Savannah Area Radio Stations							
WYFS	89.5	FM	Religion	WJCL	96.5	FM	Light Hits
WSVH	91.1	FM	Classical	WAEV	97.3	FM	Adult Pop
WEAS	93.1	FM	R&B	WZAT	102.1	FM	Top 40
WCHY	94.1	FM	Country	WGEC	103.9	FM	Religion
WIXV	95.5	FM	Rock				

Exit 90 – Ford Avenue, GA 144, Old Clyde Road

- Food:** Hardee's, McDonald's, Mini-Mart (at Amoco, Exxon and Texaco)
- Gas:** Amoco, BP, Chevron, Exxon, Texaco^D
- Camping:** Ft. McAllister State Park (6.5 miles east on GA 144, then east on Spur 44 to the end)
Waterway RV Park (1 miles east on GA 144, then 2.5 miles north on US 17)
- Other:** To Fort McAllister State Park

Exit 87 – US 17, Coastal Highway, Richmond Hill

- Food:** Arby's, Burger King, Dairy Queen, Denny's, Huddle House, Kentucky Fried Chicken, Long John Silver's, McDonald's, Mini-Mart (at Amoco, BP, Chevron, Citgo, RaceTrac, Shell, Speedway and Texaco), Pizza Hut, Subway, Taco Bell, Waffle House, Wendy's
- Lodging:** Best Western, Comfort Suites, Days Inn, EconoLodge, Hampton Inn, Holiday Inn, Knights Inn, Motel 6, Ramada Inn, Royal Inn, Scottish Inn, Travelodge
- Gas:** 76^D, BP^D, Chevron^D, Citgo^D, Exxon, RaceTrac, Shell^D, Speedway^D, Starvin' Marvin, Texaco^D
- Camping:** KOA Savannah South (1/2 mile south of exit on US 17)
- Other:** to Coastal Aquarium

Exit 76 – Colonel's Island Road, US 84, GA 38, Midway, Sunbury

- Food:** Houlton's Seafood, Huddle House, Mini-Mart (at Amoco, BP, El Cheapo and Shell)
- Gas:** BP, El Cheapo^D
- Medical:** to Hospital
- Camping:** Martin's Glebe Plantation (1/4 mile west on US 84)
- Other:** To Midway Museum, Fort Morris Historical Site

State Listings – Georgia

Exit 67 - US 17, Coastal Highway

Food: McDonalds, Mini-Mart (at BP, Chevron, Shell and Texaco)
 Gas: Amoco, BP, Chevron^D, Shell
 Camping: Riverfront RV Park (1/4 mile south on US 17)
 South Newport Campground
 Other: to Harris Neck National Wildlife Refuge

Exit 58 - GA 57, GA 99, Eulonia, Townsend Road

Food: Huddle House, Mini-Mart (at Amoco, Chevron and Shell), Mrs. T's Restaurant
 Lodging: Days Inn, Knights Inn
 Gas: Amoco^D, Chevron^D, Shell^D, Texaco
 Camping: Lake Harmony Campground (1/3 mile west on GA 57)
 McIntosh Lake Campground (3/4 mile west on GA 57)
 Other: Tourist Information

Eulonia Area Radio Stations							
WLPT	88.3	FM	Religion	WGCO	98.3	FM	Oldies
WSKX	92.1	FM	Country	WIFO	105.5	FM	Adult Pop
WBYZ	94.5	FM	Country				

Weigh Station (55) - (both directions)

Exit 49 – Briardam Road, GA 251, Darien

Food: Burger King, Dairy Queen, Food Court (at Georgia Island Factory Shoppes),
 Huddle House, Kentucky Fried Chicken, Krispy Kreme Donuts, McDonald's,
 Mini-Mart (at BP, Mobil, and Shell), Pizza Hut, Ruby Tuesday, Sbarro's Pizza,
 Smokey Joe's BBQ, Taco Bell, TCBY, Waffle House, Wendy's
 Lodging: Comfort Inn, Hampton Inn, Holiday Inn Express, Quality Inn, Super 8
 Gas: BP, Citgo, El Cheapo^D, Exxon, Mobil^D, Shell
 Camping: Darien Inland Harbor Campground (1/4 mile east on GA 251)
 Tall Pines RV Park
 RV Land Campground (1 block east on GA 251)
 Shopping: Georgia Island Factory Shoppes
 Other: To Fort King George Historical Site, Lewis Island Natural Area

Exit 42 – Grants Ferry Road, GA 99, Business I-95

Other: to Glynco Jet Port, Historic Plantation Site



Rest Area (40) accessible to southbound motorists only
Public Rest Rooms, Picnic Area , Public Telephones

Exit 38 - GA 25, Brunswick, North Golden Isles Parkway

Food: Applebee's, Captain D's Seafood, Flash Foods, Glynn Place Mall Food Court,
 Golden Corral, Huddle House, Krispy Kreme Donuts, Mini-Mart (at Amoco
 and Shell), Ruby Tuesday, Ryan's Family Steak House, Starbucks, Waffle
 House
 Lodging: Cambridge Suites, Country Inn, Courtyard, EconoLodge, Embassy Suites (at
 Glynn Place Mall), Fairfield Inn, Guest Cottage and Suites, Jameson Inn,
 Microtel Inn, Quality Inn, Ramada Inn, St. James Suites

State Listings – Georgia

Gas: Amoco, Citgo, Chevron, Conoco, Racetrac, Shell, Texaco
 Camping: Golden Isles Rest & Rec Campground (1 mile east on Golden Isles Parkway, then 1/8 mile north on Walker Road)
 Shopping: Glynn Place Mall, Outlet Mall, Stop n' Shop
 Medical: to Hospital
 Other: to Brunswick College, Federal Law Enforcement Training Center, Brunswick Jetport, St. Simons Island, Fort Frederica National Monument, Sea Island
 Note: I-95 Southbound: GA 25 is the main route into the Brunswick-Jekyll Island Area

Exit 36A/B – Golden Isles Parkway, US 25, US 341, Brunswick, Jesup

Food: Burger King, Captain Joe's Seafood, Cracker Barrel, Denny's, Huddle House, International House of Pancakes, Kentucky Fried Chicken, Krystal, McDonald's, Pizza Hut, Quincy's Family Restaurant, Shoney's, Sonny's Barbecue, Starbucks, Subway, Taco Bell, Waffle House, Wendy's, Western Sizzlin Steak & More
 Lodging: Best Western, Baymont Inn & Suites, Clarion, Comfort Inn, Days Inn, Hampton Inn, Holiday Inn, Howard Johnson, Knights Inn, LaQuinta, Motel 6, Ramada Inn, Red Roof Inn, Shoney's Inn, Sleep Inn, Super 8, Travelodge
 Gas: Amoco, BP^D, Chevron, ElCheapo, Exxon^D, Mobil^D, Phillips 66, RaceTrac, Shell^D, Texaco^D
 Shopping: Brunswick Factory Outlet Mall, Brunswick Outlet Plaza, CVS Drugs, Family Dollar, Outlets Limited, Revco Drug, Winn-Dixie Supermarket
 Other: Welcome Center of the South, Georgia State Patrol

Exit 29 - US 17, US 82, Brunswick, South Golden Isles Parkway

Food: Church's Chicken, Country Pride Restaurant, Dairy Queen, The Georgia Pig, Huddle House, Mini-Mart (at BP, Flying J, Exxon, Phillips 66, Pilot, Shell and Texaco), Steak & Shake, Stucky's, Subway, Waffle House
 Lodging: DayStop, Guesthouse Inn & Suites, Microtel Inn, Super 8 Motel
 Gas: Amoco, BP^D, Citgo, Exxon, Flying J^D, Phillips 66^D, Pilot^D, Shell^D, Texaco^D
 Camping: Blythe Island Regional Campground (1/2 mile west on US 17, then 3 miles north on GA 303)
 Golden Isles Vacation Park (1/2 mile west on US 17, then ¼ mile north on GA 303)
 Other: to Brunswick College, St. Simons Island, Fort Frederica National Monument, Sea Island, Jekyll Island
 Note: I-95 Northbound: US 17 is the main route into the Brunswick-Jekyll Island Area

Brunswick Area Radio Stations						
WXVS	90.1	FM	Classical	WBGA	102.5	FM Adult Pop
WHJX	101.5	FM	Top 40	WHFX	103.3	FM Top 40

Exit 26 - Dover Bluff Road

Food: ChooChoo BBQ, Mini-Mart (at Shell), Stucky's
 Gas: BP, Mobil, Shell^D
 Camping: Ocean Breeze Campground (2 miles east on Dover Bluff Road)

State Listings – Georgia

Exit 14 - GA 25, Woodbine

Food: Jack's BBQ, Mini-Mart (at Sunshine)
 Gas: Sunshine^D
 Note: Additional services available in Woodbine

Exit 7 - Harriett's Bluff Road

Food: Huddle House, Jack's Wood Cooked BBQ, Mini-Mart (at Shell and Texaco), Subway
 Gas: Amoco, BP, Shell, Texaco^D
 Camping: Raintree RV Park (1/4 mile east on Harriett's Bluff Road)

Exit 6 - Colerain, St. Mary's

Food: Arby's, Mini-Mart (at Cisco), Papa's Real Pit BBQ
 Gas: Cisco^D

Exit 3 - GA 40, Kingsland, St. Mary's

Food: Applebee's, Bennigan's Irish American Grill & Tavern, Blue's BBQ, Burger King, Chick-Fil-A, Cracker Barrel, Dairy Queen, Kentucky Fried Chicken, Krystal's, Little Caesar's Pizza, McDonald's, Mini-Mart (at Chevron, Enmark, Exxon, Mobil, RaceTrac, Shell and Texaco), Pablo's Mexican Restaurant, Pizza Hut, Ponderosa Steak House, Shoney's, Sonny's BBQ, Stucky's Express, Subway, Taco Bell, Waffle House, Wendy's
 Lodging: Best Western, Comfort Inn, Country Inn & Suites, Days Inn, EconoLodge, Hampton Inn, Holiday Inn Express, Howard Johnson Express, Jameson Inn, Microtel Inn, Peachtree Inn, Quality Inn & Suites, Ramada Inn & Suites, Scottish Inn, Sleep Inn, Super 8
 Gas: Chevron, Citgo, Enmark^D, Exxon^D, Mobil, Raceway, Shell, Texaco^D, Williams
 Camping: Crooked River State Park (northeast on Kings Bay Road, then 3 miles north on Spur 40)
 Shopping: CVS Drugs, Dollar Tree, K-Mart, Publix Supermarket, Revco Drug, Winn-Dixie Supermarket
 Medical: to Hospital
 Other: to Naval Submarine Support Base, King's Bay, Cumberland Island National Seashore, Crooked River State Park

St. Marys Area Radio Stations							
WLKC	93.5	FM	Country	WKBX	106.3	FM	Adult Pop
WIOI	100.7	FM	Oldies				

Exit 1 - St. Mary's Road

Food: Dynasty Chinese Restaurant, Mrs. Winner's Chicken 'n Biscuits, Wendy's
 Gas: Hess, Wilco
 Camping: Kingsland/Jacksonville North KOA (1/4 mile south on St. Mary's Road)
 Country Oaks RV Park



Georgia Welcome Center (1) accessible to northbound motorists only
Public Rest Rooms, Travel Information, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones, RV Dump

State Listings – Florida



I-95 Florida

Exit numbers for Florida's portion of Interstate 95 are based on the mile marker system. Exit numbers denote the distance, in miles from its southern terminus in Miami.

Florida Rules of the Road

Overnight Parking Not Allowed

Riding in Travel Trailers Not Permitted

Riding in Fifth Wheels Not Permitted

Riding in Truck Campers Permitted

Driver & Front Seat Passenger Belts Required

Child Restraints Required Under 6

Radar Detectors Permitted

State Listings - Florida

Agricultural Inspection Station

Exit 380 - US 17, Hilliard, Fernandia Beach

Food: Mini-Mart (at Amoco and Shell), Po Folks
Lodging: Days Inn, Super 8
Gas: Amoco, Shell
Camping: Hance's RV Park (300 yards. east on US 17)



Florida Welcome Center (375) accessible to southbound motorists only
Public Rest Rooms, Tourist Information, Picnic Area, Barbecue Grills, Public Telephones

Weigh Station (374) accessible southbound and northbound

Exit 373 – Buccaneer Trail, SR 200, SR A1A, Callahan, Fernandia Beach

Food: Burger King, Dairy Queen, Domino's Pizza, Kentucky Dried Chicken, Krystal, McDonald's, Subway, Taco Bell, Waffle House, Wendy's
Lodging: Comfort Inn, Holiday Inn Express, Nassau Holiday Motel
Gas: BP^D, Exxon^D, Oasis Gas^D, Texaco
Shopping: Florida Citrus Center

Exit 366 - Pecan Park Road

Food: Mini-Mart (at BP and Citco)
Gas: BP^D, Citgo^D
Other: to Pine Lakes Golf Club

Exit 363A/B - Jacksonville International Airport, Duval Road

Food: 5 Guys Burgers, A&W, Applebee's, Chic-Fil-A, Chili's, Cracker Barrel, Denny's, Dunkin Donuts, Longhorn Steakhouse, Millhouse Restaurant, Mini-Mart (at Amoco, BP, Chevron, Mobil and Texaco), Panera Bread, Quincy's Family Restaurant, Ruby Tuesday, Shoney's, Starbucks, Subway, Taco Bell, Waffle House, Zaxby's
Lodging: Airport Motor Inn, Best Western Presidential Inn, Clarion Hotel, Comfort Suites, Country Hearth Inn, Courtyard, Days Inn, Econolodge, Fairfield Inn, Hilton Garden Inn, Holiday Inn, Inn at Jax, Red Roof Inn, Residence Inn, Rodeway Inn, Travelodge, Wingate Inn
Gas: Amoco, BP, Chevron, Exxon, Mobil^D, Texaco^D
Shopping: DollarTree, GameStop, Kirkland's, Michael's, PetSmart, Wal-Mart Supercenter
Other: to Jacksonville International Airport

Exit 362A/B - Junction I-295 South, SR 9A, Blount Island (this exit is to a limited access highway)

Other: to Oceanway Sports Complex (via FL 9A to US 17 north)
Note: Florida I-295 Jacksonville. Use Florida's I-295 to around Jacksonville, Florida during rush hours or periods of high traffic. I-95 Southbound: Use this exit (Exit 126) and see the Alternate RouteSection - I-295 Jacksonville for exit information. I-95 Northbound: From the Alternate Route Section - I-295 Jacksonville, rejoin I-95 here (Exit 126)

State Listings - Florida

Exit 360 - SR 104, Dunn Avenue, Busch Drive

- Food: Applebee's, Arby's, Bono's Pit BBQ, Burger King, CiCi's Pizza, Captian D's Seafood, Checkers, Dunkin Donuts, Hardee's, Kentucky Fried Chicken, Krystal, Lee's Chicken, Little Caesar's Pizza, Long John Silver's, McDonald's, Mini-Mart (at Amoco, Gate, Hess and Shell), Mister Donut, Pizza Hut, Popeye's Fried Chicken, Quincy's Family Restaurant, Rally's Burgers, Shoney's, Sonny's Barbecue, Starbucks, Subway, Taco Bell, Waffle House, Wendy's, Western Sizzlin Steak & More
- Lodging: Admiral Benbow Inn, Best Value Inn, Best Western, Executive Inn, La Quinta, Motel 6, Red Carpet Inn, Scottish Inn, Super 8 Motel
- Gas: Amoco, BP, Chevron, Exxon, Gate^D, Hess^D, Lil Champ, Shell, Texaco, 76
- Shopping: Beall's Outlet, Big Lots, CVS Drugs, DollerTree, Eckard Drug, Family Dollar, GameStop, Pep Boys, Pick-N-Save Drug, Publix Supermarket, Radio Shack, Sams Club, Walgreens, Winn-Dixie Supermarket
- Medical: to St. Vincent's Family Medical Center
- Other: to Anheuser Busch Brewery
- Note: Additional services are available west of this exit beyond Texaco

Exit 358B - Clark Road, Broward Road (no exit, entry southbound only)

- Lodging: Days Inn
- Gas: BP

Exit 358A - SR 105, to US 17, Heckscher Drive (this exit is to a limited access highway)

- Gas: BP
- Lodging: Best USA Inn
- Other: To Jacksonville Zoo

Exit 357 - SR 111, Edgewood Avenue

- Food: Burger King, Dunbars, Mini-Mart (at Citgo)
- Gas: Amoco, Citgo, Shell, Texaco

Jacksonville Area Radio Stations						
WNCM	88.1	FM	Religion	WEJZ	96.1	FM Adult Pop
WJFR	88.7	FM	Religion	WKQL	96.9	FM Oldies
WJCT	89.9	FM	Classical	WQIK	99.1	FM Country
WKTZ	90.9	FM	Light Hits	WIVY	102.9	FM Adult Pop
WNLE	91.7	FM	Religion	WFYV	104.5	FM Rock
WJXR	92.1	FM	Country	WCRJ	107.3	FM Country
WAPE	95.1	FM	Top 40	WOKV	600	AM Talk

Exit 356A/B - SR 115, SR 117, Norwood Avenue, Lem Turner Road

- Food: Burger King, Captain D's Seafood, Hardee's, Krystal, Mini-Mart (at Amoco, Hess and Texaco), Popeye's Famous Fried Chicken, Rally's Burgers
- Gas: Amoco, Citgo, Hess^D, Shell, Texaco^D
- Medical: to St. Vincent's Family Medical Center
- Shopping: Gateway Shopping Center, Jiffy Lube, Midas Muffler, Publix, Walgreen's
- Note: This is a major urban commercial business district. Numerous services are located off this exit in both directions.

State Listings - Florida

Exit 355 - Golfair Boulevard

Food: Aunt Tille's Soul Food, Johnson's Pit BBQ, Mini-Mart (at Exxon, RaceTrac, Shell and Texaco), Pepper Pot Restaurant
Lodging: Civista Inn
Gas: BP, Chevron, Exxon, RaceTrac, Shell, Texaco
Shopping: Gateway Shopping Center, Walgreens
Note: This is a major urban commercial business district. Numerous services are located off this exit in both directions.

Exit 354A/B - US 1, Martin Luther King Parkway, 20th Street (this exit is to a limited access highway)

Medical: to University Medical Center

Exit 353D - SR 114, 8th Street

Food: McDonald's
Gas: Shell, Speedway
Medical: to Methodist Hospital, University Hospital
Shopping: ABC Liquor

Exit 353C - US 23 North, Kings Road (this exit is difficult to reenter)

Exit 353B - Alt. US 90, Union Street, Downtown Jacksonville (this exit is difficult to reenter)

Exit 353A - Church Street (this exit is difficult to reenter)

Exit 352C - Monroe Street (this is a northbound exit only, with reentry southbound only)

Exit 352B - Forsyth Street (this is a northbound exit only)



NOAA Weather Radio
Jacksonville 162.550

Exit 352A - Myrtle Avenue

Exit 351D - Stockton Street

Exit 351C - Margaret Street

Exit 351B - I-10 West

Exit 351A - Park Street

Exit 350B - SR 13, San Marco Boulevard (this is a southbound exit only, with reentry northbound only)

Food: Chart House Restaurant, Morton's Steak House, Ruth's Chris Steak House, Southern Grill
Lodging: Crowne Plaza, Extended Stay America, Hampton Inn, Hilton Jacksonville Riverfront, Pavilion Inn, Radisson, Wyndham Riverwalk
Gas: BP
Medical: to Baptist Memorial Hospital, Friendship Park

State Listings - Florida

Exit 350A – US 1, Prudential Drive, Downtown Jacksonville (this is a northbound exit only, with reentry southbound only)

Exit 349 - US 90 East, Beach Boulevard (this is a southbound exit only, with reentry northbound only)

Gas: Shell

Exit 348 - US 1 South, Philips Highway (this is a southbound exit only, with reentry northbound only)

Lodging: City Center Motel, Scottish Inn, Super 8

Exit 347 – Alt. US 1, SR 126, Emerson Street

Food: McDonald's, Mini-Mart (at Amoco, Chevron, Shell and Texaco), Subway, Taco Bell

Lodging: Emerson Inn

Gas: Amoco, Exxon, Gate, Shell, Texaco^D

Camping: Fleetwood RV Park (1/4 mile west on Emerson, then 1 mile south on US 1)

Shopping: Food Lion Supermarket, Market Square of Jacksonville, Old Mill Antique Market, Oshman's Sports Warehouse Outlet, Sam's Club, Walgreen Drug

Exit 346A/B - SR 109, University Boulevard (this is a southbound exit only, with reentry northbound only)

Food: Arby's, Burger King, Captain D's Seafood, Dairy Queen, Dunkin Donuts, Hungry Howie's Pizza & Subs, International House of Pancakes, Krystal, Mini-Mart (at Amoco, BP, Hess, RaceTrac and Texaco), Popeye's Fried Chicken, Rally's, Ryan's Family Steakhouse, Shoney's, Subway, Sonny's BBQ, Taco Bell, Waffle House, Wendy's

Lodging: Best Western, Comfort Lodge, Days Inn, EconoLodge, Marriott, Ramada Inn, Red Carpet Inn, Super 8

Gas: Amoco, BP, Chevron, Citgo, Exxon^D, Hess^D, RaceTrac, Texaco

Shopping: Firestone, Goodyear, Jiffy Lube, Midas Muffler, Winn-Dixie Supermarket

Medical: to Primedical, Jacksonville Medical Center, Memorial Medical Center

Note: Additional services are available west at Exit 102, then left at the 1st traffic light

Exit 345 – to SR 109, Bowden Road (this is a northbound exit only, with reentry southbound only)

Food: Arby's, Blimpie Subs, Bono's Barbecue, International House of Pancakes, Shoney's, Waffle House

Lodging: Comfort Lodge, Days Inn, Ramada Inn, Red Carpet Inn, Super 8

Gas: BP, Chevron, Gate, Hess

Medical: to Hospital

Note: Additional services available west at Exit 103, then right at the 1st traffic light

Exit 344 - SR 202, J Turner Butler Boulevard, Jacksonville's Beaches

Food: Applebee's, Cracker Barrel, Dunkin Donuts, Hardee's, McDonald's, Mini-Mart (at Shell and Texaco), Quiznos, Starbucks, Subway, Waffle House, Wendy's, Zaxby's

Lodging: Best Western, Candlewood Suites, Doubletree Club Hotel, Courtyard, DoubleTree Inn, EconoLodge, Economy Inns of America, Extended Stay America, Hampton Inn, Holiday Inn Express, Homestead Inn, Inns of

State Listings - Florida

America, Jameson Inn, La Quinta Inn, Masters Inn, Marriott, Microtel Inn & Suites, Radisson, Red Roof Inn, Wingate Inn, Wellesley Inn & Suites

Gas: BP, Shell, Texaco^D

Medical: to St. Luke's Hospital

Exit 341 - SR 152, Baymeadows Road

Food: Applebee's Family Restaurant, Arby's, Bennigan's Irish American Grill & Tavern, Bombay Bicycle Club, Bono's Barbecue, Burger King, Chili's Grill & Bar, Denny's, Domino's Pizza, Dunkin Donuts, Hardee's, International House of Pancakes, Kenny Rogers Roasters, Kentucky Fried Chicken, McDonald's, Miami Subs, Miguelito's Tex-Mex Cafe, Mikado Japanese Steakhouse, Mini-Mart (at Amoco, Chevron, Gate, Shell and Texaco), Omaha Steakhouse, Pizza Hut, Quincy's Family Restaurant, Red Lobster, Roadhouse Grill, Shoney's, Steak & Ale, Subway, T.G.I. Friday's, Taco Bell, Waffle House, Wendy's

Lodging: AmeriSuites, Best Inns of America, Best Western Bradbury Suites, Comfort Suites, Embassy Suites, Fairfield Inn, Holiday Inn Baymeadows, Homewood Suites, La Quinta, Mainstay Suites, Motel 6, Quality Inn, Residence Inn, Sun Suites, Travelodge

Gas: Amoco, BP^D, Chevron, Exxon^D, Gate^D, Shell, Texaco^D

Shopping: DollarTree, Food Lion Supermarket, Goodyear, Jiffy Lube, Office Depot, Publix Supermarket

Note: This is a major commercial business district. Numerous services are located in both directions.

Exit 340 – SR 115, Southside Boulevard (this is a northbound exit only to a limited access highway, with reentry southbound only)

Note: Many of the services listed for Exit 339 are available from this exit.

Exit 339 - US 1

Food: Arby's, Baskin Robbins, Burger King, Chick-Fil-A, Cinnabon, Food Court (mall), McDonald's, Mikado Japanese Steakhouse, Olive Garden, Ruby Tuesday, Sbarro, Starbucks, Steak & Shake, Subway, Taco Bell, Waffle House

Gas: Amoco, Chevron, RaceTrac, Texaco

Shopping: The Avenues (Mall), Belk, Dillard's, JC Penny, Sears

Exit 337 - Junction I-295 North, Orange Park (this exit is to a limited access highway)

Note: Florida I-295 Jacksonville. Use Florida's I-295 to around Jacksonville, Florida during rush hours or periods of high traffic. I-95 Southbound: From the Alternate Route Section - I-295 Jacksonville, rejoin I-95 here (Exit 97). I-95 Northbound: Use this exit (Exit 97) to I-295 North and see the Alternate Route Section - I-295 Jacksonville for exit information.

Exit 335 – St. Augustine Road, to US Route 1

Food: Bono's BBQ, Brooklyn Pizza, Quiznos, Chili's Grill and Bar, Kangaroo Express, Loop Pizza, McDonald's, Starbucks, Sushi House, Woodys' BBQ

Gas: Kangaroo Express

Shopping: Kohl's, Publix Supermarket, Walgreens

State Listings - Florida



Rest Area (331)

Public Rest Rooms, Picnic Area, Public Telephones

Exit 329 - CR 210, Green Cove Springs

- Food: Burger King, China Wok, Domino's Pizza, McDonald's, Mini-Mart (at Amoco and Speedway), Romans Pizza, Starbucks, Subway, Waffle House
 Gas: Amoco^D, Kangaroo Express, Pilot, Shell^D, Speedway^D, T/A, Texaco
 Shopping: Choice Pharmacy, Win-Dixie Supermarket
 Camping: St. Augustine/Jacksonville South KOA (1/4 mile east on FL 210)

Exit 323 – International Golf Parkway

- Food: Augustino's Italian Restaurant, Champions Grill, Cypress Point Restaurant, King Wok, Legacy Steakhouse, Legends Grill, Marvin's Steaks and BBQ, Mini-Mart (at Shell), Murray Brothers Caddyshack Restaurant, New York Subs, Pizza Hut, Sam Snead's Tavern, Sbarro, Shellfish Grill, Subway, Village Grill
 Lodging: Comfort Suites, Laterra Resort, Renaissance Resort, Sheraton's Vistana Resort
 Gas: BP, Shell, Texaco
 Shopping: Publix Supermarket, The Shops at World Golf Village
 Other: Golf Hall of Fame, IMAX Theatre, St. Johns County Convention Center, World Golf Village

Exit 318 - SR 16, St. Augustine, Green Cove Springs

- Food: Burger King, Cracker Barrel, Dairy Queen, Denny's, Dunkin Donuts, Hardees, Huddle House, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Mini-Mart (at BP, Citgo, Chevron, Speedway and Texaco), Pizza Hut, Ruby Tuesday, Sbarro, Shoney's, Sonny's BBQ, Subway, Taco Bell, Waffle House, Wendy's
 Lodging: Best Western, Country Inn, Days Inn, EconoLodge, Guest House Inn, Hampton Inn, Holiday Inn Express, Ho Jo Inn, Quality Inn, Ramada Limited, Red Carpet Inn, Scottish Inns, Super 8, Wingate Inn
 Gas: BP, Chevron, Citgo, Exxon, Gate, Shell, Speedway^D, Texaco
 Camping: Pacetta's Marina Campground (12 miles west on FL 16)
 Stagecoach RV Park (Left at Denny's, then ½ mile west on FL 208)
 State Park Campgrounds of America (2 miles east on FL 16)
 Shopping: Acme Boot Factory Outlet, Belz Outlet, St. Augustine Outlet Mall

St. Augustine Area Radio Stations							
WZAZ	92.7	FM	R&B	WNFI	99.9	FM	Top 40
WUVU	97.7	FM	Adult Pop	WSOS	105.5	FM	Adult Pop

Exit 311 - SR 207, St. Augustine, Hastings

- Food: A&W, Mini_mart (at Chevron, BP and Texaco), Subway
 Lodging: Comfort Inn
 Gas: Amoco, BP, Chevron, Hess, Mobil^D, Texaco^D
 Shopping: Indian River Fruit, St. John's Flea Market
 Camping: Indian Forest Campground (2 miles east on FL 207)

State Listings - Florida

St. Augustine KOA (3 miles east on FL 207, 4 miles on FL 312, 1 block south on FL 3)

St. John's RV Park (1/4 mile east on FL 207)

Exit 305 - SR 206, Hastings, Crescent Beach

Food: Country Market (at Flying J), Mini-Mart (at Texaco)

Gas: Flying J, Texaco^D

Shopping: Indian River Fruit

Camping: Bryn Mawr Ocean Resort (7 miles east on FL 206, then 3 miles north on FL A1A)

Pepper Tree Resort (6 miles east on FL 206, then 2.5 miles north on FL A1A)



Rest Area (303) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones



Rest Area (302) accessible to southbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 298 - US 1, St. Augustine, Bunnell

Food: Dairy Queen, Florida Pecan House, Mini-Mart (at BP, Citgo, Shell and Texaco), Waffle House

Gas: BP, Citgo, Hess, Shell, Sunrise Gas, Texaco^D, 76^D

Shopping: Florida Pecan House

Exit 289 - Palm Coast Parkway

Food: Baskin Robbins, Bob Evan's, Carusso's Italian Restaurant, Cracker Barrel, Denny's, Dunkin Donuts, Hardee's, Jasper's Grill, Kentucky Fried Chicken, Little Caesar's Pizza, Marco Polo Chinese Restaurant, McDonald's, Mini-Mart (at BP, Chevron and Shell), Perkin's Restaurant, Pizza Hut, Ruby Tuesday, Shoney's, Sonny's Real Pit BBQ, Steak and Shake, Starbucks, Subway, Taco Bell, TCBY, Wendy's

Lodging: Hampton Inn, Microtel Inn & Suites, Palm Coast Resort, Sheraton Palm Coast, Sleep Inn

Gas: Chevron, Exxon^D, Hess, RaceTrac, Shell, Texaco

Shopping: Eckerd Drug, Home Depot, K-Mart, Publix Supermarket, Walgreens, Wal-Mart, Winn-Dixie Supermarket

Medical: to Hospital

Weigh Stations (286) - (both directions)

Exit 284 – Moody Boulevard, SR 100, Bunnell, Flagler Beach

Food: Burger King, McDonald's, Mini-Mart (at BP and Chevron), Subway, Taco Bell

Lodging: Holiday Inn Express

Gas: BP, Chevron^D, Hess, Shell, Texaco

Camping: Beverly Beach Camptown RV Resort (4 miles east on FL 100, then 3 miles north on FL A1A)

Flagler by the Sea (3.5 miles east on FL 100, then 4 miles north on FL A1A)

Singing Surf (4 miles east on FL 100, then 2 miles north on FL A1A)

Bulow Resort (1/4 mile east on FL 100, then 3 miles south on FL 2001)

State Listings - Florida

Gamble Rogers State Park (4 miles east on FL 100, then south on FL A1A, follow signs to park)

Shopping: Rite-Aid Drug, Winn-Dixie Supermarket, Flagler Regional Plaza, Publix Supermarket

Medical: to Florida Hospital

Other" to Flagler County Airport

Exit 278 - Old Dixie Highway, FL 2002, FL 2001

Food: 7-11

Lodging: Country Hearth Inn

Gas: 7-11, BP, Hess

Camping: Holiday Travel Park (1/4 mile west on Old Dixie Highway)

Picnickers (4 miles east on FL 100, then 2.5 miles north on FL A1A)

Gamble Rogers (4 miles east on FL 100, then 2 miles south on FL A1A)

Shopping: 7-11, Publix Supermarket

Other: to Bulow Plantation Ruins State Park

Exit 273 - US 1

Food: Burger King, Dairy Queen, Denny's, McDonald's, Mini-Mart (at Amoco, BP, Citgo, Exxon, Fina and Mobil and Texaco), Waffle House, Wendy's

Lodging: Best Value Inn, Budget Host Inn, Comfort Inn, Days Inn, EconoLodge, Executive Inn, Scottish Inns, Super 8

Gas: BP, Citgo, Exxon, Mobil^D, Race Trac^D, Texaco, Valero

Camping: Sunshine Holiday Resort (1/2 mile north on US 1)

Medical: to Hospital

Other: to Ormond Beach Municipal Airport

Exit 268 - SR 40, Ormond Beach

Food: 7-11, Applebee's, Boston Market, Blimpie Subs, Burger King, Chili's Grill & Bar, Cracker Barrel, Denny's, Mini-Mart (at Amoco, BP, Chevron, Hess and Mobil), Papa John's Pizza, Pizza Hut, Scholtzsky's Deli, Steak n' Shake, Subway, Taco Bell, TCBY, Waffle House

Lodging: Hampton Inn, Jameson Inn, Sleep Inn

Gas: Amoco, BP, Citgo, Chevron, Hess, Mobil^D, Shell

Camping: Ocean Village Resort (5 miles east on FL 40, then 4 miles north on FL A1A)

Medical: to Ormond Beach Memorial Hospital

Shopping: 7-11, Beall's Department Store, DollarTree, K-Mart, Publix Supermarket, Ormond Town Square, Wal-Mart Supercenter

Other: to Tomoka State Park, Ocala, Silver Springs

Exit 265 - 11th Street, LPGA Boulevard

Food: 7-11, Sunrise Food mart

Gas: Citgo, 7-11, Shell^P, Sunrise

Shopping: CVS Drugs

Exit 261A/B - US 92, DeLand, Daytona Beach

Food: 7-11, Blimpie Subs, Bob Evan's, Burger King, Checkers, Chick-fil-A, Cracker Barrel, Days Inn, Denny's, Fazoli's Italian Restaurant, Friendly's, Hooter's, International House of Pancakes, Krystal, McDonald's, Mini-Mart (at Amoco, BP, Citgo, Hess, RaceTrac and Shell), Olive Garden, Pizza Hut, Pizzeria

State Listings - Florida

- Uno, Red Lobster, Ruby Tuesday, S&S Cafeteria, Shoney's, Subway, Taco Bell, Waffle House
- Lodging:** Comfort Suites, Courtyard, Days Inn, EconoLodge, Extended Stay America, Golden Eagle Motor Inn, Hampton Inn, Hilton Garden Inn, Holiday Inn Express, Homestead Suites, Howard Johnson, La Quinta Inn, Quality Inn, Ramada Inn, Residence Inn, Speedway Inn, Suburban Extended Stay, Super 8, Travelodge
- Gas:** Amoco^D, BP^D, Chevron^D, Citgo, Exxon, Hess^D, Mobil, RaceTrac, Shell, Texaco
- Camping:** Orange Isles (3 miles east on US 92, then 5 miles south on Nova Road)
Town & Country RV (1/4 mile west on US 92)
Daytona Beach Park (5 miles east on US 92, then 1 mile north on US 1, then ¼ mile east on Madison Avenue, then south at Beach Street)
- Medical:** to Halifax Medical Center
- Shopping:** Barnes & Noble, Beall's Outlet, Best Buy, Dillard's, DollarTree, Home Depot, JC Penny, Marshall's, Michael's, Old Navy, Pep Boys, Petco, PetsMart, Pier One Imports, Sears, Target, TJMaxx, Toys 'r Us, Walgreen Drugs
- Other:** to Daytona Flea Market, Daytona International Speedway, Jai-Alai Fronton, Klassix Auto Museum, Dog Track, Daytona Beach Airport, AAA Office
- Note:** This is a major commercial business district. Numerous services are located east on US 92 and Daytona Beach

Exit 260B - Junction I-4 West, Daytona Beach, Orlando (this exit is to a limited access highway)

- Note:** Florida I-4. Use Florida's I-4 to Central Florida, Orlando, Tampa and the Gulf Coast. I-95 North or Southbound: Use Exit 86B to I-4 West. I-4 exit number designations begin in Tampa, Florida and end at it's junction with I-95. See the Alternate Route Section - I-4 for exit information. I-4 Eastbound: From the Alternate Route Section - I-4, rejoin I-95 here (Exit 86B).



NOAA Weather Radio

Daytona Beach 162.400 mhz

Exit 260A - SR 400, South Daytona

- Food:** Kangaroo Express
- Gas:** Kangaroo Express
- Camping:** Daytona Beach Campground (2.5 miles east on FL 400, then 3.5 miles south on Clyde Morris Boulevard)
- Other:** to Museum of Arts & Sciences

Daytona Beach Area Radio Stations							
WJLU	89.7	FM	Religion	WWLV	94.5	FM	Light Hits
WAPN	91.5	FM	Religion	WJHM	101.9	FM	R&B

Exit 256 - SR 421, Dunlawton Avenue, Taylor Road, Port Orange

- Food:** 7-11, Applebee's Neighborhood Grill & Bar, Bob Evans Restaurant, Chick-Fil-A, Denny's, Dustin's BBQ, Firehouse Subs, Marble Slab Creamery, McDonald's, Mini-Mart (at Citgo and Shell), Monterey Grill, Panera, Papa John's Pizza, Pizza Hut, Quiznos, Spruce Creek Pizza, Starbucks, Subway, Wendy's
- Gas:** 7-11, Citgo, Hess, Shell, Texaco

State Listings - Florida

- Camping: Nova Family (1 mile east on Dunlawton Avenue, then 1 mile north on Clyde Morris, then 1.5 miles east on Herbert Street)
Rose Bay Park (3 miles east on FL 421, then 2 miles south on Nova Road)
- Shopping: Express Lube, GameStop, Publix Supermarket, Target, Walgreens, Wal-Mart



Rest Area (255) accessible to southbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones



Rest Area (254) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 249A/B – Canal Street, SR 44, DeLand, New Smyrna Beach

- Food: Mini-Mart (at Chevron and Shell)
- Gas: Chevron^D, Shell^D
- Camping: New Smyrna Beach KOA (3.5 miles east on FL 44, then 2 miles south on Old Mission Road)
Sugar Mill Ruins TT Park (3.5 miles east on FL 44, then 2 miles south on Old Mission Road)
- Medical: to Hospital

Exit 244 – West Indian River Boulevard, SR 442, Edgewater

- Camping: New Smyrna Beach KOA (1mi. east on FL 442, 3mi. north on Old Mission Rd.)

Exit 231 - Stuckway Road, CR 5A, Oak Hill, Scottsmoor

- Camping: Riverwood (1 mile east on FL 5A, then 8.5 miles north on US 1, then ½ mile east on HH Burch Road)
Crystal Lake RV Park (1 block east on Stuckway Road)



Rest Area (227) accessible to southbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones



Rest Area (225) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 223 – West Main Street, SR 46, Sanford, Mims

- Food: Kangaroo Express, McDonald's
- Gas: Circle A, Kangaroo Express
- Camping: Cape Kennedy KOA (1/2 mile west on FL 46)
- Medical: to Hospital
- Shopping: Family Grocery, Mims Discount Beverage and Foods
- Other: to Walk About Golf and Country Club

Exit 220 – Garden Street, SR 406, Titusville

- Food: Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, Shell and Texaco), Rodeo Mexican Restaurant, Subway, Wendy's
- Lodging: Super 8
- Gas: Amoco, BP^D, Exxon^D, Shell, Sunshine, Texaco^D
- Medical: to Hospital

State Listings - Florida

Shopping: Beall's Outlet, Belk, Blockbuster Video, Dollar General, Eckerd Drug, Publix Supermarket, Sunshine Food Mart, Walgreen Drug
 Other: to Arthur Dunn Airpark

Exit 215 – Cheney Highway, SR 50, Titusville, Orlando

Food: Burger King, Circle K, Cracker Barrel, Dairy Queen, Denny's, Durango Steakhouse, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, Chevron, Shell and Texaco), Quiznos, Roadhouse Grill, Shoney's, Taco Bell, Waffle House, Wendy's
 Lodging: Best Western, Comfort Inn, Days Inn, Fairfield Inn, Hampton Inn, Quality Inn, Ramada Inn & Suites
 Gas: Amoco^D, Chevron, Circle K, Exxon, Shell, Space Shuttle Fuel^D, Texaco^D
 Camping: Great Outdoors RV/Golf Resort (1/2 mile west on US 50, then 2 miles south on entrance road)
 Shopping: CVS Drugs, Indian River Fruit, Lowe's, Marshall's, Petco, Wal-Mart
 Other: to Kennedy Space Center, Tri-County Airport

Titusville Area Radio Stations							
WPIO	89.3	FM	Religion	WGNE	98.1	FM	Country

Exit 212 – Challenger Memorial Parkway, SR 407, Kennedy Space Center

Camping: Manatee Hammock Park (4 miles east on FL 405, then 2 miles south on US 1)
 Other: to Kennedy Space Center, Tri-County Airport



Rest Area (209)
no services at this rest area

Exit 208 – Port St. John Parkway, Port St. John

Exit 205A/B – Beach Line, SR 528, Beeline Expressway, Orlando (this exit is difficult to reenter)

Other: to Kennedy Space Center, Port Canaveral
 Note: Access to Orlando via Toll Highway

Exit 202 - SR 524, Cocoa, Cape Canaveral

Food: A&S Food Mart, Sunshine Food Mart
 Lodging: Days Inn, Ramada Inn, Super 8
 Gas: A&S, Sunshine
 Other: to Cocoa Expo

Exit 201 – King Street, SR 520, Cocoa, Orlando

Food: Burger King, Grandpa's Steakhouse, International House of Pancakes, McDonald's, Mini-Mart (at BP, Chevron and Speedway), Subway, Waffle House
 Lodging: Best Western, Holiday Inn Express, Motel 6
 Gas: BP^D, Li'l Champ, Pilot^D, Shell, Sunshine
 Medical: to Hospital
 Other: to Cocoa Expo Sports Center, Space Coast Convention Center

State Listings - Florida

Exit 195 – SR 519, Fiske Boulevard, Rockledge

Food: 7-11, Ruby Tuesday
 Lodging: Swiss Inn
 Gas: 7-11, Texaco
 Camping: Space Coast RV Resort (200 yds. north on Fiske Boulevard, then 1/8 mile east on Barnes Boulevard)
 Medical: to Hospital
 Other: to Turtle Creek Golf Club

Exit 191 – Wickham Road, CR 509, Satellite Beach, Patrick A.F.B.

Food: 7-11, Asian Wok, Bob Evans Restaurant, Blimpie Subs, Burger King, Chili's, Cracker Barrel, Denny's, Longhorn Steakhouse, Long John Silver, McDonald's, Miami Subs, Mini-Mart (at Citgo, Shell and Texaco), Papa John's Pizza, Perkin's Family Restaurant, Rendezvous Restaurant, Starbucks, Steak n' Shake, Subway, Uno Chicago Grill, Wendy's
 Lodging: Comfort Inn, Imperial Hotel and Conference Center, LaQuinta Inn
 Gas: 7-11, BP^D, Murphy's, Sprint, Sunoco^D
 Shopping: The Avenue Town Center, Bed, Bath and Beyond, Belk, Books-a-Million, Kirklands, Kohl's, Old Navy, Petco, Sports Authority, Super Target, Walgreens, Wal-Mart
 Other: to Duran Golf Club



**Rest Area (189) no services
 Picnic Area**

Exit 183 - Eau Galle Boulevard, SR 518, Melbourne, Indian Harbor Beach

Food: 7-11, Dunkin Donuts, Half Time Grill, Rodos Grill
 Gas: 7-11, BP, RaceTrac^D
 Shopping: Super Flea and Farmer's Market

Melbourne Area Radio Stations							
WFIT	89.5	FM	College	WTKR	102.7	FM	Country
WMIE	91.5	FM	Religion	WSSP	104.1	FM	Light Hits
WLRQ	99.3	FM	Adult Pop	WCIF	106.3	FM	Religion
WSTF	101.1	FM	Adult Pop	WAOA	107.1	FM	Top 40
WGGD	102.3	FM	Oldies	WTAI	1560	AM	Talk

Exit 180 – West New Haven Avenue, US 192, West Melbourne

Food: 7-11, Denny's, International House of Pancakes, Mini-Mart (at BP, RaceTrac, Speedway and Texaco), Waffle House
 Lodging: Best Value Inn, Budget Inn, Courtyard, Days Inn, EconoLodge, Hampton Inn, Holiday Inn Express, Howard Johnson Hotel, Shoney's Inn, Travelodge, York Inn
 Gas: 7-11, BP^D, Circle K, Citgo, Mobil, RaceTrac, Shell, Speedway^D, Sunshine, Sunoco^D, Texaco^D
 Medical: to Hospital
 Shopping: Byrd's Western Store, Hobbytown, Sam's Club
 Note: Additional services are available east in West Melbourne

State Listings - Florida

Exit 176 – Palm Bay Road, CR 516, Palm Bay

- Food: 7-11, Baskin-Robbins, Blimpie Subs, Bob Evans Restaurant, Boston Market, Chick-Fil-A, Cracker Barrel, Denny's, Dunkin Donuts, Golden Corral, Great Wall Restaurant, Mini-Mart (at BP, Citgo, Fina, Shell and Texaco), Starbucks, Taco Bell, Wendy's
- Lodging: Jameson Inn
- Gas: 7-11, BP^D, Citgo, Fina^D, Shell, Texaco^D
- Shopping: Albertson's Supermarket, BJ's Wholesale Club, DollarTree, Hollywood Video, Publix Supermarket, Walgreens, Wal-Mart Supercenter

Exit 173 – Malibar Road, SR 514, Palm Bay, Malabar

- Food: Arby's, Bizzarro Pizza, Fast Freddy's Seafood, El Greco Restaurant, First Wok's Chinese Restaurant, International House of Pancakes, Jimmy's Restaurant, Krystal, McDonald's, Mini-Mart (at Amoco, Shell and Speedway), New York Diner, Subway, Taco Bell, Texas Roadhouse, Waffle House, Wendy's, Woody's BBQ
- Lodging: Motel 6
- Gas: Amoco, Cumberland Farms, Exxon, Shell, Speedway^D, Sunoco
- Camping: Camelot RV Park (4 miles east on FL 514, then 2 blocks south on US 1)
Enchanted Lakes RV Resort (1.5 miles east on FL 514)
Lazy K RV Park (4 miles east on FL 514, then ½ mile north on US 1)
- Shopping: Beall's Outlet, CVS Drugs, Dollar General, Eckerd Drug, Firestone, Goodyear, Meineke Muffler, Palm Bay Pharmacy, Publix Supermarket, Rite-Aid Drug, Walgreens, Wal-Mart Supercenter
- Medical: PCA Medical Center



Rest Area (169) accessible to southbound motorists only

Public Rest Rooms, Picnic Area, Barbecue Grills, Public Telephones



Rest Area (168) accessible to northbound motorists only

Public Rest Rooms, Picnic Area, Barbecue Grills, Public Telephones

Exit 156 – 95th Street, Fellsmere Road, CR 512

- Food: McDonald's, National Food Mart
- Gas: National Food Mart^D
- Camping: Sunshine Travel Park (just east of exit on FL 512)
Whispering Palms (4 miles east on FL 512, then 2 miles south on US 1)
- Medical: to Hospital

Exit 147 – 20th Street, SR 60, Osceola Boulevard

- Food: Courtesy House Restaurant, Cracker Barrel, Dunkin Donuts, International House of Pancakes, McDonald's, Merotta's Restaurant, Mini-Mart (at Chevron, Citgo and Shell), Quiznos, Steak n' Shake, Subway, TCBY, Waffle House, Wendy's
- Lodging: Best Western, Country Inn, Days Inn, Hampton Inn, Holiday Inn Express, Howard Johnson Express Inn, Mrs. B's Family Inn, Super 8, Vero Beach Resort
- Gas: Amoco^D, BP, Citgo^D, Hess, Mobil, Shell, T/A^D, Texaco, 76^D
- Shopping: The Outlets at Vero Beach

State Listings - Florida

Exit 138 - SR 614, Indrio Road

Other: to Airport



Rest Area (133) – accessible to northbound and southbound motorists
Public Rest Rooms, Picnic Area, Public Telephones

Exit 131A/B – Florida Cracker Trail, SR 68, Orange Avenue

Food: Country Market, Domenick's Corner Grill

Gas: The Grove^D

Exit 129 - SR 70, Okeechobee Road, Okeechobee, Fort Pierce

Food: Applebee's, Arby's, Burger King, Denny's, Dunkin Donuts, Cracker Barrel, Florida Sea Grill, Golden Corral, Hardee's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Amoco, Chevron, Citgo, Hess, Mobil, Pilot and Texaco), Old Carolina Buffet, Red Lobster, Shoney's, Steak n' Shake, Sonic, Subway, Taco Bell, TJ Cinnamons, Waffle House, Wendy's

Lodging: Best Western, Days Inn, Comfort Suites, EconoLodge, Hampton Inn, Holiday Inn Express, Howard Johnson, Motel 6, Quaitly Inn, Rodeway Inn, Sleep Inn, Treasure Coast Inn

Gas: Amoco^D, BP, Chevron, Citgo^D, Exxon, Hess^D, Mobil, Pilot^D, Speedway, Texaco

Shopping: Belk, Firestone, Goodyear, Home Depot, Manufacturer's Outlet Mall, Orange Blossom Mall, Rex Audio/Video, Wal-Mart

Medical: to Hospital, Indian River Community College

Other: to Fort Pierce Jai Alai

Fort Pierce Area Radio Stations							
WQCS	88.9	FM	Classical	WOVV	95.5	FM	Top 40
WCNO	89.9	FM	Religion	WKGR	98.7	FM	Rock
WWFR	91.7	FM	Religion	WAVW	101.7	FM	Country
WZZR	92.7	FM	Top 40	WHLG	102.3	FM	Light Hits
WGYL	93.5	FM	Light Hits	WCXL	103.7	FM	Adult Pop

Exit 126 - CR 712, Midway Road

Exit 121 - St. Lucie West Boulevard

Food: 7-11, Bob Evans Restaurant, Chrispers, Duffy's Sports Grill, Dunkin Donuts, Friendly's, Jack's Pizza, Kentucky Fried Chicken, Marble Slab Creamery, McDonald's, Mini-Mart (at Chevron and Shell), Outback Steakhouse, Quiznos, Ruby Tuesday, Starbucks, Subway, TGI Fridays, Wendy's, West End Grill

Lodging: Fairfield Suites, Hilton Garden Inn, MainStay Suites, Sheraton PGA vacation Resort, SpringHill Suites

Gas: BP, Chevron, Shell^P

Shopping: GameStop, Hollywood Video, Walgreens, Wal-Mart Supercenter

Other: to St. Lucie Sports Complex, PGA Golf Club

Exit 118 – SW Gatlin Boulevard

Food: Bagel Brothers, Johnny's Pizza, McDonald's, Mini-Mart (at Amoco, Mobil and Shell), Sake Two Japanese Restaurant, Subway

Gas: Amoco, Mobil, Shell

State Listings - Florida

Medical: to Hospital

Shopping: Michaels, Pier One Imports, Publix Supermarket, Wal-Mart

Exit 110 - SR 714, SW Martin Highway, Stuart, Palm City



Rest Area (106) – northbound and southbound motorists

Public Rest Rooms, Picnic Area, Public Telephones

Exit 102 – Florida's Turnpike – Exit to a limited access highway

Exit 101 - SR 76, SW Kanner Highway, Stuart, Indiantown

Food: Cracker Barrel, Dairy Queen, Dunkin Donuts, McDonald's, Mini-Mart (at Chevron and Mobil), Sandy Hook Deli

Gas: Chevron, Mobil^D, Shell

Medical: to Hospital

Exit 96 – SE Bridge Road, CR 708, Hobe Sound

Exit 87A/B - SR 706, Indiantown Road, Jupiter, Okeechobee

Food: Applebee's, Carvel Ice Cream, Cheeseburgers and More, China Dragon Restaurant, Domino's Pizza, Duffy's Sports Grill, Dunkin Donuts, Kentucky Fried Chicken, International House of Pancakes, Jersey Mike's Subs, Little Caesar's Pizza, McDonald's, Mini-Mart (at Chevron, Hess, Mobil and Texaco), Palm Beach Ice Cream, RJ Gator's Hometown Grill, Shoney's, Starbucks, Subway, Taco Bell, Tropical Smoothie Café, Vinny's Pizza

Lodging: Comfort Inn, Fairfield Inn & Suites

Gas: Amoco, Chevron, Hess, Mobil, Shell, Texaco^D

Camping: West Jupiter Campground (4.5 miles west on FL 706, then ¼ mile south on 130th Avenue)

Shopping: Eckerd Drugs, Home Depot, Pep Boys, Publix Supermarket, Rite-Aid Drug, Walgreen Drug, Wal-Mart, Winn-Dixie Supermarket

Medical: to Hospital

Exit 83 - Donald Ross Road

Gas: Shell

Medical: to Hospital

Other: to Abacoa Golf Club, Eastpointe Country Club, Roger Dean Stadium

Exit 79C - SR 809 South, North Military Trail (this exit is difficult to reenter)

Note: Many of the services listed for Exit 79A/B are accessible from this exit.

Exit 79A/B - SR 786, PGA Boulevard

Food: Abby Road Grill, Below Zero Gourmet Ice Cream, Blue Fire Grill, Boulevard Restaurant, Duffy's Sports Grill, Durango's Steaks, Jon Smith Subs, Mini-Mart (at Mobil), Old Boston Pasta House, Outback Steakhouse, Paddy Mac's Irish Pub, Panera, Starbucks, Vic and Angelo's

Lodging: DoubleTree Hotel, Embassy Suites, Hampton Inn, Marriott Palm Beach Gardens

Gas: Mobil, Shell^P

Camping: Palm Beach Gardens RV Park (1/2 mile east on PGA Boulevard, then 1.5 miles north on FL A1A to Hood Road)

State Listings - Florida

Shopping: Eckerd Drug, The Gardens Mall, Publix Supermarket
 Medical: to Palm Beach Gardens Medical Center
 Other: tp Ballenislands Country Club

Exit 77 – CR 850, North Lake Boulevard

Food: Applebee's, Arby's, Bay City Bistro, Brooklyn Bagel Restaurant, Burger King, Checker's, Hayashi Japanese Restaurant, Jimmy John's Gourmet Sandwich, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Texaco), One Thai Restaurant, Pizza Hut, Popeye's Fried Chicken, Shoney's, Subway, Taco Bell, TCBY, Tropical Smoothie Café, Wendy's
 Lodging: Inns of America
 Gas: Amoco, BP, Chevron, Citgo, Hess, Mobil, Shell, Sunoco, Texaco^D
 Shopping: Albertsons, Costco, Eckerd Drug, K-Mart, Office Max, Pep Boys, Petland, Publix Supermarket, Sports Authority, Winn-Dixie Supermarket
 Medical: to Northlake Medical Center, Hospital
 Other: to AAA Office

Exit 76 – SR 708, Blue Heron Boulevard

Food: Blimpie Subs, Burger King, Denny's, McDonald's, Mini-Mart (at Mobil and Shell), Wendy's
 Lodging: Super 8
 Gas: Amoco, Circle K, Cumberland Farms, Mobil, RaceTrac, Shell^D
 Camping: Vacation Inn Resort (1/2 mile west on Blue Heron Boulevard, then 1 mile south on Military Trail)

Exit 74 - CR 702, 45th Street

Food: Burger King, Cracker Barrel, Frank's Deli, Hong Kong Café, International House of Pancakes, Miami Subs, Michael's Café, Pizza Hut, Subway
 Lodging: Days Inn, Red Roof Inn, Residence Inn
 Medical: to Humana Hospital, St. Mary's Medical Center
 Other: to Jai-Alai Fronton, Tri-Rail Magnolia Park Station

Palm Beach Area Radio Stations							
WRMB	89.3	FM	Religion	WEAT	104.3	FM	Light Hits
WXEL	90.7	FM	Classical	WIRK	107.9	FM	Country
WNGS	92.1	FM	Light Hits	WSBR	740	AM	Talk
WOLL	94.3	FM	Oldies	WJNO	1230	AM	Talk
WRMF	97.9	FM	Adult Pop	WPBR	1340	AM	Talk
WTRU	99.5	FM	Spanish				

Exit 71 - Palm Beach Lakes Boulevard

Food: Bangkok House Chinese Restaurant, Bennigan's Irish American Grill & Tavern, Fuddrucker's, L&N Seafoods, Margarita's Mexican Restaurant, Ming Dynasty Restaurant, Morrison's Cafeteria, Olive Garden, Palm Beach Ale House, Palm Beach Mall Food Court, Red Lobster, Tony Roma's Restaurant, Sizzler, Wag's Family Restaurant
 Lodging: Best Western, Comfort Inn, LaQuinta Inn, Sheraton Inn, Wellesley Inn & Suites
 Gas: Citgo
 Shopping: Best Buy, Burdeen's, Firestone, JC Penny, Palm Beach Mall
 Medical: to Good Samaritan Hospital

State Listings - Florida

Other: to Bear Lakes Country Club, Northwood University, Palm Beach Stadium & Auditorium



NOAA Weather Radio

West Palm Beach 162.475 mhz

Exit 70A/B - SR 704, Amtrak Station, Okeechobee Boulevard, Okeechobee

Food: Andy's Ribs & Seafood, Arby's, Burger King, Denny's, International House of Pancakes, McDonald's, Subway, Waffle House

Lodging: Marriott

Gas: Chevron^D, Exxon, Hess, Shell, Texaco

Shopping: Bed & Bath, Circuit City, CompUSA, Lenscrafters, Men's Warehouse

Medical: to Hospital

Other: to Amtrak Station, Palm Beach County Convention Center

Note: Additional services are available west on FL 704

Exit 69 - Belvedere Road, McGinley Drive

Food: Burger King, Denny's, McDonald's, Shoney's

Lodging: Best Western, Courtyard, Crown Plaza, Hampton Inn, Hilton Garden Inn, Holiday Inn, Omni Hotel, Radisson, Studio 6

Gas: Amoco, Chevron^D, Fina^D, Shell, Texaco^D

Shopping: Rite-Aid Drug, Winn-Dixie Supermarket

Medical: to Hospital

Other: to Palm Beach Kennel Club, Palm Beach International Airport

Note: Additional services are available east on Belvedere Road

Exit 68 - US 98, Southern Boulevard

Food: Capri Restaurant & Bakery, Grand China

Lodging: Hilton Palm Beach

Gas: Amoco, Chevron^D, Exxon, Texaco, 76

Shopping: Publix Supermarket, Rite-Aid Drug

Medical: to Hospital

Other: to Palm Beach International Airport, Dreher Park Zoo, South Florida Science Museum, Planetarium & Aquarium

Exit 66 - SR 882, Forest Hill Boulevard

Gas: BP

Other: to West Palm Beach Golf Course

Exit 64 - 10th Avenue North

Food: Circle K

Gas: Citgo, Texaco^D

Medical: to Palm Beach Hospital

Exit 63 - 6th Avenue South, South Lake Worth

Camping: John Prince Memorial Park (1 mile west on 6th Avenue, then ¼ mile south on Congress)

Medical: to Hospital

State Listings - Florida

Exit 61 - CR 812, Lantana Road

Food: 7-11, The Crabhouse, Domino's Pizza, Dunkin Donuts, Golden Wok, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Shell), Quiznos, Sub Station, Subway
Lodging: Motel 6
Gas: Shell^D
Shopping: Costco, Eckerd Drug, Publix Supermarket
Other: to State Police, Palm Beach County Park Airport

Exit 60 - Hypoluxo Road

Food: Circle K, Pizza Hut, Mini-Mart (at Amoco, Mobile, Shell and Texaco), Shoney's, Taco Bell
Lodging: Best Western, Comfort Inn, Inns of America, Knight's Inn, Super 8 Motel
Gas: Amoco, Circle K, Fina, Mobil, Shell^D, Texaco^D
Shopping: Sam's Club
Other: to High Ridge Country Club

Exit 59 - Gateway Boulevard

Other: to Tri-Rail Boynton Beach Station

Exit 57 - SR 804, NW Second Avenue, Boynton Beach Boulevard

Food: 7-11, Dough Boy's Pizza, Kentucky Fried Chicken, Mini-Mart (at Texaco), Waffle House, Wendy's
Lodging: Holiday Inn Express
Gas: Texaco^D
Medical: to Boynton Beach Medical Center

Exit 56 – SW 15th Avenue, Woolbright Road

Food: 7-11, Burger King, Cracker Barrel, Dunkin Donuts, McDonald's, Quiznos, Rizzo's Pizza, Toscaninni Italian Restaurant
Lodging: Parkside Inn
Gas: BP, Citgo, RaceTrac, Shell
Shopping: Home Depot
Medical: to Hospital

Exit 52 - SR 806, Atlantic Avenue

Food: Dunkin Donuts, Gloria Jean's Coffee, King Wah Restaurant, Mini-Mart (at Shell)
Lodging: Delray Executive Suites
Gas: Amoco, Chevron, Exxon, Shell
Other: to Tri-Rail Delray Beach Station

Exit 51 – CR 782, Linton Boulevard

Food: Arby's, Dairy Queen, Denny's, Dragon Express, Kentucky Fried Chicken, Little Caesar's Pizza, McDonald's, Mini-Mart (at Shell), Outback Steakhouse, Steak 'n Shake
Gas: Shell
Camping: Del-Ration TT Park (1 mile east on Linton Boulevard, then 1 mile south on US 1)

State Listings - Florida

Shopping: Circuit City, HomeGoods, Linton Square Pharmacy, Office Max, Petland,
Rite-Aid Drug, Ross, Target, Winn-Dixie Supermarket
Other: to Delray Beach Gold Club

Exit 50 – NW 82nd Street, to Congress Avenue

Lodging: Hilton Garden Inn, Homestead Suites, Residence Inn
Other: to Boca Country Club, Bocaire Country Club, Delaire Country Club

Exit 48A/B - SR 794, NW 51st Street, Yamato Road

Food: Boneheads, Einstein Brothers Bagels, Grill On Congress, McDonald's, Park
Place Café, Rotelli's Pizza, Starbucks, Subway, TCBY
Lodging: Boca Teeca Inn, DoubleTree Guest Suites, Embassy Suites, Hampton Inn,
SpringHill Suites, TownePlace Suites
Gas: Mobil
Other: to Broken Sound Golf Club, Ocean Breeze Golf and Country Club, Tri-Rail
Boca Raton Station

Exit 45 - SR 808, Glades Road

Food: Abe and Louie's, Food Court (at Town Center at Boca Raton), Houston's
Restaurant, Mario's, Morton's Steakhouse, Romano's Macaroni Grill
Lodging: Courtyard, Fairfield Inn & Suites, Holiday Inn, Marriott Inn, Renaissance Boca
Raton Hotel
Gas: BP
Shopping: Bloomingdale's, Macy's, Nieman Marcus, Nordstrom, Saks Fifth Avenue,
Sears, Town Center at Boca Raton
Medical: to Hospital
Other: to Florida Atlantic University

Exit 44 – CR 798, West Palmetto Park Road

Food: Bagel Boy, Baskin Robbins, China One, Denny's, Dunkin Donuts, Krispy
Kreme Donuts, Subway, Tomasso's Pizza and Subs
Gas: Chevron^D
Shopping: K-Mart
Medical: to Hospital

Exit 42 - SR 810, Hillsboro Boulevard

Food: Blimpie Subs, Boston Market, Checker's, China House, Denny's, Dunkin
Donuts, Hickory Hut Barbecue, McDonald's, Mini-Mart (at Amoco, Chevron,
Mobil and Texaco), Pizza Hut, Popeye's Fried Chicken, Shoney's, Wendy's
Lodging: Days Inn, Hampton Inn, Hilton, Holiday Park Hotel and Suites, La Quinta Inn,
Ramada Inn, Wellesley Inn & Suites
Gas: Amoco, Chevron, Mobil^D, Texaco
Shopping: Eckerd Drug, Home Depot, Walgreens
Other: to Deerfield Country Club, Hillsboro Pines Golf Club, Tri-Rail Deerfield Beach
Station

Exit 41 - SR 869, Southwest 10th Street

Food: Mini-Mart (at Mobil), Newport Grill
Lodging: Comfort Suites, Extended Stay America, Quality Suites
Gas: Mobil

State Listings - Florida

- Camping: Quiet Waters Park (2 miles west on SW10th, then ½ mile north on Powerline Road)
Other: to Hillsboro Pines Golf Club

Exit 39 - SR 834, Sample Road

- Food: Arby's, Arthur Treacher's Fish & Chips, Blimpie Subs, Burger King, Checker's, China Express, Domino's Pizza, International House of Pancakes, McDonald's, Miami Subs, Mini-Mart (at Citgo, Hess, Mobil, Shell and Texaco), Rally's Hamburgers, Subway
Gas: Amoco, Chevron, Citgo, Hess, Mobil^P, Shell^P, Texaco^D
Camping: Breezy Hills TT Park (3/4 mile east on FL 834, then 1 mile north on FL 811, then 1 block west on NE 48th Street)
Highland Woods TT Park (3/4 mile east on FL 834, then 1 mile north on FL 811, then 1 block west on NE 48th Street)
Shopping: Costco, Eckerd Drug, Winn-Dixie Supermarket
Medical: to North Broward Medical Center
Other: to Crystal Lake Country Club, Tam Oshanter Golf Club, Tri-Rail Pompano Beach Rail Station

Exit 38 – NW 24th Street, Copans Road

- Food: Bob's Subs, McDonald's, Mini-Mart (at Amoco), Steve's Deli, Subway, Wendy's
Gas: Amoco^D, Mobil
Shopping: Home Depot, Pep Boys, Rooms To Go Outlet, Wal-Mart

Exit 36 - SR 814, Atlantic Boulevard

- Food: Farmers Market Restaurant, Kentucky Fried Chicken, Miami Subs, Taco Bell
Lodging: Atlantic Inn Motel
Gas: Amoco, RaceTrac, Shell, Texaco
Medical: to Hospital
Other: To AAA Office, Pompano Park

Exit 33 - SR 840, NE 62nd Street, East Cypress Creek Road

- Food: Arby's, Bennigan's Irish American Grill & Tavern, Burger King, Chili's Grill & Bar, Domino's Pizza, Duffy's Diner, Dunkin Donuts, Hooter's, Lenny's Subs, Longhorn Steakhouse, McDonald's, Miami Subs, Mini-Mart (at Amoco and Hess), Moonlight Diner, Steak & Ale, Sweet Tomatoes, Wendy's
Lodging: Hampton Inn, Extended Stay America, LaQuinta, Marriott, Red Roof Inn, Sheraton Suites Cypress Creek, Sterling Suites, Wellesley Inn & Suites, Westin Hotel
Gas: Amoco, Circle K, Hess^D, Shell
Medical: Imperial Point Medical Center
Shopping: Jiffy Lube, Office Depot, Office Max
Other: to Fort Lauderdale Executive Airport, Fort Lauderdale Stadium, Lockhart Stadium, Palm Aire Resort and Country Club

Exit 32 - SR 870, NE 50th Street, West Commercial Boulevard

- Food: Denny's, Dunkin Donuts, Fat Freddy's Subs, Kentucky Fried Chicken, McDonald's, Miami Subs, Roy's Roadhouse Grill, Sonny's Real BBQ, Subway, Waffle House

State Listings - Florida

Lodging: Baymont Inn & Suites, Comfort Inn, Executive Airport Inn, Fairfield Inn, Holiday Inn, Red Roof Inn, Travelodge, Wellesley Inn & Suites
Gas: Amoco, Circle K, Mobil, Shell
Medical: to Holy Cross Hospital, North Ridge Medical Center, VA Outpatient Clinic
Camping: Kozy Campers TT Park (1/2 mile west on FL 870)
Other: to Ft. Lauderdale Executive Airport, Oak Tree Golf Club

Exit 31A/B - SR 816, NW 31st Street, Oakland Park Boulevard

Food: 7-11, Blimpie Subs, Bombay Café, Broadway Diner, Burger King, Denny's, Dunkin Donuts, International House of Pancakes, Kentucky Fried Chicken, Little Caesars Pizza, McDonald's, Miami Subs, Monster Subs, Shoney's, Steak 'n Egg, Subway, Wendy's
Lodging: Days Inn, Luck's Inn
Gas: Amoco, BP, Chevron, Citgo, Exxon, Mobil, Phillips 66, Shell
Camping: Buglewood (1/2 mile west on FL 816, then south 1 block on NW 21st. Street) Easterlin Park (west on Oakland Park Boulevard, then north on NW 9th Avenue, then ½ mile west on NW 38th Street)
Shopping: 7-11, Firestone, Home Depot, Lowe's, Meineke Muffler, Publix Supermarket, Winn-Dixie Supermarket
Medical: to Florida Medical Center
Note: Additional services are available west on FL 816

Exit 29A/B - SR 838, NW 10th Street, Sunrise Boulevard

Food: Burger King, Church's Fried Chicken, Denny's, McDonald's, Mini-Mart (at Texaco), Popeye's Chicken, Waffle House
Gas: Amoco, Citgo, Hess^D, Mobil, Shell, Texaco
Shopping: Walgreen Drug
Medical: to Hospital
Other: to Parker Playhouse, War Memorial Auditorium
Note: Additional services are available both east and west on FL 838.

Exit 27 - SR 842, West Broward Boulevard, Downtown Miami

Food: 7-11, Checker's
Lodging: Days Inn, Hampton Inn, Holiday Inn Express
Gas: Amoco, BP, Citgo, RaceTrac, Texaco^D
Shopping: Eckerd Drug, Super Food Center, to Sawgrass Outlet Mall
Medical: to Plantation General Hospital
Other: to Tri Rail Fort Lauderdale Station, Police Dept., to Ft. Lauderdale Historical Museum, Museum of Discovery & Science, Museum of Art

Exit 26 - SR 736, SW 12th Street, Davie Boulevard

Food: Denny's, Miami Subs
Medical: to Broward General Medical Center
Other: to Ocean World

Exit 25 - SR 84 (exit to a limited access highway)

Camping: Candlelight Park (2 miles west on FL 84, then 2 miles south on US 441)
Yacht Haven Park Marina (1/4 mile west on FL 84)
Seminole Park (2 miles west on FL 84, then 3 miles south on US 441)

State Listings - Florida

Exit 24A/B - Junction I-595, Ft. Lauderdale/Hollywood International Airport (this exit is to a limited access highway)

- Camping: Markham Park (west on I-595 to Exit 1, then west on FL 84 to 2nd light)
- Other: to Port Everglades

Exit 23 - SR 818, Griffin Road

- Food: Garden Café, Shoney's, Subway, Tropical Acres Steakhouse
- Lodging: Courtyard, Hilton Inn, Sheraton, Red Carpet Inn, Rustic Inn, Wyndham Hotel
- Gas: Amoco^D, Citgo, Texaco
- Other: to Fort Lauderdale International Airport, Tri-Rail Airport Station

Exit 22 - SR 848, Stirling Road, SW 60th Street

- Food: Burger King, Dunkin Donuts, Little Caesar's Pizza, McDonald's, Miami Subs, Moonlight Diner, Pita Plus, Subway, Taco Bell
- Lodging: Comfort Inn, Hampton Inn & Suites, Hilton Inn, Wyndham Hotel
- Gas: Circle K, Exxon, Shell, Texaco
- Shopping: Barnes & Noble, Big Lots, BJ Wholesale, Eckerd Drug, Home Depot, HomeGoods, Jiffy Lube, K-Mart, Marshall's, Michael's, Office Max, Old Navy, Pep Boys, PetsMart, Walgreen Drug
- Other: to Atlantis Water Kingdom, Indian Arts & Crafts Center

Exit 21 - SR 822, Sheridan Street

- Food: 7-11, Blimpie Subs, Dave and Busters, Denny's, Hollywood Ale House, Little Caesar's Pizza, Mini-Mart (at Mobil and Shell), Quiznos, Red Lobster, Sal's Italian Restaurant, Sweet Tomato, TGI Friday's, Wendy's
- Lodging: Days Inn, Holiday Inn, LaQuinta Inn
- Gas: 7-11, Amoco, BP, Citgo, Cumberland Farms, Exxon, Mobil^P, Shell
- Camping: T.Y. Park (3/4 mile west on Sheridan Street to Park Road)
- Other: to Tri-Rail Station

Exit 20 - SR 820, Hollywood Boulevard

- Food: Boston Market, Cold Stone Creamery, Dunkin Donuts, Einstein Brother Bagels, International House of Pancakes, McDonald's, Miami Subs, Mini-Mart (at Mobil), Quiznos, Waffleworks
- Lodging: Howard Johnson Express Inn
- Gas: Chevron, Mobil, Shell
- Camping: C.B. Smith Park (9 miles west on Hollywood Boulevard, then ½ mile south on Flamingo Street)
- Shopping: Eckerd Drug
- Medical: to Hollywood Memorial Hospital
- Other: to Tri-Rail Hollywood Station, Hollywood North Perry Airport, Orangebook Golf and Country Club, Police Dept.

Exit 19 - SR 824, Pembroke Road

- Food: L&M Cafeteria, Sonny's Restaurant
- Gas: Shell, Sunoco, Texaco^D
- Camping: Trinity Towers RV Park (1/4 mile west on Pembroke)
- Other: to Hillcrest Country Club, Hollywood Park Dog Track, Orangebrook Golf and Country Club

State Listings - Florida

Exit 18 - SR 858, West Hallandale Beach Boulevard

Food: 7-11, Blimpie Subs, Burger King, Circle K, Denny's, Dunkin Donuts, International House of Pancakes, Kentucky Fried Chicken, Little Caesar's Pizza, Long John Silver's, McDonald's, Miami Subs, Mini-Mart (at Amoco, Hess, RaceTrac, Shell and Speedway), Subway, Taco Bell

Lodging: Best Western

Gas: 7-11, Amoco, Circle K, Citgo, Exxon, Hess, RaceTrac, Shell, Speedway

Camping: Holiday Park (1/4 mile west on FL 858)

Shopping: Dollar Plus Discount, Goodyear, Rite Aid Drug, Walgreen Drug, Winn-Dixie Supermarket

Medical: to Family Medical Center, Humana Hospital of South Broward

Other: to Gulfstream Park RaceTrack

Note: Additional services are available east and west on FL 858

Exit 16 - Ives Dairy Road, NE 203rd Street

Food: JD's Pizzeria and Subs, Subway

Gas: BP

Shopping: Closeout Club, Stop 'n Shop Supermarket

Other: to California Club Golf Course

Exit 14 - SR 860, NE 183rd Street, Miami Garden Drive (this exit is to a limited access highway)

Food: Denny's, Mini-Mart (at Amoco, Chevron and Citgo), Subway

Gas: Amoco, BP, Chevron, Citgo^D

Shopping: BJ's Wholesale Club

Medical: to Hospital

Other: to Presidential Country Club, Williams Island Country Club

Exit 12 - US 441, SR 826, Florida Turnpike, SR 9 (difficult reaccess)

Exit 12C – US 441 (difficult reaccess)

Exit 12B - SR 826 East (this exit is to a limited access highway)

Medical: to Golden Glades Hospital

Other: to St. Thomas University

Exit 12A – SR 826 West, Florida Turnpike (motorists must pay toll to exit)

Other: to Joe Robbie Stadium

Exit 11 - Northwest 151st Street

Food: McDonald's

Gas: Circle K

Shopping: Winn-Dixie Supermarket

Exit 10B – SR 916, Northwest 135th Street, Opa-Locka

Food: Arby's, Mini-Mart (at Amoco and Mobil), Subway

Lodging: Motel 6

Gas: Amoco, FinaD, Mobil

State Listings - Florida

Exit 10A - Northwest 125th Street

Food: Burger King, Mini-Mart (at Shell), Popeye's Fried Chicken, Wendy's
Gas: Shell

Exit 9 – SR 924, Northwest 119th Street (this is a northbound exit only)

Food: 7-11, Barbecue Barn, Church's Fried Chicken, Denny's
Gas: 7-11, Amoco, Chevron, Shell
Shopping: Winn-Dixie Supermarket

Exit 8B – SR 932, Northwest 103rd Street

Food: 7-11, Dunkin Donuts, Mini-Mart (at Amoco, Chevron, Mobil and Shell), Sonic
Gas: Amoco, Chevron, Mobil, Shell
Other: to Biscayne Kennel Club

Miami Area Radio Stations									
WDNA	88.9	FM	Variety	WHYI	100.7	FM	Top 40		
WMCU	89.7	FM	Religion	WLYF	101.5	FM	Adult Pop		
WAFG	90.3	FM	Religion	WMXJ	102.7	FM	Oldies		
WLRN	91.3	FM	Variety	WSHE	103.5	FM	Rock		
WCMQ	92.3	FM	Spanish	WHQT	105.1	FM	R&B		
WTMI	93.1	FM	Classical	WAXY	105.9	FM	Oldies		
WLVE	93.9	FM	Jazz	WJQY	106.7	FM	Adult Pop		
WZTA	94.9	FM	Rock	WQBA	107.5	FM	Spanish		
WPOW	96.5	FM	Top 40	WIOD	610	AM	Talk		
WFLC	97.3	FM	Adult Pop	WAQI	710	AM	Talk		
WEDR	99.1	FM	R&B	WINZ	940	AM	News		
WKIS	99.9	FM	Country	WFTL	1400	AM	Talk		

Exit 8A - Northwest 95th Street

Food: Burger King, McDonald's, Mini-Mart (at Mobil)
Lodging: Days Inn
Gas: Mobil, Shell
Shopping: Walgreen Drug
Medical: to North Shore Medical Center

Exit 7 – SR 934, Northwest 79th Street, Northwest 81st Street

Food: Cafe China, Checker's, Mini-Mart (at BP, Chevron and Shell)
Lodging: City Inn Hotel
Gas: BP, Chevron^D, Shell, Texaco^D
Shopping: Family Dollar, Food Giant

Exit 6B - Northwest 69th Street

Exit 6A – SR 944, Northwest 62nd Street, Downtown Miami

Food: McDonald's, Subway
Shopping: ERA Drug, Winn-Dixie Supermarket



NOAA Weather Radio
Miami 162.550 mhz

State Listings - Florida

Exit 4 - Junction I-195, SR 112, Miami Beach, Airport, Downtown Miami (this exit is to a limited access highway)

Note: Airport is via the Airport Expressway which is a limited access toll highway.

Exit 3B - Northwest 8th Street, Orange Bowl, Downtown Miami (this exit is to a limited access highway)

Exit 3A - SR 836, Airport, Downtown Miami (exit to the left) (this exit is to a limited access highway)

Exit 2D – Junction I-395, Miami Beach, Downtown Miami (this exit is to a limited access highway)

Exit 2C - Brickell Avenue, Biscayne Boulevard, Downtown Miami

Food: Sheraton Inn

Lodging: Holiday Inn, Sheraton Inn, Travelodge

Other: to James Knight Convention Center

Exit 2B - Northwest 2nd Street, Downtown Miami

Exit 2A – US 1, Downtown Miami

Exit 1B - Southwest 8th Street, US 41, Downtown Miami

Food: Denny's, Mini-Mart (at Shell)

Lodging: Executive Suites, Extended Stay America, Hampton Inn, Marriott, Ramada Dupont Center

Gas: Shell

Shopping: Publix Supermarket

Exit 1A - Rickenbacker Causeway, Biscayne Boulevard, Downtown Miami

Lodging: Hampton Inn

Other: to Museum of Science & Space Transit Planetarium, Viscaya Dade County Art Museum

Alternate Routes

Alternate Routes

Maine's I-295

Alternate Route thru Portland

Maryland's I-695

Alternate Route bypassing Baltimore's Harbor Tunnels

Virginia's I-295

Alternate Route bypassing Richmond and Petersburg

Florida's I-295

Alternate Route bypassing Jacksonville

Florida's I-4

From Daytona to Tampa

Alternate Routes – Maine's I-295

Maine I-295. Use this alternate route thru Portland if you are traveling to coastal destinations.

I-295 Maine

Exit numbers for Maine's Interstate 295 are based on the mile marker system beginning at the southern junction of I-95 (I-95, exit 44).

Exit 52 – I-95/I-295 Connector (old exit 9)

Exit 51 – Lewiston Road, to Junction I-495 South (Maine Turnpike - Toll), ME 9 West, ME 126, Gardiner, Litchfield (this exit is to a limited access highway)

Camping: The Birches Campground (6 miles southwest on ME 126, then 2 miles Northwest on Hallowell Road, then 1 mile west on Hardscrabble Road)

Exit 49 - US 201, Gardiner

Camping: Gardiner KOA (2.5 miles south on US 201)
Other: Park & Ride

Exit 43 – Maine Street, ME 197, Richmond, Litchfield



NOAA Weather Radio
Dresden 162.475 mhz

Exit 37 – Main Street, ME 125, ME 138, Bowdoinham, Bowdoin

Other: Park & Ride

Exit 31 – New Lewiston Road, ME 196 East, Lisbon, Lewiston, Topsham

Food: 99 Restaurant, Arby's, Chinatown, Domino's Pizza, Dunkin Donuts, Fairgrounds Café, Kopper Kettle, Little Caesar's Pizza, McDonald's, Mini-Mart (at SuperStop), Old Munich Restaurant Café, Romeo's Pizza, Ruby Tuesday, Starbucks, Subway, Tim Horton's, Wendy's
Gas: Exxon, SuperStop^D
Shopping: Bed, Bath and Beyond, Dick's Sporting Goods, Hannaford Supermarket, Petco, Radio Shack, Rite Aid, Shop 'n Save Supermarket, Target, Topsham Crossing, Topsham Fair Mall
Other: Park & Ride

Exit 28 - US 1, Brunswick, Bath (this exit is to a limited access highway and is difficult to reenter)

Food: Dunkin Donuts, McDonald's, Mini-Mart (at Citgo, Irving and Mobil)
Lodging: Comfort Inn, EconoLodge, Fairfield Inn
Gas: Citgo^D, Irving^D, Mobil^D
Other: to Brunswick Golf Club, Bowdoin College, Museum of Art, Brunswick Naval Air Station
Note: Additional services are available east in Brunswick

Brunswick Area Radio Stations							
WXGL	93.9	FM	Oldies	WKZS	99.9	FM	Light Hits
WCME	96.7	FM	Country	WKRH	105.9	FM	Adult Pop
WCLZ	98.9	FM	Jazz	WTHT	107.5	FM	Rock

Alternate Routes – Maine's I-295

Exit 24 - US 1, Freeport (this is a northbound exit only and is difficult to reenter southbound)

Lodging: Maine Idyll Motor Court

Exit 22 - ME 125, ME 136, Freeport, Durham (services listed below are located on US Route 1 east, ¼ mile east of this exit)

Food: Arby's, Ben and Jerry's, Friendly's, Jameson Tavern, McDonald's, Mini-Mart (at Exxon), Taco Bell

Lodging: Village Inn

Gas: Exxon

Camping: Blueberry Pond Campground (1/4 mile west on ME 125, then 4 miles northwest on Freeport-Pownal Road, then 1.5 miles north on Libby Road)
Cedar Haven Campground (1.5 miles on ME 125, then ¼ mile north on Baker Road)
Durham Leisure Center & Campground (5.5 miles north on ME 136)
Florida Lake Campground (3.5 miles north on ME 125, to Wardtown Road)

Shopping: Factory Outlet shopping district

Note: Additional services are available east on ME 125 then south on US 1 in Freeport

Exit 20 - Desert Road, Freeport, Hunter Road

Food: Antonio's Pizzeria, Dunkin Donuts, Gritty McDuff's, Mini-Mart (at Citgo)

Lodging: Casco Bay Motel, Econolodge, Hampton Inn

Gas: Citgo

Camping: Desert of Maine Campground (2 miles west on Desert Road)
Flying Point Campground (1.5 miles north on US 1, then 3.5 miles east on Bow Road, then 100ft. on Flying Point Road)
Recompence Shore Campsites (1.5 miles north on US 1, then 2 miles east on Bow Road, then 2.5 miles south on Wolf's Neck Road)

Shopping: Factory Outlet shopping district, LL Bean, Osco Drug, Shaws Supermarket

Other: to Freeport Country Club

Note: Additional services are available east on Desert Road then north on US 1 in Freeport

Exit 17 - US 1, Yarmouth

Food: Dunkin Donuts, Freeport Café, McDonald's, Mini-Mart (at Texaco)

Gas: Texaco^D

Shopping: Hannaford Supermarket, Shop 'n Save Supermarket, Xpress Lube

Other: Park & Ride

Note: Additional services are available south on US 1 in Yarmouth



Rest Area (62) (use exit 17 East for this rest area)

Public Rest Rooms, Travel Information, Picnic Area, Vending Machines, Public Telephones

Exit 15 - US 1, Cumberland, Yarmouth (reenter southbound only from this exit)

Food: Grill 233, Maine Roasters Coffee, Mini-Mart (at Mobil)

Lodging: Brookside Motel

Gas: Exxon, Mobil

Shopping: Rite Aid

Alternate Routes – Maine's I-295

Other: Additional services are available north on US 1 in Yarmouth

Exit 11 – Falmouth Spur (this is a southbound exit only to a limited access highway)

Other: to I-95

Exit 10 – US 1, Buckham Road, Falmouth

Food: Dunkin Donuts, Foreside Tavern, Maine Roasters Café, McDonald's, Moose Crossing Family Restaurant, Starbucks, Subway

Gas: Exxon, Gulf^D, Mobil

Shopping: Goodyear, Rite Aid, Shaw's Supermarket

Exit 9 – US 1, ME 26

Exit 8 – US 1, ME 26, Washington Avenue

Other: to AAA

Exit 7 – US 1A, Franklin Street

Shopping: NAPA Auto Parts, West Marine

Exit 6 – US 1, ME 100, Forest Avenue

Food: Arby's, Bleacher's Family Restaurant, Burger King, Pizza Hut, Subway

Gas: Mobil

Shopping: Shop & Save Supermarket, Pier One Imports, Sir Speedy, Wild Oats Market

Medical: to Hospital

Other: to University of Southern Maine

Exit 5 – ME 22, Congress Street

Food: Carvel Ice Cream, Denny's, Dunkin Donuts, McDonald's, Mini-Mart (at Mobil), Tony's Donuts, Puffin Stop

Lodging: DoubleTree Hotel, LaQuinta Inn

Gas: Gas 4 Less, Getty, Mobil^P

Medical: to Hospital

Exit 4 – US 1, South Portland

Exit 3 – Westbrook Street, Western Avenue, ME 9

Food: Big Apple, Mini-Mart (at Irving), Outback Steakhouse, Ricettas Brickoven Pizza, Wild Willy's Burgers

Gas: Irving^D

Shopping: Bob's Discount Furniture, Home Depot, HomeGoods, MVP Sports

Exit 2 – Scarborough Connector, to US 1, South Portland (exit to a limited access highway)

Exit 1 – Junction I-95 (exit to a limited access highway)

Alternate Routes – Baltimore I-695

Baltimore I-695. The Baltimore Harbor Tunnels restrict vehicles carrying bottled gas. Use this alternate route if you are a restricted vehicle or passing through the area during rush hours or periods of heavy traffic. I-95 Southbound: Use Exit 64 (north of Baltimore) to I-695 South to Exit 11 where you rejoin I-95 South. I-95 Northbound: Use Exit 49 (south of Baltimore) to I-695 North to Exit 33 where you rejoin I-95 North.

I-695 Maryland

Exit numbers for Maryland's Interstate 695 are based on the consecutive number system beginning at the Francis Scott Key Bridge and running counterclockwise (east).

Exit 33A/B (38) - Junction I-95 (this exit is to a limited access highway)

Exit 34 (39) - MD 7, Philadelphia Road, Rosedale

Food: Baskin-Robbins, Kasai Seafood and Steakhouse Restaurant, Quiznos, Smokehouse Restaurant, Subway, Wendy's
Lodging: LaQuinta Inn
Shopping: Gold Ring Mall, shopping district

Exit 35 (39) - US 40, Pulaski Highway

Food: Bennigan's Grill and Tavern, DQ Grill & Chill, Dunkin Donuts, Grand Buffet, Longhorn Steakhouse, McDonald's, Old Country Buffet, Panara Bread, Panda Express, Sam's Cafe
Lodging: Susse Chalet
Shopping: Gold Ring Mall, Sam's Club, shopping district
Other: State Police

Exit 36 - MD 702 (this exit is to a limited access highway)

Exit 38A/B (42) - MD 150, Eastern Boulevard, Baltimore, Essex

Food: Cactus Willys Steak Buffet, Chuck E Cheese, Dunkin Donuts, Golden Corral Buffet and Grill, Kentucky Fried Chicken
Shopping: East Point Mall, shopping district
Other: Movies 10 Cinema

Exit 39 (42) - Merritt Boulevard (this is a southbound exit only, and is difficult to reenter)

Gas: Amoco
Other: to Dundalk Community College

Exit 40 (44) - North Point Boulevard, MD 151 South (this is a northbound exit only, and is difficult to reenter)

Exit 41 (46) - Cove Road, to MD 20 and 151 (North Point Boulevard)

Food: Little Village Pizzeria, McDonald's, Tommy's Charcoal Express

Exit 42 (48) - MD 151, MD 20, Sparrows Point, Edgemere (this is the last exit before toll)

Warning - Southbound Two-way traffic next 3 miles

Exit 43 (49) - Peninsula Expressway

Exit 44 (51) – Broening Highway, Mount Olive Road, MD 695, Dundalk

Alternate Routes – Baltimore I-695

Toll Plaza

Francis Scott Key Bridge

Warning - Northbound Two-way traffic next 3 miles

Exit 1(1) - Hawkins Point Road, Pennington Avenue, Fort Smallwood Road

Other: Coast Guard Yard

Exit 2 (2) - MD 10 South, Glen Burnie, Arundel Expressway (this exit is to a limited access highway)

Exit 3(2) - Governor Ritchie Highway, MD 2 South, Glen Burnie (reenter southbound only from this exit)

Exit 3A (3) - MD 2 North, Brooklyn

Food: Denny's

Lodging: Holiday Inn

Gas: Gulf

Exit 3B (3) – I-895 Spur (exit to a limited access highway)

Exit 4 (3) - I-97 (exit to a limited access highway)

Exit 5 (4) - Baltimore - Annapolis Boulevard, MD 648, Ferndale

Food: 7-11, Xtra Mart

Shopping: Dollar General, Food Lion Supermarket

Other: Light Rail Service, State police

Note: Services available from this exit

Exit 6 (5) - Camp Meade Road, MD 170

Exit 7 (6) - Baltimore - Washington Parkway, MD 295 (this exit is to a limited access highway)

Exit 8 (7) - Hammonds Ferry Road, Nursery Road

Gas: Exxon

Exit 8A (8) - I-895, Harbor Tunnel Thruway (this exit is to a limited access highway)

Exit 9 (8) - Hollins Ferry Road, MD 891

Food: Royal Farms

Exit 10 (9) - Washington Boulevard, US 1

Food: Beltway Restaurant, Burger King, Kentucky Fried Chicken, Poe's Place, Wendy's

Lodging: Beltway Motel

Gas: Exxon

Shopping: Home Depot

Exit 11 (10) - I-95 (this exit is to a limited access highway)

Alternate Routes – Virginia I-295

Virginia I-295. Use this alternate route around Richmond and Petersburg if you are passing through the area during rush hours or periods of heavy traffic. I-95 Southbound: Use Exit 84 (north of Richmond) to I-295 South to Exit 1 where you rejoin I-95 South. I-95 Northbound: Use Exit 46 (south of Petersburg) to I-295 North to Exit 43 where you rejoin I-95 North.

I-295 Virginia

Exit numbers for Virginia's Interstate 295 are based on the mile marker system. Exit numbers denote the distance, in miles from its southern terminus with I-95.

Exit 43 - Junction I-95 (this exit is to a limited access highway)

Exit 41 - US 301, Chamberlayne Road, Richmond, Hanover

Food: Brunetti's Restaurant, Burger King, China Kitchen, McDonald's
Gas: Amoco^D, Exxon^D, Texaco^D

Exit 38 - VA 627, Meadowbridge Road, Richmond

Food: 7-11, Brusters Real Ice Cream, Chen's Chinese Restaurant, FasMart Café, Mimmo's Italian Restaurant, Mini-Mart (at Amoco), Pasta House Italian Restaurant, Subway
Gas: 7-11, Amoco, FasMart
Medical: to Memorial Regional Medical Center
Other: to Richmond Raceway, Virginia State Fairgrounds

Exit 37 - US 360, Mechanicsville Turnpike, Mechanicsville, Richmond

Food: 7-11, Andy's BBQ Ribs, Applebee's Neighborhood Grill & Bar, Arby's, Burger King, Cracker Barrel, Gus' Italian Café, International House of Pancakes, McDonald's, Mini-Mart (at Citgo and Texaco), Moe's Southwest Grill, Outback Steakhouse, Panera Bread, Ruby Tuesday, Shoney's, Starbuck's, Taco Bell, Wendy's
Gas: Amoco, BP, Citgo, Crown, Mobil^D, Shell, Texaco^D
Lodging: Hampton Inn, Holiday Inn Express
Shopping: Home Depot, Kohl's, OfficeMax, PetSmart, Target, Ukrops, Wal-Mart Supercenter
Other: to Richmond National Battlefield Park

Exit 34 - VA 615, Creighton Road

Other: to Richmond National Battlefield Park

Exit 31 - VA 156, Airport Drive, Byrd International Airport, Cold Harbor, Highland Springs

Other: to Airport, Virginia Aviation Museum

Exit - Junction I-64, Richmond, Norfolk (this exit is to a limited access highway)

Note: Use this exit (I-64 East) to Williamsburg, and the Virginia Beach area.

Exit 28 - US 60, East Williamsburg Road, Byrd International Airport, Seven Pines

Other: to Byrd International Airport

Exit 25 - Route 895, Richmond (this exit is to a limited access toll highway)

Alternate Routes – Virginia I-295

Exit 22 - VA 5, New Market Road, Varina, Charles City

Food: Dairy Queen, Mini-Mart (at Amoco)
Gas: Amoco
Other: to Richmond National Battlefield Park, James River Plantations

Exit 15 - VA 10, Hopewell, Chester

Food: Burger King, Chen's Chinese Restaurant, McDonald's, Subway, Waffle House, Wing's Pizza and Things, Wendy's
Lodging: Amerisuites
Gas: Amoco, Chevron^D, Citgo^D, Sheetz, WaWa
Shopping: CVS Pharmacy
Other: to John Tyler Community College, Tourist Information Center

Exit 9 - VA 36, Washington Street, Hopewell, Petersburg

Food: Baskin Robbins, Burger King, Chenello's Pizza, Denny's, Dunkin Donuts, Huddle House, Little Caesar's Pizza, McDonald's, Mini-Mart (at Amoco, Chevron, Exxon, Petrol and Pilot), Papa John's Pizza, Philly's CheeseSteak, Pizza Hut, Ruby Tuesday, Shoney's, Subway, Taco Bell, Thai Village Restaurant, Waffle House, Wendy's
Lodging: Candlewood Suites, Comfort Inn, Days Inn, EconoLodge, Fairfield Inn, Hampton Inn, Holiday Inn Express, Quality Inn, Stayover Suites
Gas: Amoco, Chevron, Exxon, Pilot^D, Texaco
Shopping: Advance Auto Parts, AutoZone, Food Lion Supermarket, Rite Aid Drugs, Winn-Dixie Supermarket
Other: To Colonial Heights, US Army QM Museum, Fort Lee, Petersburg National Battlefield, City Point National Historic Site
Note: Additional services are available on VA 36

Exit 3 - US 460, Petersburg, New Bohemia, Norfolk

Food: McDonald's, Mini-Mart (at East Coast), Prince George BBQ, Subway, Wendy's
Lodging: American Inn, Comfort Inn
Gas: East Coast^D, Exxon
Other: to Tourist Information Center

Exit 1 - Junction I-95, Petersburg (this exit is to a limited access highway)

Alternate Routes – Jacksonville I-295

Jacksonville I-295. Use this alternate route around Jacksonville, Florida if you are passing through the area during rush hours or periods of heavy traffic. I-95 Southbound: Use Exit 126 (north of Jacksonville) to I-295 South to it's end where you rejoin I-95 South. I-95 Northbound: Use Exit 97 (south of Jacksonville) to I-295 North to it's end where you rejoin I-95 North.

I-295 Florida

Exit numbers for Florida's Interstate 295 are based on the consecutive number system beginning at it's southern terminus at I-95 south of Jacksonville

Exit 35A/B - Junction I-95 (this exit is to a limited access highway)

Exit 33 – Duval Road

Other: to Jacksonville Airport

Exit 32 - Lem Turner Road, SR 115

Food: China Wok, Cross Creek Steakhouse, Larry's Giant Subs, McDonald's, Subway, Wendy's

Camping: Flamingo Lake RV Resort (west 300' on Lem Turner Road, then south 300' on Newcomb Road)

Shopping: Dollar Magic, Home Depot, GameStop, Wal-Mart

Exit 30 - Dunn Avenue, SR 104

Food: Gate Food Post, Mini-Mart (at Shell)

Gas: Gate, Shell

Shopping: Winn-Dixie Supermarket

Other: to Florida Community College (North Campus)

Exit 28A/B – New Kings Road, US 1, US 23, Jacksonville, Callahan

Food: Dairy Queen, Mini-Mart (at RaceTrac)

Gas: L'il Champ, RaceTrac

Other: to Amtrak Station

Note: exit services are available north and south on US 1

Exit 25 - Pritchard Road

Food: Mini-Mart (at Texaco)

Gas: Texaco^D

Exit 22 - Commonwealth Avenue

Food: Burger King, Hardee's, Hartfield Restaurant, Stan's Sandwich Shop, Waffle House, Wendy's

Lodging: Comfort Suites, Holiday Inn

Gas: L'il Champ

Shopping: Winn-Dixie Supermarket

Exit 21A/B - I-10, Jacksonville (this exit is to a limited access highway)

Alternate Routes – Jacksonville I-295

Exit 19 - Normandy Boulevard, SR 228

- Food: Burger King, China Wok, Golden China, Golden Corral, Hardee's, McDonald's, Mini-Mart (at RaceTrac, Shell and Texaco), Papa John's Pizza, Pizza Hut, Popeye's Famous Fried Chicken, Sonic, Subway, Wendy's, Whataburger
- Gas: Amoco, BP, RaceTrac, Shell, Texaco^D
- Shopping: Eckerd Drugs, Family Dollar, Food Lion Supermarket, K-Mart, Publix Supermarket, Wal-Mart, Walgreen Drugs, Winn-Dixie Supermarket

Exit 17 - Wilson Boulevard, SR 208

- Other: to National Guard Armory, Westside Skills Center

Exit 16 - 103rd Street, SR 134, Cecil Field

- Food: Applebee's, Barnhills Buffet, Big Daddy's Pizza, Burger King, Captain D's Seafood, Dairy Queen, Dragon Garden, Dunkin Donuts, Kentucky Fried Chicken, McDonald's, Mi Toro Mexican Restaurant, Miami Subs, Mini-Mart (at Chevron, Gate and Texaco), Pizza Hut, Popeye's Famous Fried Chicken, Rally's, Shoney's, Subway, Taco Bell
- Lodging: Hospitality Inn, Value Place
- Gas: Amoco, Chevron, Gate^D, Hess, Shell, Texaco^D
- Shopping: Family Dollar, Publix Supermarket, Wal-mart, Walgreen Drugs, Winn-Dixie Supermarket, Xpress Lube

Exit 12 - Blanding Boulevard, SR 21

- Food: Applebees Neighborhood Grill & Bar, Arby's, Bennigan's Irish American Grill & Tavern, Burger King, Chili's Grill & Bar, China Buffet, Chuck E Cheese Pizza, Denny's, Longhorn Steakhouse, Mini-Mart (at Chevron and Shell), Morrison's Cafeteria, Olive Garden, Outback Steakhouse, Papa John's Pizza, Pizza Hut, Red Lobster, Shogun Steak and Seafood, Shoney's, Starbucks, Steak & Ale, Subway, Taco Bell, Ted's Montana Grill, Tony Roma's
- Lodging: Country Inn, Hampton Inn, LaQuinta Inn, Motel 6, Red Roof Inn, Super 8 Motel
- Gas: Amoco, Chevron, RaceTrac, Shell, Texaco
- Shopping: Bed, bath and Beyond, Burlington Coat Factory, Circuit City, Eckard Drugs, Home Depot, Jiffy Lube, Office Depot, , Orange Park Mall, PetSmart, Pier 1 Imports, Publix Supermarket, Sam's Club, Sears, Sports Authority, TJ Maxx, Target, Westland Shopping Center, Westland park Plaza
- Other: to Cinema

Exit 10 - Roosevelt Boulevard, Park Avenue, US 17, Jacksonville, Orange Park

- Food: Cracker Barrel, Damon's Clubhouse, Krystal, Long John Silver's, McDonald's, Mini-Mart (at Chevron, RaceTrac and Shell), Pizza Hut, Quincy's Family Restaurant, Waffle House
- Lodging: Best Western, Comfort Inn, Days Inn, EconoLodge, Fairfield Inn, Holiday Inn, Quality Inn, Spindrift Hotel, Suburban Extended Stay, The Villager Lodge, Wilson Inn
- Gas: Amoco, Chevron^D, RaceTrac, Shell
- Shopping: to Orange Park Mall
- Other: to Orange Park Kennel Club

Alternate Routes – Jacksonville I-295

Buckman Bridge

Exit 5A/B - San Jose Boulevard, SR 13

- Food: Applebee's Neighborhood Grill & Bar, Arby's, Baskin Robbins, Bob Evan's, Bonefish Grill, Burger King, Checker's, Chili's Grill & Bar, Dairy Queen, Golden Corral, Kenny Rogers Roasters, Krispy Kreme Donuts, Mini-Mart (at Exxon and Shell), Panera Bread, Pizza Hut, Schlotzky's Deli, Shoney's, Steak n' Shake, TCBY
- Lodging: LaQuinta Inn, Ramada Inn
- Gas: Exxon^D, Shell
- Shopping: Albertson's Supermarket, Barnes and Noble, Beall's, Books-A-Million, Eckard Drugs, Firestone, Michael's Crafts, NAPA Auto Parts, Publix Supermarket, Sears Outlet, TJ Maxx, target, Wal-Mart
- Other: Cimena

Exit 3 - Old St. Augustine Road

- Food: Burger King, Carvel Ice Cream, Denny's, Kentucky Fried Chicken, Mandrin Super Buffet, McDonald's, Mini-Mart (at Chevron and Shell), Pizza Hut, Rosie's Restaurant, Taco Bell, Wendy's
- Lodging: Holiday Inn Express
- Gas: Amoco, BP, Chevron, Shell
- Other: Burlington Coat Factory, Dollar Tree, Eckard Drugs, Jiffy Lube, Lowe's, Publix Supermarket, Walgreen Drug, Winn-Dixie Supermarket

Exit (0) - Junction I-95 (this exit is to a limited access highway

Alternate Routes – Florida I-4

Florida I-4. Use this alternate route to Central Florida, Orlando, Tampa and the Gulf Coast. I-95 Southbound: Use Exit 86B to I-4 West. I-4 exit number designations begin in Tampa, Florida and end at it's junction with I-95. I-95 Northbound: Use Exit 86B to I-4 West. I-4 begins in Tampa, Florida and end at it's junction with I-95.

I-4 Florida

Exit numbers for Florida's portion of Interstate 4 are based on the mile marker system beginning at its western terminus in Tampa.

Exit 132 – SR 400, Junction I-95, Jacksonville, Miami, Daytona (this exit is to a limited access highway)

Daytona Beach area radio stations							
WJLU	89.7	FM	Religion	WWLV	94.5	FM	LightHits
WAPN	91.5	FM	Religion	WJHM	101.9	FM	R&B



NOAA Weather Radio
Daytona Beach 162.400 mhz

Exit 129 - US 92 East



**Rest Area (127) accessible to eastbound motorists only
no services available**

Exit 118 – East New York Avenue, SR 44, DeLand, New Smyrna Beach

Food: Mini-Mart (at Shell and Texaco), Subway
Lodging: Howard Johnson
Gas: Texaco^D
Medical: to Hospital
Other: to Deland Historic District

Exit 116 – Orange Camp Road, Lake Helen

Exit 114 - SR 472, Orange City (this exit is difficult to reenter)

Camping: DeLand/Orange City KOA (2 miles northwest on FL 472, then ½ mile west on Minnesota Avenue)
Sunburst RV Park (1 mile south on CR4101, then 1 block east on Graves)
Other: to Blue Springs State Park
Note: Services are available at this exit and to the north in Orange City

Exit 111A/B – Saxon Boulevard

Food: Dunkin Donuts, Bob Evan's, Chick-Fil-A, Chili's, China Fun, Denny's, Kentucky Fried Chicken, Martin's BBQ, McDonald's, Perkins Family Restaurant, Pizza Hut, Quizno's Subs, Ruby Tuesday, Steak'n Shake, Sonic, Wendy's
Lodging: Best Western
Gas: Chevron, RaceTrac, Texaco

Exit 108 – Dirksen Drive, DeBary, Deltona

Food: Burger King, El Gato Tuerto, Harry's Restaurant, Kangaroo Express, Lil' Champ, McDonald's, Reyes Deli, Subway, Waffle House

Alternate Routes – Florida I-4

- Lodging: Best Western, Hampton Inn
Gas: Chevron, Lil' Champ, Texaco
Camping: Highbanks Campresort (1.5 miles west on Dirkson Road, the 1.5 miles north on US 17/92, then 2.5 miles west on Highbanks Road)
Medical: to Hospital
Note: Additional services are available to the south of this exit in Deltona

Exit 104 – Orange Boulevard, US 17, US 92, Sanford

- Camping: Lake Monroe Park – ½ mi. N on US 17/92)
Medical: to Hospital
Other: to Central Florida Zoological Park

Exit 101C – W 1st Street, SR 46, Sanford, Mt. Dora

- Food: Bennigan's Grill and Tavern, Burger King, Cracker Barrel, Denny's, Don Pablo's Mexican Kitchen, Dunkin Donuts, Food Court (at Towne Center Mall) Hops Restaurant Bar and Brewery, Joe's Crabshack, Logan's Roadhouse, McDonald's, Miller's Ale House, Mini-Mart (at Amoco, Chevron, Mobil and Speedway), Olive Garden, Outback Steakhouse, Pizza Hut, Red Lobster, Starbucks, Steak 'n Shake, Waffle House
Lodging: Comfort Inn, Days Inn, Springhill Suites, Super 8
Gas: Amoco^D, Chevron, Mobil, Speedway, Sunoco, Texaco
Camping: 12 Oaks RV Resort (2 miles west on FL 46)
Town & Country RV Resort (1.5 miles west on FL 46, then 1 mile north on Orange Boulevard)
Wekiva Falls Resort Campground (5 miles west on FL 46, cross river, then 1.5 miles south on Wekiva River Road)
Shopping: Bed, Bath and Beyond, Books A Million, Dillard's, Gateway Plaza, HomePlace, JC Penny, Old Navy, Michael's, Pier One Imports, Ross, Sears, Seminole Towne Center Mall, Toys 'r Us, Sports Authority
Other: to Amtrak Auto Train Terminal

Exit 101B – Central Florida Greenway, FL 417 (this exit is to a limited access highway)

- Other: Services available nearby via Central Florida Greenway exit 54
Note: Use the Central Florida Greenway to bypass the metro Orlando area. Rejoin I-4 at exit 62.

Exit 101A - SR 46A, SR 417, Sanford, Mt. Dora

- Food: 7-11, Amura Japanese Restaurant, Applebees Neighborhood Grill & Bar, Cold Stone Creamery, Dexter's, Fishbones, Harvey's Bistro, Mama Fu's Asian House, Moe's Southwest Grill, Quiznos, Papa Joe's Pizza, Red Lobster, Ruby Tuesday, Ruth's Chris Steakhouse, San Francisco Oven, Sobik's Subs, Spice Modern Steakhouse, Starbucks, Subway
Lodging: Hampton Inn and Suites, Marriott Hotel, Penn Suites
Shopping: Albertson's, Best Buy, Books A Million, Circuit City, Colonial Town Park, Kirklands, Linens N Things, Marshall's, Michael's, Old Navy, Petco, Pier One Imports, Sam's Club, Super Target, Toys R Us
Other: Amstar Stadium Cinema

Exit 98 - Lake Mary Boulevard, Lake Mary, Heathrow

- Food: 7-11, Arby's, Bob Evan's, Boston Market, Burger King, Checkers, Chick-Fil-A, Chili's, Dunkin Donuts, Keller's BBQ, Kentucky Fried Chicken, Krystal,

Alternate Routes – Florida I-4

Longhorn Steakhouse, McDonald's, Osaka Japanese Steakhouse, Romano's Macaroni Grill, Panera Bread, Papa John's Pizza, Starbuck's, Steak'n Shake, Subway, Taco Bell, TGI Friday's, Tony's Original Wings, Uno's Pizzeria, Wendy's

- Lodging: Extended Stay America, Hilton Garden Inn, Homewood Suites, LaQuinta, Mainstay Suites, Omni One Executive Suites
- Gas: 7-11, Amoco, BP, Chevron, Citgo, Exxon, Kangaroo Express, Shell
- Shopping: Alberson's Supermarket, Eckard Drugs, Goodings Supermarket, Heathrow Shoppes, Home Depot, K-Mart, Publix Supermarket, Winn-Dixie Supermarket
- Other: to Country Club at Heathrow
- Note: Additional services available south at this exit.



Rest Area (96) accessible to eastbound motorists only

Public Rest Rooms, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones



Rest Area (94) accessible to westbound motorists only

Public Rest Rooms, Picnic Area, Barbecue Grills, Vending Machines, Public Telephones

Exit 94 - SR 434, Longwood, Winter Springs

- Food: 7-11, Bonefish Grill, Boston Market, Burger King, Denny's, Imperial Dynasty Chinese Restaurant, Crispers, Kobi Japanese Steakhouse, Journey's Restaurant, Melting Pot Restaurant, Miami Subs, Mini-Mart (at Mobil and Shell), Quigley Restaurant and Lounge, Pizza Hut, Subway, Wendy's
- Lodging: Comfort Inn, Quality Inn, Ramada Inn
- Gas: Chevron, Hess, Exxon, Mobil, Shell, Texaco
- Medical: to Hospital

Exit 92 - SR 436, Altamonte Springs

- Food: Bennigan's Irish American Grill & Tavern, Boston Market, Chili's Grill & Bar, Cold Stone Creamery, Cracker Barrel, Denny's, Food Court (at Altamonte Mall) Fuddruckers, Kobe Japanese Steakhouse, Long John Silver's, Longhorn Steakhouse, McDonald's, Moe's Southwest Grill, Olive Garden, Omaha Steakhouse, Perkins Family Restaurant, Pizza Hut, Po Folks, Popeye's Famous Fried Chicken, Red Lobster, Steak & Ale, Steak 'n Shake, Sweet Tomatoes, Subway, Taco Bell, TGI Friday's, Uno's Pizzeria, Waffle House
- Lodging: Best Western, Candlewood Suites, Days Inn, Days Lodge, Embassy Suites, Executive Office Suites, Hampton Inn, Hilton, Holiday Inn, Homestead Suites, Park Suite Hotel, Quality Inn, Ramada Inn, Remington Inn, Residence Inn, Springhill Suites, Sundance Inn
- Gas: Amoco, Citgo, Chevron, Exxon, Mobil, Shell, Texaco^D, Shell
- Camping: Wekiwa Springs State Park (3 miles west on FL 436)
- Shopping: Altamonte Mall, Burlington Coat Factory, Dillard's, Interstate Mall, JC Penny, Linens 'n Things, Macy's, Marketplace at Altamonte, Michael's, Pier One Imports, Ross, TJ Maxx
- Medical: to Hospital
- Note: This is a major urban commercial business district. Numerous services are located off this exit in both directions.

Alternate Routes – Florida I-4

Exit 90A/B - SR 414, Maitland Boulevard

Food: 7-11, Cisco's Cafe, Applebee's Neighborhood Grill and Bar, Greenhouse Café, Sam Sneed's Tavern, Sobik's Subs, Sonny's Real Pit BBQ, Starbucks
Lodging: Courtyard, Extended Stay America, Homewood Suites, Sheraton
Gas: Citgo
Camping: Green Acres RV Park of Orlando (1.5 miles west on FL 414, then 1/10 mile north on FL 434)
Other: to SportsPlex

Exit 88 - SR 423, Lee Road

Food: 7-11, Arby's, Burger King, Cecil's BBQ, Checkers, Denny's, Dunkin Donuts, IHOP, Long John Silver, McDonald's, Olive Garden, Pizza Hit, Popeye's Famous Fried Chicken, Red Lobster, Rhino Subs, Steak n' Shake, Subway, Taco Bell, Waffle House
Lodging: Days Inn, Choice Inn, Comfort Inn, Countryside Inn, EconoLodge, Fairfield Inn, Holiday Inn, Intown Suites, Knights Inn, LaQuinta Inn, Motel 6, Park Inn, Plaza Inn, Quality Inn, Travelers Inn and Suites
Gas: Amoco^D, Citgo^D, Chevron, Mobil, Shell, Texaco
Shopping: Home Depot, Ross
Medical: to Ben White Raceway, Centre Care

Exit 87 – SR 426, Fairbanks Avenue, Winter Park

Food: Burger King, Blimpie Subs, Godfather Pizza, Mini-Mart (at Amoco), Subway, Wendy's
Gas: Amoco, Hess, Texaco
Note: Additional services are available south of this exit in Winter Park

Exit 86 - Par Street, Orlando (this is an eastbound exit only, with reentry westbound only)

Food: 7-11, Mini-Mart (at Texaco)
Gas: Texaco
Other: to Dubsread Golf Course

Exit 85 - Princeton Street, Orlando

Food: 7-11, Mini-Mart (at Shell), Wendy's
Gas: Exxon, Shell, Spur
Medical: to Florida Hospital Hospital
Other: to John Young Museum, Lockhaven Park, Lockhaven Museum, Orlando Science Center, Orlando Museum of Art



NOAA Weather Radio
Orlando 162.475 mhz

Exit 84 - US 17, US 92, SR 50, Ivanhoe Boulevard, Downtown Orlando

Lodging: Radisson Hotel, Traveler's Hotel
Other: to Orlando Chamber of Commerce

Exit 83B – Colonial Drive, US 17, US 92, SR 50, Naval Training Center, Downtown Orlando

Food: Angel's Diner, Mama B's Giant Subs, New York Deli, O'Boy's Real Smoked BBQ, Shoney's
Lodging: Lexington Hotel

Alternate Routes – Florida I-4

Exit 83A - Robinson Street, SR 526 (this is an eastbound exit only, with reentry westbound only)

Lodging: Marriott Inn

Exit 83 - South Street

Other: to Orlando Stadium, Tinker Field

Exit 82C - Anderson Street East, Church Street Station (this exit is difficult to reenter)

Other: to Church Street Station

Exit 82B - Gore Street

Medical: to Hospital

Exit 82A - Junction East-West Expressway, SR 408 (this exit is to a limited access toll highway)

Orlando area radio stations							
WUCF	89.9	FM	Variety	WLOQ	103.1	FM	Jazz
WMFE	90.7	FM	Classical	WOMX	105.1	FM	Top 40
WPRK	91.5	FM	Variety	WOCL	105.9	FM	Oldies
WWKA	92.3	FM	Country	WXXL	106.7	FM	Top 40
WTLN	95.3	FM	Religion	WMGF	107.7	FM	Adult Pop
WHTQ	96.5	FM	Rock	WWNZ	740	AM	Talk
WDIZ	100.3	FM	Rock				

Exit 81B/C – West Kaley Avenue

Gas: Citgo, Conoco^D

Medical: Arnold Palmer Childrens Hospital

Exit 81A - Michigan Street

Lodging: Ohio Motel, Sands Motel

Gas: Citgo

Exit 80A/B – US 17, US 92, US 441, Orange Blossom Trail

Food: Denny's, Dunkin Donuts, Checkers, China Palace, Krystal, McDonald's, Mini-Mart (at RaceTrac), Ryan's Family Restaurant, Subway, Waffle House, Wendy's

Lodging: Budget Lodge, Days Inn, Economy Inn, Expressway Family Inn, Melody Motel, Regency Inn

Gas: BP, Exxon, Fina, Mobil, RaceTrac, Texaco

Note: Additional services are available south of this exit beyond Mobil and north at the junction of I-4 (exit 34)

Exit 79 - 33rd Street, John Young Parkway

Food: 7-11, Cattleman's Steakhouse, Crystal Restaurant, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Mini-Mart (at RaceTrac and Texaco), Patino's Pizzaria, Sobik Subs

Lodging: Days Inn, Ramada

Gas: 7-11, Amoco^D, BP, Citgo, RaceTrac, Texaco^D

Alternate Routes – Florida I-4

Exit 78 – Conroy Road

- Food: 7-11, BJ's Restaurant, Bear Rock Café, California Pizza Kitchen, Carvel Ice Cream, Florida Waffle Shop, Greens and Grill, Johnny Rocket's, Kelly's Cajun Grill, Krispy Kreme Donuts, McDonald's, Mimi's Café, Moe's Southwest Grill, Olive Garden, Panda Express, Panera Bread, Quiznos, Starbucks, Subway, TGI Friday's, Wendy's, Zaxby's
- Gas: 7-11, BJ's Gas
- Shopping: BJ's Wholesale Club, Bloomingdales, DSW, Expo, Home Depot, Linens N Things, Macy's, Mall at Mellenia, Marshall's, Nieman Marcus, Petco, Pier One Imports, Super Target
- Other: to Cypress Creek Country Club

Exit 77 - Junction Florida Turnpike, Miami, Wildwood (this exit is to a limited access toll highway)

Exit 75A/B - SR 435, International Drive

- Food: 7-11, Arby's, Bennigan's Irish American Grill & Tavern, Burger King, Cracker Barrel, Denny's, Kobe Japanese Steakhouse, Steak & Ale, TGI Friday's
- Lodging: Days Inn, Delta Resort, DoubleTree, Comfort Inn, Floridian Hotel, Gateway Inn, Hampton Inn, Holiday Inn, Holiday Inn Express, Howard Johnson, Hyatt Place, International Gateway Inn, Lakefront Inn, Las Palmas, Quality Inn, Radisson, Ramada Resort, Super 8, Travelodge, Twin Towers Hotel
- Gas: 7-11, Chevron, Citgo, Exxon, Mobil, Shell
- Shopping: Bass Pro Shop, Belz Factory Outlet Mall, Festival Bay, Shoppers World, International Outlets, Quality Outlets
- Other: to Universal Studios, Wet and Wild, International Drive area
- Note: This is a major commercial business district. Numerous services are located off this exit in both directions.

Exit 74B – Adventure Way, Universal Studios

- Other: to Universal Studios

Exit 74A - SR 482, Sand Lake Road

- Food: 7-11, Burger King, Checkers, Chick-Fil-A, Chili's Grill & Bar, Chuck E. Cheese Pizza, Damon's Steakhouse, Denny's, Dominos Pizza, Dunkin Donuts, Fishbones Restaurant, Florida Bay Grill, Friendly's, Golden Corral, Hooters, International House of Pancakes, Kentucky Fried Chicken, King Henry's Feast, Long John Silver's, McDonald's, Ocean Grill, Olive Garden, Perkins Family Restaurant, Pizza Hut, Pizzeria Uno, Po Folks, Ponderosa Steakhouse, Popeye's Famous Fried Chicken, Red Lobster, Shoney's, Steak 'n Ale, Subway, TGI Friday's, Wendy's, Western Steer
- Lodging: Best Western, Days Inn, Economy Inns of America, Embassy Suites, Fairfield Inn, Holiday Inn, Howard Johnson, Inns of America, Marriott, Quality Inn, Peabody, Ramada Inn, Ramada Resort, Radisson Inn, Residence Inn
- Gas: Citgo, Chevron, Exxon^D, Shell, Texaco^D
- Camping: Yogi Bear's Jellystone Park (1/8 mile west on FL 482, then 1.5 miles south on Turkey Lake Road)
- Shopping: Bay Hill Plaza, International Drive shopping area, K-Mart, The Marketplace, The Mercado, Publix Supermarket
- Medical: to Orlando Regional Sand Lake Hospital

Alternate Routes – Florida I-4

Note: This is a major commercial business district. Numerous services are located off this exit in both directions. Additional services also available in the International Drive area

Exit 72 - SR 528, Bee Line Expressway, Cape Canaveral, Titusville (this exit is to a limited access toll highway)

Other: Use SR 528, exit 1 for access to the International Drive area including the Orange County Convention Center.

Exit 71 – Central Florida Parkway, Seaworld (this is an eastbound exit only, with reentry westbound only)

Other: Use the Central Florida Parkway for access to the International Drive area including Faldo Golf Institute, Grande Pines Golf Club, Seaworld, Orange County Convention Center

Note: This is a major commercial business district.



Rest Area (70)

Public Rest Rooms, Picnic Area, Vending Machines, Public Telephones

Exit 68 - SR 535, Kissimmee, Lake Buena Vista

Food: 7-11, Bahama Breeze, Burger King, C&N House of Ribs & Steaks, The Crab House, Chick-Fil-A, Chili's Grill & Bar, Denny's, Dunkin Donuts, Golden Corral, Hooter's, International House of Pancakes, Joe's Crabshack, Jungle Jim's, Kobe Japanese Steakhouse, Lonestar Steakhouse, McDonald's, Olive Garden, Pebbles Bar & Grill, Perkins Family Restaurant, Pizza Hut, Pizzeria Uno, Red Lobster, Shoney's, Sizzler, Steak'n Shake, Subway, Taco Bell, TGI Friday's, Tony Roma's, Waffle House, Wendy's

Lodging: Best Western, Buena Vista Suites, Comfort Inn, Courtyard, Days Inn, Days Inn Resort & Suites, DoubleTree Resort, Holiday Inn, Howard Johnson, Marriott, Radisson Inn, Springhill Suites, Summerfield Suites, Vistana Resort

Gas: 7-11, Amoco, Chevron, Citgo^D, Texaco^D

Shopping: Crossroads of Lake Buena Vista, Vista Centre Shoppes, Walt Disney World Village

Medical: to Buena Vista Medical Center

Other: Pleasure Island, International Drive South

Note: This is a major commercial business district. Numerous services are located off this exit in both directions. Additional services are available on FL 535, Palm Parkway, International Drive and on Disney Property.

Exit 67 - SR 536, World Center Parkway, Disneyworld

Lodging: Holiday Inn Express, Marriott Resort

Food: 7-11, Marriott Resort, Ponderosa Steakhouse

Other: to Hawk Landing Golf Course, Magic Kingdom, EPCOT Center

Exit 65 – Osceola Parkway

Food: Old Hickory Steakhouse, Sunset Sam's Fish Camp, Villa De Flora Restaurant

Lodging: Disney Pop Century Resort, Gaylord Palms Resort, Homewood Suites, Radisson Celebration, Palms Hotel and Villas, Vacation Village

Other: to Disneyworld, Falcon's Fire Golf Club

Alternate Routes – Florida I-4

Exit 64A/B - Disneyworld, US 192, Kissimmee

- Food:** Angel's Diner, Atlantic Bay Seafood, Bennigan's Irish American Grill & Tavern, Boston Market, Burger King, Charlie's Steakhouse & Seafood, Checkers, Cracker Barrel, Denny's, International House of Pancakes, Kentucky Fried Chicken, Kobe Japanese Steakhouse, McDonald's, Outback Steakhouse, Pizza Hut, Ponderosa, Red Lobster, Shoney's, Subway, Waffle House, Wendy's, Western Sizzlin
- Lodging:** Best Western, Days Inn, Days Suite, EconoLodge, Famous Host Inn, Gala Vista Inn, Gaylord Palms Resort, Gold Star Inn, Hampton Inn, Holiday Inn, Homewood Suites, Howard Johnson, Hyatt Hotel, Larson's Lodge, Motel 6, The Parkway Hyatt, Radisson Resort, Travelodge
- Gas:** Exxon, RaceTrac
- Camping:** 21 Palms RV Resort (2 miles west on US 192, then 5 miles south on FL 545, then 2 miles east on FL 532)
American Adventure World Resort (5.5 miles west on US 192)
Great Oak RV Park (5 miles east on US 192, then 3/4 mile south on Bass Road, then west on Yowell Road)
Kissimmee KOA (4.5 miles east on US 192)
Lakewood South (2 miles west on US 192, then 5 miles south on FL 545)
Mouse Mountain RV Camping Resort (2 miles west on US 192, then 5 miles south on FL 545, then 1/4 mile east on FL 532)
Outdoor Resorts of America (7 miles west on US 192)
Paradise RV Resort (2 miles west on US 192, then 3.5 miles south on FL 545)
Port 'O' Call RV Resort (3 miles east on US 192)
Secret Lake RV Resort (5.5 miles west on US 192, then 1/4 mile south on Captain Kidd Road)
Sherwood Forest RV Park (3 miles east on US 192)
Rainbow Chase RV Resort (2 miles west on US 192, then 6 miles south on FL 545)
Tropical Palms Resort & Campground (1.5 miles east on US 192, then ½ mile south on Holiday Trail)
Walt Disney World Fort Wilderness (1 mile west on US 192 to WDW Entrance, then follow signs)
Yogi Bear's Jellystone Park (5.5 miles west on US 192)
- Shopping:** Parkway Center
- Medical:** to Celebration Health- Florida Hospital, Parkway Medi-Clinic
- Other:** to Celebration Golf Club, Magic Kingdom, EPCOT Center, Disney/MGM Studios
- Note:** This is a major commercial business district. Numerous services are located off this exit in both directions, on Celebration Place and Parkway Boulevard.

Exit 62 – SR 417, Central Florida Greenway, World Drive, Disneyworld, Celebration

Exit 60 – SR 429 (new exit)

Exit 58 - CR 532, Osceola Polk Line Road, Champions Gate Boulevard, Kissimmee

- Food:** 7-11, China One, Cracker Barrel, McDonald's, Pepperoni's Pizza, Subway, Zen's Restaurant
- Lodging:** Omni Orlando Resort
- Gas:** 7-11, BP

Alternate Routes – Florida I-4

Shopping: Publix Supermarket
 Other: to Champions Gate Golf Course

Exit 55 - US 27, Haines City, Clermont

Food: 7-11, Bannigan's Irish American Grill & Tavern, Bob Evans, Burger King, Cracker Barrel, Denny's, Grand China, Hardee's, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Citgo, Chevron, RaceTrac, Shell, Speedway and Texaco), Perkins Family Restaurant, Pizza Hut, Po Folks, Popeye's Famous Fried Chicken, Quiznos, Shoney's, Waffle House, Wendy's

Lodging: Best Western, Comfort Inn, Days Inn, Econolodge, Hampton Inn, Holiday Inn Express, Howard Johnson, Motel 6, Quality Inn, Ramada Inn, Reunion Inn, Super 8 Motel

Gas: 7-11, Amoco^D, Citgo, Chevron, Exxon, Marathon, RaceTrac^D, Shell^D, Speedway^D, Texaco

Camping: Central Park of Haines City (8 miles south on US 27, then ½ mile west on Commerce Avenue)
 Deer Creek RV Golf Resort (2.5 miles south on US 27)
 Florida Camp Inn (4.5 miles north on US 27)
 Fort Summit Camping Resort (1 block south on US 27, then ¼ mile west on south Frontage Road)
 Theme World Campground (1 block south on US 27, then 2/10 mile on south Frontage Road)

Exit 48 - SR 557, Lake Alfred, Winter Haven

Food: Mini-Mart (at BP)
 Gas: BP^D

Haines City area radio stations							
WCIE	91.1	FM	Religion	WPCV	97.5	FM	Country
WEZY	94.1	FM	Light Hits				



Rest Area (47) accessible to westbound motorists only
 Rest Rooms, Picnic Area, Public Telephones



Rest Area (47) accessible to eastbound motorists only
 Rest Rooms, Picnic Area, Public Telephones

Exit 44 - SR 559, Polk City, Auburndale

Food: Arby's, Mini-Mart (at Amoco and Texaco), TJ Cinnamon's
 Gas: Amoco, Texaco^D
 Camping: LeLynn RV Resort (1/4 mile north on FL 559)
 Shopping: Citrus Gift Shop

Exit 41 – SR 570, Polk Parkway West (this exit is to a limited access highway)

Exit 38 - SR 33

Alternate Routes – Florida I-4

Exit 33 - CR 582, to SR 33, Lakeland, Socrum Loop

Food: 7-11, Applebee's Neighborhood Grill & Bar, Cracker Barrel, International House of Pancakes, McDonald's, Mini-Mart (at Amoco, Exxon and Speedway), Ryan's Family Restaurant, Starbucks, Waffle House, Wendy's

Gas: 7-11, Amoco, Exxon, Speedway

Lodging: Baymont Inn & Suites, Budgetel Inn, Hampton Inn, Holiday Inn, Howard Johnson, Jameson Inn, LaQuinta, Quality Inn, Ramada Inn, Relax Inn

Gas: Amoco, Exxon, Fina^D

Camping: Leisure Days RV Resort (1 mile east on FL 33, then ¼ mile north on Old Combee Road)

Medical: to Hospital

Shopping: Publix Supermarket

Other: to Wedgewood Golf and Country Club

Lakeland area radio stations							
WCIE	91.1	FM	Religion	WEZY	94.1	FM	Light Hits
WYFO	91.9	FM	Religion	WPCV	97.5	FM	Country

Exit 32 - US 98, Lakeland

Food: 7-11, Amigos Grill, Bennigan's Irish American Grill & Tavern, Blimpie Subs, Bob Evans, Burger King, Checker's, Chili's Grill & Bar, Chuck E Cheese, Denny's, Hooter's, International House of Pancakes, Kentucky Fried Chicken, Lone Star Steakhouse, Long John Silver's, McDonald's, Miami Subs, Olive Garden, Pizza Hut, Ponderosa Steak House, Popeye's Famous Fried Chicken, Red Lobster, Ruby Tuesday, Shoney's, Sizzler, Sonny's Real Pit BBQ, Steak 'n Shake, Subway, Taco Bell, TGI Friday's, Waffle House, Wendy's

Lodging: Best Western, Comfort Inn, Holiday Inn, LaQuinta, Lakeland Motor Lodge, Motel 6, Quality Inn, Ramada Inn, Red Carpet Inn, Royalty Inn, Suburban Lodge, Travelodge, Wellesley Inn

Gas: 7-11, Amoco, Chevron^D, Coastal^D, Mobil, RaceTrac, Sunoco, Texaco, 76^D

Camping: Gator Creek Campgrounds (8 miles north on US 98)
 Lazy Dazy Retreat (3 miles north on US 98)
 Sanlan Ranch Campground (8 miles south on US 98)
 Tiki Village Campground Resort (1 block north on US 98, then ¼ mile east on Crevasse Street)

Shopping: AutoZone, Barnes & Noble, Belk, Best Buy, Circuit City, Dillard's, Dollar Tree, Family Dollar, Food Lion Supermarket, Goodyear, Home Depot, Kids 'r Us, K-Mart, Lakeland Square Mall, Michael's, Office Depot, PepBoys, Pier One Imports, Radio Shack, Sam's Club, Sears, Shops of Lakeland, Sports Authority, Target, Walgreens, Wal-Mart, Winn-Dixie Supermarket

Exit 31 - SR 539, Kathleen Road, Lakeland

Other: to Highland Fairways Golf Course

Exit 28 – Memorial Boulevard, SR 546, to US 92, Lakeland (this is an eastbound exit only, with reentry westbound only)

Other: to Lone Palm Golf Club

Exit 27 – SR 570, Lakeland, Polk Parkway East (this exit is to a limited access highway)

Alternate Routes – Florida I-4

Exit 25 - County Line Road

Food: McDonald's, Mini-Mart (at Shell), Subway, Wendy's
Gas: Shell, Texaco
Other: to Airport, Sun & Fun Museum

Exit 22 – SR 553, Plant City, Park Road

Food: Arby's, Blimpie Subs, Burger King, Clancy's, Denny's, Mini-Mart (at Shell and Texaco), Popeye's Famous Fried Chicken, Subway, Taco Bell
Lodging: Comfort Inn, Holiday Inn
Gas: Shell, Texaco^D
Lodging: Comfort Inn, Days Inn, Holiday Inn Express

Exit 21 - SR 39, Alexander Street, Zephyrhills, Plant City

Food: Mini-Mart (at Amoco, Shell and Texaco), Red Rose Diner
Lodging: Days Inn, Ramada Inn
Gas: AmocoD, Shell, Texaco^D
Medical: to Hospital
Other: to Historic District

Exit 19 – SR 566, Thonotosassa Road

Food: Applebee's Neighborhood Grill and Bar, Buddy Freddy's Restaurant, Carrabba's Italian Grill, Little Caesar's Pizza, McDonald's, Mi Casa Mexican Restaurant, Outback Steakhouse, Sonny's Real Pit BBQ, Starbucks, Subway, Taco Bell, Waffle House
Gas: Amoco, RaceTrac
Shopping: Publix Supermarket

Weigh Station (both directions)

Exit 17 - Branch Forbes Road

Food: Mini-Mart (at Shell)
Gas: Shell, Sunoco^D
Other: to Dinosaur World

Exit 14 - McIntosh Road

Food: 7-11, Blimpie's, Burger King, McDonald's, Mini-Mart (at Amoco, BP and RaceTrac)
Gas: 7-11, Raceway, RaceTrac
Camping: Green Acres RV Travel Park (1 block south on McIntosh Road)
Tampa East KOA (1/2 mile south on McIntosh Road, then 1 block west on US 92)

Exit 10 - CR 579, Mango Road, Thonotosassa

Food: Arby's, Bob Evan's, Country Market Buffet, Cracker Barrel, Denny's, Hardee's, Mini-Mart (at Amoco and Texaco), Popeye's Famous Fried Chicken, Subway, Wendy's
Lodging: Hampton Inn, Masters Inn
Gas: Amoco, Flying J, RaceTrac, Texaco^D
Camping: Rally Park Camping (north on CR 579 1 mile)

Exit 9 - Junction I-75, Ocala, Naples (this exit is to a limited access highway)

Alternate Routes – Florida I-4

Exit 7 - US 92, to US 301, Hillsborough Avenue

Food: Arby's, Burger King, Denny's, Mini-Mart (at Citgo, Circle K and RaceTrac), Steak n' Shake, Subway, Waffle House

Lodging: Budgetel Inn, Hard Rock Hotel, Holiday Inn Express, LaQuinta Inn, Motel 6, Red Roof Inn, Sheraton

Gas: Amoco, Circle K, Citgo^D, Exxon, RaceTrac, 76, United 500^D

Shopping: East Lake Square Mall

Other: to Busch Gardens, Florida State Fairgrounds

Exit 6 - Orient Road

Food: Floyd's, Jermark BBQ, Mini-Mart (at Exxon and Shell)

Lodging: Hard Rock Hotel

Gas: Exxon, Shell

Other: to Florida State fairgrounds

Exit 5 - SR 574, Buffalo Avenue, Martin Luther King Boulevard

Food: McDonald's, Mini-Mart (at Exxon and Shell), Sunshine Café, Subway, Wendy's

Lodging: Economy Inn, Masters Inn

Gas: BP, Exxon, Shell

Tampa/St. Petersburg area radio stations							
WMNF	88.5	FM	Variety	WXTB	97.9	FM	Rock
WUSF	89.7	FM	Classical	WQYK	99.5	FM	Country
WBVM	90.5	FM	Religion	WUSA	100.7	FM	Adult Pop
WLPJ	91.5	FM	Religion	WKES	101.5	FM	Religion
WFTI	91.7	FM	Religion	WRBQ	104.7	FM	Top 40
WYUU	92.5	FM	Oldies	WWRM	107.3	FM	Light Hits
WFLZ	93.3	FM	Adult Pop	WTKN	570	AM	News
WYNF	94.9	FM	Rock	WFLA	970	AM	Talk
WNLT	95.7	FM	Adult Pop	WLKF	1430	AM	Talk

Exit 3 - US 41, 50th Street, Columbus

Food: Bennigan's Irish American Grill & Tavern, Burger King, Checker's, Church's Fried Chicken, International House of Pancakes, Kentucky Fried Chicken, McDonald's, Mini-Mart (at Exxon and Texaco), Pizza Hut, Subway, Taco Bell, Waffle House, Wendy's

Lodging: Days Inn, Econolodge, Holiday Inn, Howard Johnson, La Quinta Inn, USA Inn

Gas: Exxon^D, Hess, Speedway^D, Texaco

Shopping: Eckard Drugs, Family Dollar

Exit 1 - SR 585, Ybor City, 22nd Street, 21st Street

Food: Burger King, Hardee's, McDonald's, Mini-Mart (at BP)

Gas: Amoco, BP, Fina^D



NOAA Weather Radio
Tampa 162.550 mh

NOTES